

Ulysses Press

backlist



COOKING

50 Things to Bake Before You Die

Allyson Reedy

Turn your home-baking skills into professional-grade desserts with recipes from some of the most incredible bakers—including Tieghan Gerard, Joanne Chang (Flour Bakery), Chelsey White, and Christina Tosi (Milk Bar).

\$24.95 US | \$33.95 CAN
978-1-64604-331-6 (hardback)
978-1-64604-334-7 (ebook)

Season: Spring 2022

Category: Cooking

Rights: World



The Artisan Soda Workshop

Andrea Lynn

Invitingly creative, incredibly delicious all-natural flavors in the first-ever cookbook of gourmet sodas.

\$19.95 US | \$26.95 CAN
978-1-61243-067-6 (paperback)
978-1-61243-076-8 (ebook)

Season: Summer 2012

Category: Cooking

Rights: World



Air Fryer Delights

Teresa Finney

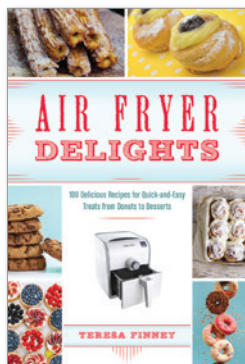
Whip up all your favorite dessert treats, from donuts and cinnamon rolls to turnovers and tarts, with these simple, superb air fryer recipes.

\$15.95 US | \$20.95 CAN
978-1-61243-758-3 (paperback)
978-1-61243-768-2 (ebook)

Season: Fall 2017

Category: Cooking

Rights: World



Budget Savvy Diva's Guide to Slashing Your Grocery Bill by 50% or More

Sara Lundberg

A guide to saving hundreds of dollars a year on grocery shopping through couponing, shopping strategies, and frugal-but-delicious recipes.

\$12.95 US | \$15.50 CAN
978-1-61243-125-3 (paperback)
978-1-61243-152-9 (ebook)

Season: Spring 2013

Category: Reference; House & Home

Rights: World



The Art of Weed Butter

Mennlay Golokeh Aggrey

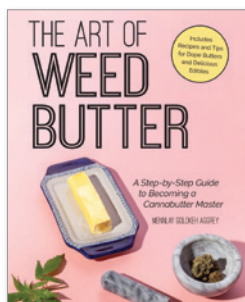
Including recipes for cannabis-infused butters, spreads, and oils, this guide details how to use these core THC-boosted building blocks as the magic ingredient for your favorite recipes.

\$14.95 US | \$19.50 CAN
978-1-61243-872-6 (paperback)
978-1-61243-887-0 (ebook)

Season: Spring 2019

Category: Cooking

Rights: World



CATAN®: The Official Cookbook

Editors of Ulysses Press

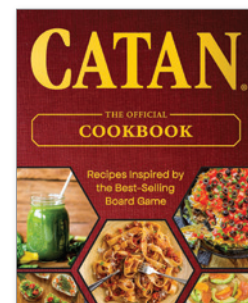
Embark on a culinary adventure with the first-ever official CATAN® cookbook—the perfect companion to your next game night.

\$29.95 US | \$39.95 CAN
978-1-64604-452-8 (hardback)
978-1-64604-473-3 (ebook)

Season: Summer 2023

Category: Cooking

Rights: US, Canada, UK, ANZ



Cauliflower Comfort Food

Jeanette Hurt

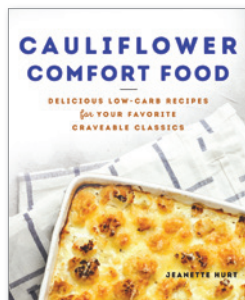
Discover satisfying, healthier, low-carb and no-carb alternatives and carb substitutes for all of the best comfort food dishes, from keto-friendly pizza and mac 'n' cheese to paleo-friendly tater tots and cauliflower fried rice.

\$17.95 US | \$24.95 CAN
978-1-64604-022-3 (paperback)
978-1-64604-059-9 (ebook)

Season: Spring 2020

Category: Cooking

Rights: World



Cooking with Frank's RedHot Cayenne Pepper Sauce

Rachel Rappaport

Turn up the heat with Frank's® RedHot® Cayenne Pepper Sauce and this official cookbook featuring spicy buffalo wings, pulled pork, and wicked mac 'n' cheese.

\$29.95 US | \$39.95 CAN
978-1-64604-263-0 (paperback)
978-1-61243-377-6 (ebook)

Season: Fall 2021

Category: Cooking

Rights: World



Classic Snacks Made from Scratch

Casey Barber

Whip up amazing copycat versions of your favorite store-bought snacks, from Nacho Cheese Doritos® to Klondike® Bars, with the cookbook that *Serious Eats* calls, "a masterpiece of reverse engineering."

\$17.95 US | \$17.50 CAN
978-1-61243-121-5 (paperback)
978-1-61243-153-6 (ebook)

Season: Spring 2013

Category: Cooking

Rights: World



Cooking with Healing Mushrooms

Stephanie Romine

Learn how to incorporate this superfood into your daily diet with delicious recipes, tips, and tricks, and discover how you can reap the wide variety of benefits found in fungi-rich meals.

\$15.95 US | \$20.95 CAN
978-1-61243-838-2 (paperback)
978-1-61243-849-8 (ebook)

Season: Summer 2018

Category: Cooking; Health & Fitness

Rights: World



Cooking with CBD

Jen Hobbs

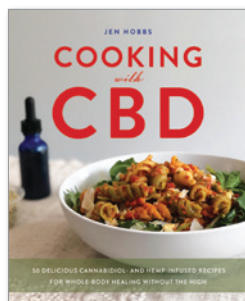
Harness the power of CBD, derived from cannabis and hemp, in your breakfasts, lunches, and dinners to help soothe anxiety, depression, and inflammation, and transform your overall health.

\$17.95 US | \$24.95 CAN
978-1-64604-035-3 (paperback)
978-1-64604-107-7 (ebook)

Season: Summer 2020

Category: Cooking

Rights: World



CopyKat.com's Dining Out at Home Cookbook

Stephanie Manley

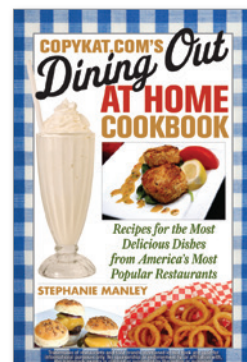
Learn how to make all your favorite restaurant dishes at home with CopyKat.com's celebrated cookbook of recipes inspired by Olive Garden®, Boston Market®, The Cheesecake Factory®, and Chili's®.

\$14.95 US | \$17.50 CAN
978-1-56975-782-6 (paperback)
978-1-56975-832-8 (ebook)

Season: Summer 2010

Category: Cooking

Rights: World



CopyKat.com's Dining Out at Home Cookbook 2

Stephanie Manley

Learn how to whip up copycat versions of your restaurant favorites with this cookbook filled with delicious recipes from chef Stephanie Manley of CopyKat.com.

\$14.95 US | \$17.50 CAN
978-1-61243-181-9 (paperback)
978-1-61243-194-9 (ebook)

Season: Summer 2013

Category: Cooking

Rights: World



The Flippin' Awesome Backyard Griddle Cookbook

Paul Sidoriak

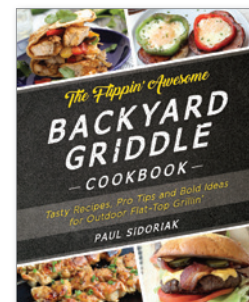
Discover grillmaster Paul Sidoriak's delicious recipes for fantastic flat-top grillin'.

\$18.95 US | \$25.95 CAN
978-1-61243-798-9 (paperback)
978-1-61243-821-4 (ebook)

Season: Summer 2018

Category: Cooking

Rights: World



Crazy for Breakfast Sandwiches

Jessica Harlan

Creative recipes utilize the wildly popular electric sandwich maker in all new ways for the most delicious egg sandwiches ever.

\$14.95 US | \$17.50 CAN
978-1-61243-370-7 (paperback)
978-1-61243-371-4 (ebook)

Season: Summer 2014

Category: Cooking

Rights: World



Grace's Sweet Life

Grace Massa-Langlois

Learn how to bake adorable, delectable Italian-style desserts in your home kitchen with renowned cooking blogger, Grace Massa-Langlois.

\$27.95 US | \$36.95 CAN
978-1-61243-024-9 (paperback)
978-1-61243-031-7 (ebook)

Season: Summer 2012

Category: Cooking

Rights: World



Dessert Mash-Ups

Dorothy Kern

Give new life to old favorites by combining classic desserts into incredibly ingenious, doubly delicious delights.

\$39.95 US | \$53.95 CAN
978-1-64604-295-1 (paperback)
978-1-61243-379-0 (ebook)

Season: Fall 2021

Category: Cooking

Rights: World



The Griddle Cookbook

Loïc Hanno

Experience the art of flat-top grilling with more than 40 flavor-packed recipes from around the world that you can master with the cast-iron griddle in your kitchen or the outdoor griddle in your backyard.

\$24.95 US | \$33.95 CAN
978-1-64604-144-2 (hardback)
978-1-64604-145-9 (ebook)

Season: Spring 2021

Category: Cooking

Rights: World English



Grilling with Foil Packets

Cyndi Allison

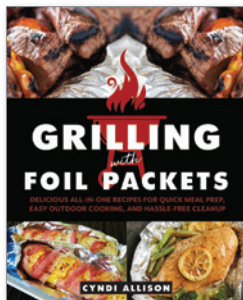
Simplify meal time with these one-dish recipes for tasty breakfasts, flavor-packed lunches, and no-mess dump dinners on your grill!

\$15.95 US | \$19.95 CAN
978-1-64604-025-4 (paperback)
978-1-64604-061-2 (ebook)

Season: Spring 2020

Category: Cooking

Rights: World



Homemade Condiments

Jessica Harlan

Learn how to make superb, artisan-style condiments and sauces at home with this full-color guide from best-selling author Jessica Harlan.

\$24.95 US | \$33.95 CAN
978-1-64604-484-9 (paperback)
978-1-64604-489-4 (ebook)

Season: Fall 2022

Category: Cooking

Rights: World



The Hard Seltzer Cocktail Book

Casie Vogel

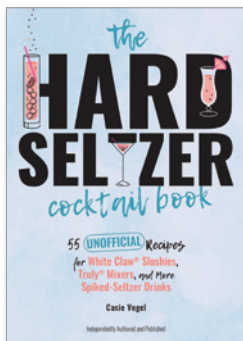
Live your best seltzer life with the original cocktail book designed to make your favorite bubbly boozy beverage all that much boozier, from sparkling cosmos and daiquiris to a twist on the ever-popular Aperol spritz.

\$19.95 US | \$26.95 CAN
978-1-64604-185-5 (hardback)
978-1-64604-219-7 (ebook)

Season: Summer 2021

Category: Cooking

Rights: World



The Horror Movie Night Cookbook

Richard S. Sargent

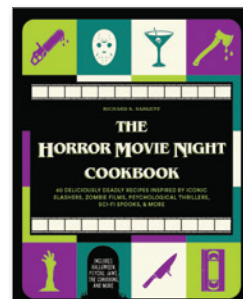
Slay movie night with frighteningly delicious food and cocktail creations inspired by your favorite scary movie—perfect for fans of spooky season and movie buffs alike!

\$19.95 US | \$26.95 CAN
978-1-64604-491-7 (hardback)
978-1-64604-511-2 (ebook)

Season: Summer 2023

Category: Cooking

Rights: World



Holiday Slow Cooker

Jonnie Downing

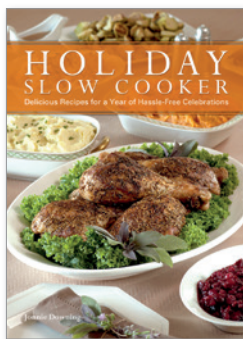
Whip up delicious comfort classics for the holidays in no time using your slow cooker so you can prep it, set it, and go celebrate!

\$15.95 US | \$18.95 CAN
978-1-61243-102-4 (paperback)
978-1-61243-139-0 (ebook)

Season: Fall 2012

Category: Cooking

Rights: World



The I Love Trader Joe's Air Fryer Cookbook

Rita Mock-Pike

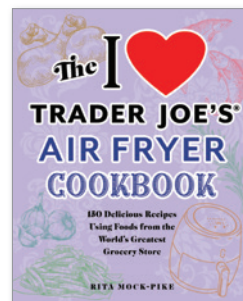
Make tasty dishes with your favorite Trader Joe's® products and the ultimate kitchen appliance—your air fryer! This cookbook is packed with easy-to-follow recipes for crispy and delicious snacks, lunches, dinners, and more.

\$19.95 US | \$26.95 CAN
978-1-64604-322-4 (paperback)
978-1-64604-324-8 (ebook)

Season: Summer 2022

Category: Cooking

Rights: World



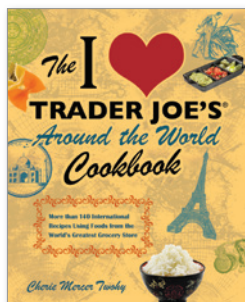
The I Love Trader Joe's Around the World Cookbook

Cherie Mercer Twohy

Whip up fantastic dishes from around the globe in this culinary excursion through all the fan-favorite international products available at Trader Joe's®.

\$17.95 US | \$20.95 CAN
978-1-56975-988-2 (paperback)
978-1-61243-000-3 (ebook)

Season: Fall 2011
Category: Cooking
Rights: World



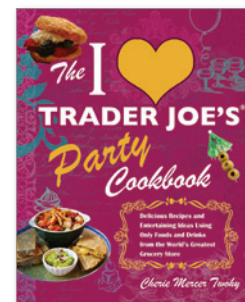
The I Love Trader Joe's Party Cookbook

Cherie Mercer Twohy

Make your next get-together fabulous with the help of the one and only Trader Joe's® cookbook especially made for entertaining on a budget.

\$17.95 US | \$21.00 CAN
978-1-56975-792-5 (paperback)
978-1-56975-884-7 (ebook)

Season: Fall 2010
Category: Cooking
Rights: World



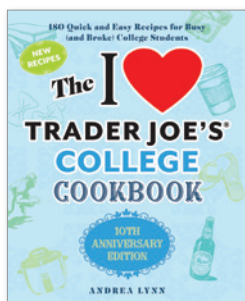
The I Love Trader Joe's College Cookbook: 10th Anniversary Edition

Andrea Lynn

Make delicious meals with Trader Joe's® products all from the comfort of your dorm room with this campus-friendly cookbook packed with recipes for low-carb lunches, easy-to-make dinners, late-night snacks, and more.

\$19.95 US | \$26.95 CAN
978-1-64604-244-9 (paperback)
978-1-64604-273-9 (ebook)

Season: Fall 2021
Category: Cooking
Rights: World



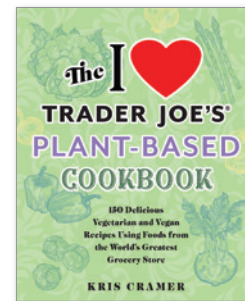
The I Love Trader Joe's Plant-Based Cookbook

Kris Cramer

Discover an updated variety of vegetarian and vegan dishes whipped up with the low-budget, easy-to-acquire ingredients from everyone's favorite grocery store—Trader Joe's®!

\$19.95 US | \$26.95 CAN
978-1-64604-493-1 (paperback)
978-1-64604-513-6 (ebook)

Season: Summer 2023
Category: Cooking
Rights: World



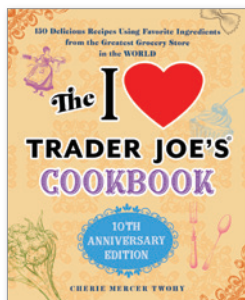
The I Love Trader Joe's Cookbook: 10th Anniversary Edition

Cherie Mercer Twohy

Discover the countless meals you can make with your favorite Trader Joe's® products, including low-carb, keto-friendly recipes, sweet treats, vegetarian and vegan ideas, party-ready appetizers, and snacks.

\$19.95 US | \$26.95 CAN
978-1-64604-047-6 (paperback)
978-1-64604-106-0 (ebook)

Season: Summer 2020
Category: Cooking
Rights: US, Canada



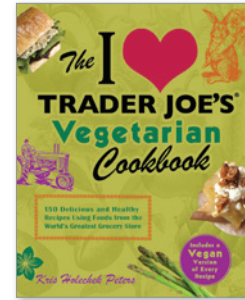
The I Love Trader Joe's Vegetarian Cookbook

Kris Holechek Peters

Whip up delicious vegetarian and vegan meals in no time and on a budget with ingredients from everyone's favorite grocery store—Trader Joe's®.

\$39.95 US | \$53.95 CAN
978-1-61243-109-3 (paperback)
978-1-61243-140-6 (ebook)

Season: Fall 2012
Category: Cooking
Rights: World



Ice Cream Happy Hour

Valerie Lum and Jenise Addison

Put the sweet in happy hour with dozens of alcohol-infused ice cream recipes for the most delectable homemade boozy desserts ever.

\$24.95 US | \$33.95 CAN
978-1-56975-931-8 (paperback)
978-1-56975-960-8 (ebook)

Season: Fall 2011

Category: Cooking

Rights: World



The Kamado Smoker and Grill Cookbook

Chris Grove

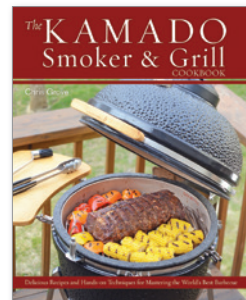
Fire up your kamado grill with the first all-encompassing guide to the wildly popular egg-shaped ceramic cooker that's upended the world of barbecue.

\$24.95 US | \$29.95 CAN
978-1-61243-363-9 (hardcover)
978-1-61243-385-1 (ebook)

Season: Spring 2013

Category: Cooking

Rights: World



The Infrared Grill Master

Jenny Dorsey

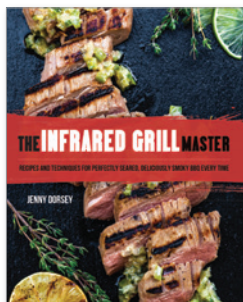
Level up your outdoor grilling game with this chef-approved cookbook and guide to the red-hot infrared grilling tech that guarantees consistent and juicy steaks, ribs, burgers, seafood, and more.

\$19.95 US | \$26.95 CAN
978-1-64604-040-7 (hardback)
978-1-64604-110-7 (ebook)

Season: Fall 2020

Category: Cooking

Rights: World



Live Fire BBQ and Beyond

Wendy O'Neal

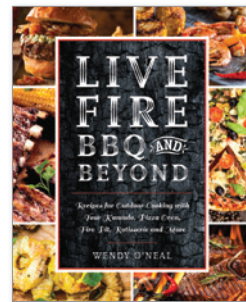
Go beyond charcoal briquettes to fashion uniquely flavorful open-flame meals.

\$18.95 US | \$24.50 CAN
978-1-61243-899-3 (paperback)
978-1-61243-915-0 (ebook)

Season: Spring 2019

Category: Cooking

Rights: World



The Instant Pot® Meals in a Jar Cookbook

Pamela Ellegen

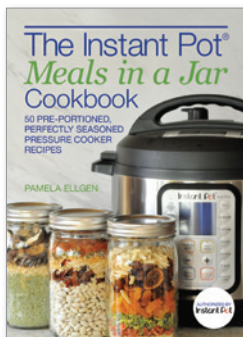
Make your Instant Pot® cooking even faster and more convenient with this tried-and-tested collection of recipes, complete with full-color photos.

\$17.95 US | \$21.95 CAN
978-1-61243-894-8 (paperback)
978-1-61243-924-2 (ebook)

Season: Spring 2019

Category: Cooking

Rights: World



Mac N' Cheese to the Rescue

Kristen Kuchar

Create delicious appetizers, hearty breakfasts, and exotic entrees by adding innovative ingredients to classic boxed mac 'n' cheese.

\$15.95 US | \$21.95 CAN
978-1-61243-168-0 (paperback)
978-1-61243-200-7 (ebook)

Season: Spring 2013

Category: Cooking

Rights: World



Macarons

Cecile Cannone

Learn to make pastry chef Cecile Cannone's delectable macarons that Zagat says "rival those in Paris" and the *New York Times* calls "feather-light, at once crunchy and chewy, and distinguished by rich buttercream filling."

\$16.95 US | \$17.50 CAN

978-1-56975-820-5 (paperback)

978-1-56975-886-1 (ebook)

Season: Fall 2010

Category: Cooking

Rights: World



Mastering Meal Prep

Pamela Ellgen

With weekly menus, grocery lists, prep-day schedules, and healthy, delicious recipes, you'll learn how one hour on the weekend can turn into a week of tasty, time-saving breakfasts, lunches, and dinners.

\$16.95 US | \$21.95 CAN

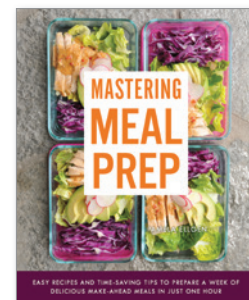
978-1-61243-841-2 (paperback)

978-1-61243-855-9 (ebook)

Season: Fall 2018

Category: Cooking

Rights: World



Mason Jar Lunches

Jessica Harlan

Mason Jar Lunches will show you how to combine fresh produce and whole foods into fun meals packed in adorable jars that are perfect for grab-and-go lunches.

\$16.95 US | \$21.95 CAN

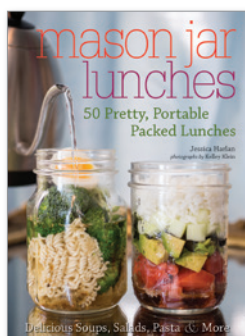
978-1-61243-759-0 (paperback)

978-1-61243-772-9 (ebook)

Season: Fall 2017

Category: Cooking

Rights: World



The Mayonnaise Cookbook

Erin Isaac

Celebrate the greatest condiment of all time with the best mayo-based recipes, including comfort food classics like potato salad and deviled eggs as well as saucy cooking hacks for chocolate cupcakes and grilled cheese.

\$17.95 US | \$24.95 CAN

978-1-64604-195-4 (paperback)

978-1-64604-220-3 (ebook)

Season: Summer 2021

Category: Cooking

Rights: World



Mason Jar Salads and More

Julia Mirabella

The first guide to the coolest trend—creating healthy, hearty, and portable salads in adorable vintage jars.

\$16.95 US | \$20.95 CAN

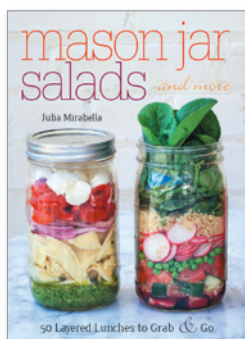
978-1-61243-289-2 (paperback)

978-1-61243-337-0 (ebook)

Season: Summer 2014

Category: Cooking

Rights: World



Meals in a Jar

Julie Languille

Stock your pantry with homemade meals that offer you quick and easy, everyday dinners as well as a delicious, long-lasting supply of emergency goods.

\$15.95 US | \$21.95 CAN

978-1-61243-163-5 (paperback)

978-1-61243-203-8 (ebook)

Season: Spring 2013

Category: Cooking

Rights: World



Mini Pies

Christy Beaver and Morgan Greenseth

Discover the joy of crafting small, single-serving and handheld pies hot from the oven with this adorable book with recipes from chefs Christy Beaver and Morgan Greenseth.

\$19.95 US | \$26.95 CAN
978-1-56975-980-6 (paperback)
978-1-61243-002-7 (ebook)

Season: Fall 2011

Category: Cooking

Rights: World



The No-Cook, No-Bake Cookbook

Matt Kadey

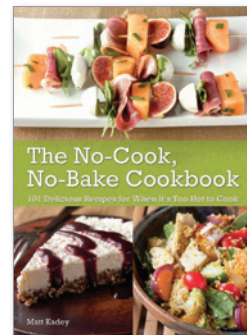
Quick satisfying meals that turn up the flavor—not the heat!

\$15.95 US | \$18.95 CAN
978-1-61243-189-5 (paperback)
978-1-61243-206-9 (ebook)

Season: Summer 2013

Category: Cooking

Rights: World



The Modern Salad

Elizabeth Howes

Create delicious, highly nutritious salads at home with dozens of inventive recipes inspired by the incredible Burmese tea leaf salad.

\$19.95 US | \$26.95 CAN
978-1-64604-232-6 (paperback)
978-1-61243-575-6 (ebook)

Season: Spring 2021

Category: Cooking

Rights: World



The Offset Smoker Cookbook

Chris Grove

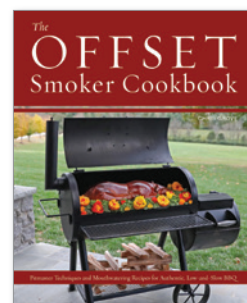
Discover how to make authentic, competition-quality BBQ with your offset smoker.

\$24.95 US | \$32.50 CAN (hardcover)
\$19.95 | \$26.95 CAN (paperback)
978-1-64604-538-9 (paperback)
978-1-61243-907-5 (hardcover)
978-1-61243-925-9 (ebook)

Season: Summer 2019

Category: Cooking

Rights: World



Muffin Tin Chef

Matt Kadey

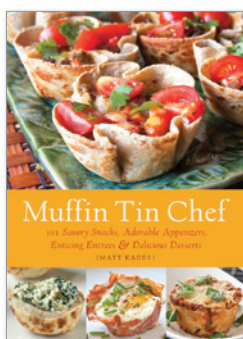
Learn to make quick, easy, and utterly delicious mini meals (without the cleanup!) with this collection of muffin tin recipes.

\$22.95 US | \$32.00 CAN
978-1-61243-052-2 (paperback)
978-1-61243-087-4 (ebook)

Season: Spring 2012

Category: Cooking

Rights: World



The 'Ohana Grill Cookbook

Adrienne Robillard and Dawn Sakamoto Paiva

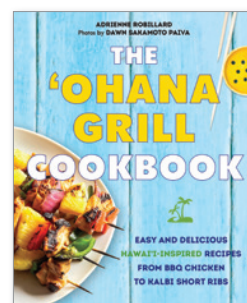
Experience a taste of the island life in your own backyard with 50 flavor-packed barbecue recipes, like Grilled Garlic Shrimp and Soy Maple Salmon.

\$24.95 US | \$33.95 CAN (hardback)
\$19.95 | \$26.95 CAN (paperback)
978-1-64604-064-3 (hardback)
978-1-64604-536-5 (paperback)
978-1-64604-065-0 (ebook)

Season: Summer 2023

Category: Cooking

Rights: World



The Petit Four Cookbook

Brooks Coulson Nguyen

Learn how to craft delectable, adorable petit fours that are delicious enough to be from a Paris bakery. . . straight from your home kitchen.

\$19.95 US | \$26.95 CAN
978-1-64604-297-5 (paperback)
978-1-61243-257-1 (ebook)

Season: Summer 2022

Category: Cooking

Rights: World



Poptails

Erin Nichols

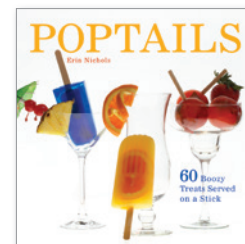
Devilishly delicious recipes for alcohol-infused versions of everyone's favorite childhood treat.

\$14.95 US | \$17.50 CAN
978-1-61243-065-2 (paperback)
978-1-61243-089-8 (ebook)

Season: Summer 2012

Category: Cooking

Rights: World



Petite Treats

Christy Beaver and Morgan Greenseth

A collection of delicious, adorable, bite-size sweets sure to charm family and friends.

\$19.95 US | \$26.95 CAN
978-1-61243-111-6 (paperback)
978-1-61243-145-1 (ebook)

Season: Fr 2012

Category:all Cooking

Rights: World



Quinoa Cuisine

Jessica Harlan and Kelley Sparwasser

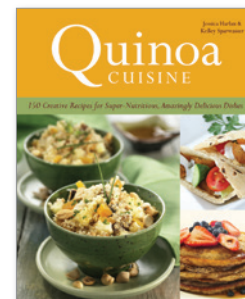
Learn how to make mouthwatering dishes using the superfood grain quinoa as a substitute for traditional flour, rice, and other grains.

\$16.95 US | \$19.95 CAN
978-1-61243-020-1 (paperback)
978-1-61243-039-3 (ebook)

Season: Spring 2012

Category: Cooking

Rights: World



Picture Cook

Katie Shelly

Learn how to make fast, delicious dishes with recipes that require no reading in what *Fast Company's* Mark Wilson calls "an ingenious cookbook."

\$18.95 US | \$25.95 CAN
978-1-64604-168-8 (paperback)
978-1-61243-258-8 (ebook)

Season: Spring 2021

Category: Cooking; Comics & Graphic Novels

Rights: World



A Rainbow of Smoothie Bowls

Leigh Weingus

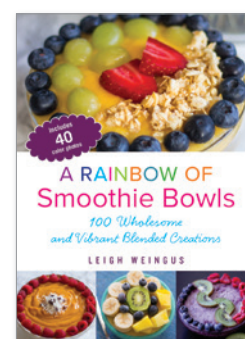
Discover how to make highly nutritious superfood smoothie bowls inspired by Brazil's famous açai bowls to help you jump-start your way to healthy living.

\$14.95 US | \$17.50 CAN
978-1-61243-605-0 (paperback)
978-1-61243-631-9 (ebook)

Season: Fall 2016

Category: Cooking

Rights: World



Ramen to the Rescue Cookbook

Jessica Harlan

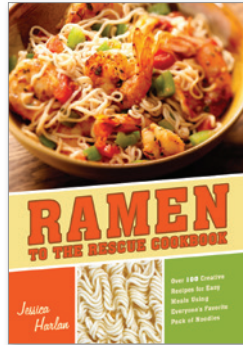
Delicious recipes that take the classic pack of instant noodles and spices beyond the soup bowl to create gourmet salads, appetizers, entrées, and more.

\$12.95 US | \$14.50 CAN
978-1-56975-990-5 (paperback)
978-1-61243-004-1 (ebook)

Season: Summer 2011

Category: Cooking

Rights: World



Savory Pies

Greg Henry

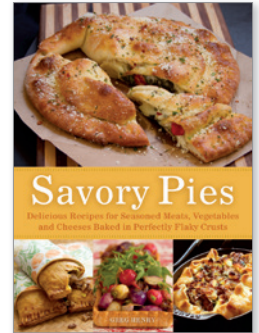
Learn how to make incredible breakfasts, appetizers, lunches, and dinners all encased in delectable crusts with savory pie recipes from around the world.

\$29.95 US | \$39.95 CAN
978-1-61243-106-2 (paperback)
978-1-61243-150-5 (ebook)

Season: Spring 2013

Category: Cooking

Rights: World



Savory Bites from Your Cake Pop Maker

Heather Torrone

A creative twist on a wildly popular baking trend makes hearty handheld pops packed with meats, cheese, and veggies.

\$14.95 US | \$17.50 CAN
978-1-61243-175-8 (paperback)
978-1-61243-211-3 (ebook)

Season: Summer 2013

Category: Cooking

Rights: World



The Simple Art of Salt Block Cooking

Jessica Harlan and Kelley Sparwasser

Discover incredible recipes to make at home with this full-color guide to crafting upscale and creative meals with the Himalayan salt block.

\$24.95 US | \$33.95 CAN
978-1-64604-233-3 (paperback)
978-1-61243-509-1 (ebook)

Season: Fall 2021

Category: Cooking

Rights: World



Savory Cocktails

Greg Henry

Challenge your palate with superb and savory handcrafted cocktails from the best mixologists around.

\$21.95 US | \$29.95 CAN
978-1-61243-222-9 (paperback)
978-1-61243-261-8 (ebook)

Season: Fall 13

Category: Cooking

Rights: World



Slow Cooker Desserts

Jonnie Downing

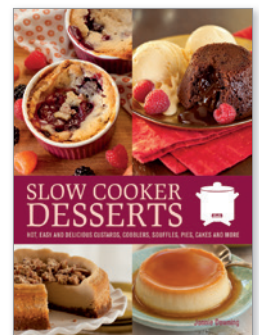
The first cookbook that shows how to use the slow cooker for making hassle-free, hot desserts at home.

\$14.95 US | \$17.50 CAN
978-1-61243-124-6 (paperback)
978-1-61243-160-4 (ebook)

Season: Spring 2013

Category: Cooking

Rights: World



Smoke It Like a Pit Master with Your Electric Smoker

Wendy O'Neal

Tips, tricks, and secrets for using an electric smoker to enhance the taste of meats, seafood, veggies, fruits, cheese, nuts, and more!

\$18.95 US | \$19.95 CAN
978-1-61243-612-8 (paperback)
978-1-61243-633-3 (ebook)

Season: Fall 2016
Category: Cooking
Rights: World



The Southern Po' Boy Cookbook

Todd-Michael St. Pierre

Create a little slice of old NOLA at home with dozens of recipes to cook up a variety of delicious po' boy sandwiches featuring the South's favorite ingredients.

\$16.95 US | \$19.95 CAN
978-1-61243-237-3 (paperback)
978-1-61243-263-2 (ebook)

Season: Fall 2013
Category: Cooking
Rights: World



Smoke It Like a Texas Pit Master with Your Electric Smoker

Wendy O'Neal

Whip up BBQ as bold as a Texan smokehouse with these recipes for your electric smoker crafted by award-winning home chef Wendy O'Neal.

\$18.95 US | \$24.95 CAN
978-1-61243-789-7 (paperback)
978-1-61243-812-2 (ebook)

Season: Summer 2018
Category: Cooking
Rights: World



Taste of Tremé

Todd-Michael St. Pierre

Dive into the heart of New Orleans and whip up classic Cajun and Creole comfort food in your own kitchen and *laissez les bons temps rouler*.

\$39.95 US | \$53.95 CAN
978-1-64604-262-3 (paperback)
978-1-61243-144-4 (ebook)

Season: Fall 2021
Category: Cooking; Travel
Rights: World



Sous Vide BBQ

Greg Mrvich

Packed with professional tips, helpful photos, and step-by-step tutorials, this book shows how to use your sous vide's precision temperature control to cook moist, flavorful meats every time.

\$34.95 US | \$46.95 CAN
978-1-61243-781-1 (paperback)
978-1-61243-804-7 (ebook)

Season: Spring 2018
Category: Cooking
Rights: World



Tortillas to the Rescue

Jessica Harlan

Healthy and delicious recipes that take the simple tortilla and build gourmet dishes that are quick, cheap, and easy to make.

\$14.95 US | \$19.95 CAN
978-1-61243-100-0 (paperback)
978-1-61243-147-5 (ebook)

Season: Summer 2012
Category: Cooking
Rights: World



The Unofficial ALDI Cookbook

Jeanette Hurt

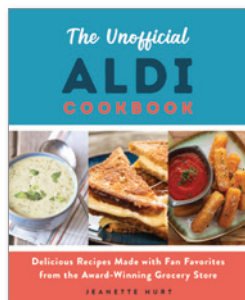
Discover the countless budget-friendly and delicious meals you can make with your favorite ALDI products!

\$17.95 US | \$24.95 CAN
978-1-64604-124-4 (paperback)
978-1-64604-125-1 (ebook)

Season: Spring 2021

Category: Cooking

Rights: World



The Wild Game Smoker and Grill Cookbook

Kindi Lantz

Packed full of delicious dishes that feature grilled and smoked meats, this unique cookbook is a must-have for any hunter.

\$18.95 US | \$24.50 CAN
978-1-61243-870-2 (paperback)
978-1-61243-885-6 (ebook)

Season: Spring 2019

Category: Cooking

Rights: World



Vegan Desserts in Jars

Kris Holechek Peters

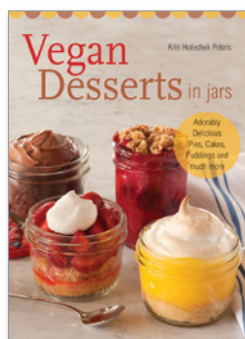
Whip up fantastic, simple, and entirely vegan desserts in their own portable and adorable jars with recipes by best-selling vegan chef Kris Holechek Peters.

\$15.95 US | \$18.95 CAN
978-1-61243-225-0 (paperback)
978-1-61243-264-9 (ebook)

Season: Fall 2013

Category: Cooking

Rights: World



The Wood Pellet Smoker and Grill Cookbook

Peter Jautais

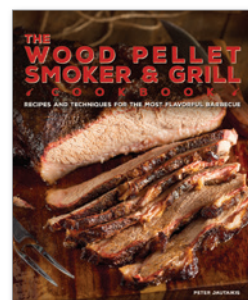
Tips, tricks, and secrets for using a wood pellet smoker to enhance the flavor of everything from meats and seafood to veggies and baked goods.

\$24.95 US | \$33.95 CAN
978-1-61243-559-6 (hardcover)
978-1-61243-592-3 (ebook)

Season: Summer 2016

Category: Cooking

Rights: World



CRAFTS & HOBBIES

The 1990s Coloring Book

James Grange

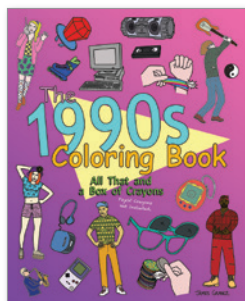
These coloring pages feature the off-the-hook movies, dope TV shows, all-that music, and rad fashions that made the 1990s the best.

\$10.00 US | \$11.95 CAN
978-1-61243-224-3 (paperback)

Season: Fall 2013

Category: Humor

Rights: World



The Botanical Hand Lettering Workbook

Bethany Robertson

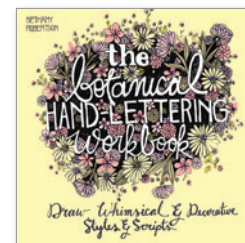
An elegant instructional workbook that teaches anyone, regardless of past experience, how to hand-letter ornate fonts and floral elements for their own personalized cards, invitations, and more.

\$16.95 US | \$20.99 CAN
978-1-61243-484-1 (paperback)
978-1-61243-517-6 (ebook)

Season: Fall 2015

Category: Art

Rights: World



Be a Real-Life Mermaid

Virginia Hankins

If you're ready to trade legs for fins, *Be a Real-Life Mermaid* shows how to shell-ebrate your inner sea siren.

\$16.95 US | \$21.95 CAN
978-1-61243-712-5 (paperback)
978-1-61243-742-2 (ebook)

Season: Fall 2017

Category: Pop Culture

Rights: World



Brooklyn Bound: A Coloring Book

Gareth Moore

Celebrate New York City's best borough as you color your way through detailed illustrations of architecture, local spots, and more iconic scenes from Brooklyn.

\$14.95 US | \$19.95 CAN
978-1-64604-509-9 (paperback)

Season: Summer 2023

Category: Games & Activities

Rights: World



The Beeswax Workshop

Chris Dalziel

Learn how to transform miraculous beeswax into candles, soaps, environmentally friendly household cleaners, amazing DIY crafts, and much more.

\$15.95 US | \$17.50 CAN
978-1-61243-648-7 (paperback)
978-1-61243-650-0 (ebook)

Season: Fall 2016

Category: House & Home

Rights: World



Brush Pen Lettering

Grace Song

Master the art of beautiful brush pen lettering with the first book dedicated entirely to the use and mastery of modern brush pens.

\$16.95 US | \$21.50 CAN
978-1-61243-683-8 (paperback)
978-1-61243-689-0 (ebook)

Season: Summer 2017

Category: Art

Rights: World



Brush Pen Lettering Practice Book

Grace Song

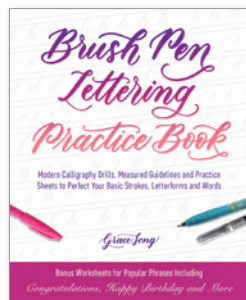
Practice 'til you're perfect with expert drills, tips, and exercises!

\$16.95 US | \$21.95 CAN
978-1-61243-828-3 (paperback)
978-1-61243-848-1 (ebook)

Season: Summer 2018

Category: Art

Rights: World



Coloring Animal Mandalas

Wendy Piersall

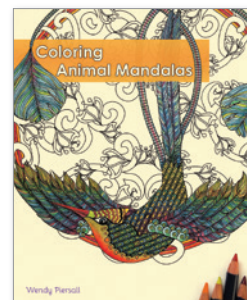
Attain focus, clarity, and peace while adding bright and inspiring colors to these unique patterns in this adult coloring book

\$10.00 US | \$11.95 CAN
978-1-61243-350-9 (paperback)

Season: Fall 2014

Category: Art

Rights: World



Calming Dot to Dot

Emily Wallis

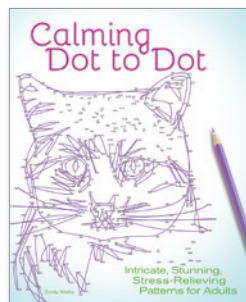
Relax, de-stress, and attain a new level of focus with this guided dot-to-dot activity book for adults, featuring intricate patterns, people, and animals.

\$10.00 US | \$12.95 CAN
978-1-61243-614-2 (paperback)
978-1-61243-618-0 (ebook)

Season: Summer 2016

Category: Games & Activities

Rights: US Only



Coloring Dream Mandalas

Wendy Piersall

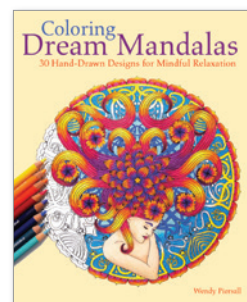
Relax and de-stress from your busy life by coloring this collection of whimsical mandalas that incorporate mystical imagery into the patterns handcrafted by best-selling coloring books for adults artist, Wendy Piersall.

\$10.00 US | \$12.50 CAN
978-1-61243-529-9 (paperback)

Season: Summer 2015

Category: Art

Rights: World



Color Me Couture

Gloria Collazo

Finish the drawings in this super-chic doodle book with glamorous runway-ready looks and creative head-turning fashions.

\$13.95 US | \$18.95 CAN
978-1-61243-131-4 (paperback)

Season: Fall 2013

Category: Design

Rights: World



Coloring Flower Mandala Postcards

Wendy Piersall

Attain focus, clarity, and peace while creating colorful mail-ready postcards perfect for sharing with friends and family.

\$10.00 US | \$11.95 CAN
978-1-61243-549-7 (tear-out cards)

Season: Summer 2016

Category: Art

Rights: World



Coloring Flower Mandalas

Wendy Piersall

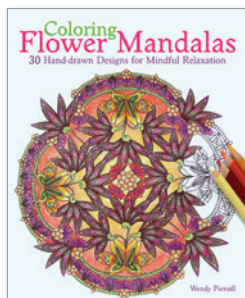
Attain focus, clarity, and calm while adding bright and inspiring colors to these unique flower-inspired mandalas hand drawn by best-selling coloring book artist, Wendy Piersall.

\$12.00 US | \$16.00 CAN
978-1-61243-457-5 (paperback)

Season: Summer 2015

Category: Art

Rights: World



Copperplate Calligraphy from A to Z

Sarah Richardson

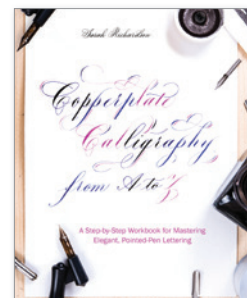
Learn and perfect classic, yet once again popular, script with this easy-to-use, full-color, and very modern guide.

\$16.95 US | \$21.95 CAN
978-1-61243-863-4 (paperback)
978-1-61243-879-5 (ebook)

Season: Fall 2018

Category: Art

Rights: World



Coloring Mandalas 3-In-1 Pack

Wendy Piersall

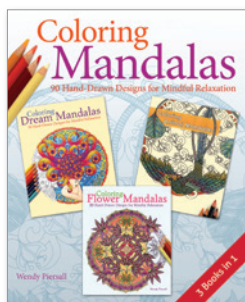
Calm your mind and relax with this beautiful coloring book for adults, containing hand-drawn mandalas created by best-selling coloring artist, Wendy Piersall.

\$19.95 US | \$26.95 CAN
978-1-64604-169-5 (paperback)

Season: Fall 2020

Category: Art

Rights: World



Copperplate Calligraphy Practice Book

Christen Allocco Turney

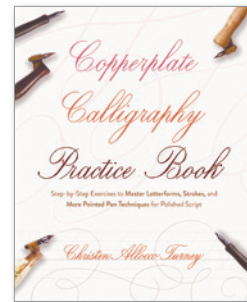
Practice and perfect copperplate handwriting with this perforated, easy-to-use beginner-friendly collection of exercises and drills for the modern calligrapher.

\$16.95 US | \$22.95 CAN
978-1-64604-503-7 (paperback)

Season: Summer 2023

Category: Art

Rights: World



Coloring Ocean Mandalas

Wendy Piersall

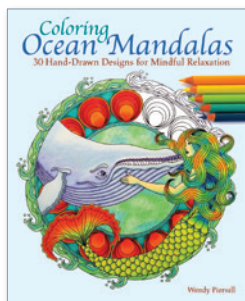
Coloring for adults gets an aquatic twist with this collection of whimsical mandalas.

\$10.00 US | \$11.95 CAN
978-1-61243-546-6 (paperback)

Season: Fall 2015

Category: Art

Rights: World



The Cottagecore Coloring Book

Editors of Ulysses Press

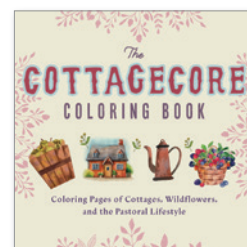
Relax and enjoy the simpler things in life as you color through detailed illustrations of quaint cottages, blooming gardens, and other delightful cottagecore scenes.

\$10.00 US | \$17.99 CAN
978-1-64604-236-4 (paperback)

Season: Spring 2021

Category: Art

Rights: World



Cover Art

Liz Emirzian

Original cover designs for history's greatest novels that can be framed as individual artworks.

\$19.95 US | \$26.95 CAN
978-1-61243-452-0 (paperback)

Season: Fall 2015

Category: Art

Rights: World



Crafting with Wood Pallets

Becky Lamb

Create one-of-a-kind, upcycled projects using the world's most widely available reclaimed wood.

\$16.95 US | \$20.99 CAN
978-1-61243-488-9 (paperback)
978-1-61243-497-1 (ebook)

Season: Fall 2015

Category: Crafts & Hobbies

Rights: World



Crafting with Alcohol Inks

Allison Murray

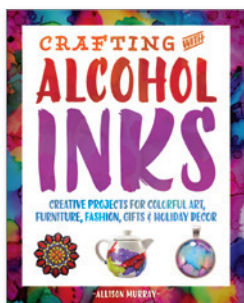
Creative designs for one-of-a-kind, colorful projects using versatile alcohol ink painting.

\$16.95 US | \$21.99 CAN
978-1-61243-644-9 (paperback)
978-1-61243-654-8 (ebook)

Season: Fall 2016

Category: Crafts & Hobbies

Rights: World



Cursive Handwriting for Adults

John Neal

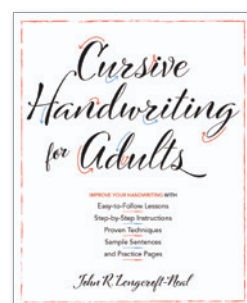
Relearn the beautiful art of cursive handwriting!

\$15.95 US | \$19.50 CAN
978-1-61243-906-8 (paperback)
978-1-61243-913-6 (ebook)

Season: Summer 2019

Category: Self-Help

Rights: World



Crafting with Paracord

Chad Poole

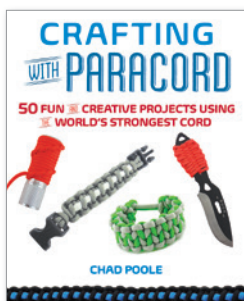
Learn to make useful tools, fun projects, and handy gifts with paracord—one of the world's strongest and most durable cords.

\$14.95 US | \$17.50 CAN
978-1-61243-288-5 (paperback)
978-1-61243-328-8 (ebook)

Season: Spring 2014

Category: Self-Help

Rights: World



Dazzling Duct Tape Designs

Tamara Boykins

A colorful and creative guide to making fashionable accessories with duct tape.

\$14.95 US | \$17.50 CAN
978-1-61243-133-8 (paperback)
978-1-61243-154-3 (ebook)

Season: Spring 2013

Category: Crafts & Hobbies

Rights: World



DIY Dye

Loren Lankford

Learn to make amazing natural hair colors and treatments at home that are truly to dye for with this step-by-step handbook.

\$19.95 US | \$26.95 CAN
978-1-64604-264-7 (paperback)
978-1-61243-310-3 (ebook)

Season: Fall 2021

Category: Crafts & Hobbies

Rights: World



Drawing Dragons

Sandra Staple

Learn how to draw fierce, breathtaking dragons from around the globe.

\$17.95 US | \$24.95 CAN
978-1-56975-641-6 (paperback)
978-1-56975-898-4 (ebook)

Season: Summer 2008

Category: Art

Rights: World



DIY Henna Tattoos

Aroosa Shahid

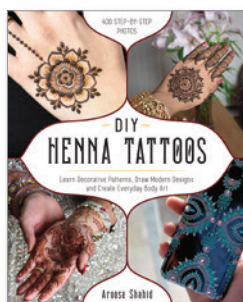
Learn how to create beautiful mehendi designs using an entirely natural, simple paste made from the leaves of the henna plant with this step-by-step guide.

\$34.95 US | \$46.95 CAN
978-1-61243-800-9 (paperback)
978-1-61243-823-8 (ebook)

Season: Summer 2018

Category: Art

Rights: World



Drawing Dragons Sketchbook

Sandra Staple

Take your drawing to new heights with this large-format, blank drawing book with step-by-step sketching tips, tear-out pages, and beautiful illustrations that help you imagine all different types of your favorite mythical creature: the dragon.

\$16.95 US | \$22.95 CAN
978-1-64604-242-5 (paperback)

Season: Fall 2021

Category: Art

Rights: World



DIY Industrial Pipe Furniture and Decor

James Angus

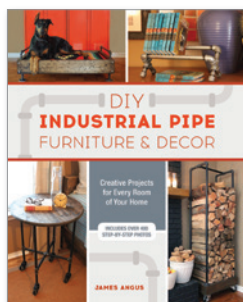
Stylish designs for urban chic projects using the world's most indispensable building material—industrial pipes.

\$16.95 US | \$19.95 CAN
978-1-61243-606-7 (paperback)
978-1-61243-620-3 (ebook)

Season: Fall 2016

Category: House & Home

Rights: World



Drawing Faces

Lise Herzog

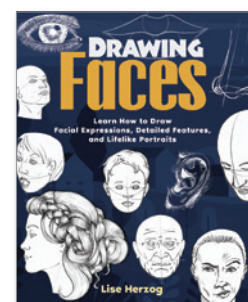
Discover how to make your character drawings even more realistic with step-by-step instructions and tips and tricks for creating the most lifelike portraits and facial expressions.

\$14.95 US | \$19.95 CAN
978-1-64604-320-0 (paperback)
978-1-64604-326-2 (ebook)

Season: Spring 2022

Category: Art

Rights: US, Canada



Drawing Fantastic Dragons

Sandra Staple

If you can dream it, this book will show you how to bring it to life in distinct and dramatic color. With easy-to-follow, step-by-step instructions, *Drawing Fantastic Dragons* teaches the tricks and techniques to create your own amazing art.

\$16.95 US | \$21.95 CAN
978-1-61243-761-3 (paperback)
978-1-61243-770-5 (ebook)

Season: Summer 2018

Category: Art

Rights: World



Do It Yourself Guide to Biodiesel

Guy Purcella

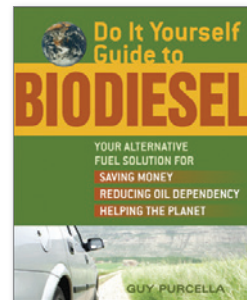
Learn how to make biodiesel fuel at home for less than \$1 per gallon.

\$15.95 US | \$18.95 CAN
978-1-56975-624-9 (paperback)
978-1-56975-456-6 (ebook)

Season: Fall 2007

Category: Crafts & Hobbies

Rights: World



Drawing Furrries

Stephanie "Ifus" Johnson

Bring your furry characters to life with this step-by-step guide to drawing anthropomorphic dogs, foxes, wolves, unicorns, dragons, and more of your favorite creatures!

\$16.95 US | \$22.95 CAN
978-1-64604-161-9 (paperback)
978-1-64604-160-2 (ebook)

Season: Spring 2021

Category: Art

Rights: World



The Family Gratitude Project

Joanna Grzeszczak

Help your child understand and appreciate gratitude with this gorgeous family activity book and interactive journal.

\$17.95 US | \$22.95 CAN
978-1-61243-839-9 (paperback)
978-1-61243-859-7 (ebook)

Season: Fall 2018

Category: Family & Relationships

Rights: World



Drawing People

Lise Herzog

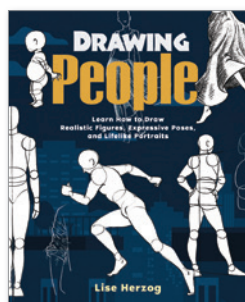
Discover how to draw true-to-life human figures and poses with detailed step-by-step instructions and tips and tricks on the best drawing techniques.

\$14.95 US | \$19.95 CAN
978-1-64604-245-6 (paperback)
978-1-64604-275-3 (ebook)

Season: Fall 2021

Category: Art

Rights: US, Canada



Fearless Flourishing

Alissa Chojnacki

Take your lettering to the next level with beautiful, stylish flourishes.

\$16.95 US | \$21.95 CAN
978-1-61243-873-3 (paperback)
978-1-61243-888-7 (ebook)

Season: Spring 2019

Category: Art

Rights: World



Flower Crowns

Christy Meisner Doramus

The first guide to crafting these wildly popular, whimsical, and glamorous hair accessories at home.

\$29.95 US | \$39.95 CAN
978-1-61243-447-6 (paperback)
978-1-61243-468-1 (ebook)

Season: Spring 2015

Category: Crafts & Hobbies

Rights: World



The Guy's Guide to Pocket Knives

Mike Yarbrough

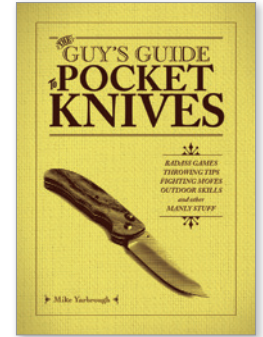
This manly handbook is packed with over 50 pocket knife tricks, ideas, and activities, from fun games and projects to badass fighting moves and survival tips.

\$15.95 US | \$21.95 CAN
978-1-64604-443-6 (paperback)
978-1-61243-752-1 (ebook)

Season: Fall 2022

Category: Sports & Recreation

Rights: World



Focus and Filter

Andrew Darlow

Indispensable tricks and techniques for snapping great photos in any situation.

\$21.95 US | \$27.95 CAN
978-1-61243-613-5 (paperback)
978-1-61243-622-7 (ebook)

Season: Summer 2017

Category: Crafts & Hobbies

Rights: World



Hand Lettering for Self-Care

Lauren Fitzmaurice

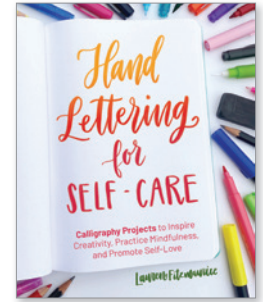
Letter from the heart with this first-ever calligraphy-meets-self-care guide packed with fun and easy projects, each designed to soothe anxiety and decrease daily stress while creating beautiful art.

\$18.95 US | \$25.95 CAN
978-1-64604-243-2 (paperback)
978-1-64604-272-2 (ebook)

Season: Fall 2021

Category: Art

Rights: World



Galentine's Day

Eva Marie Taylor

Stylish hand-drawn cards featuring cute messages for gals to give to gal friends.

\$12.95 US | \$16.99 CAN
978-1-61243-638-8 (tear-out cards)

Season: Fall 2016

Category: Family & Relationships

Rights: World



Hillary: The Coloring Book

Valentin Ramon

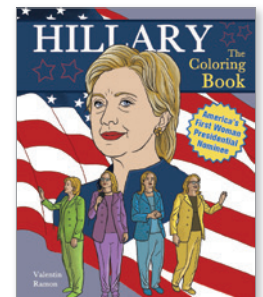
An inspiring pictorial history of Hillary Rodham Clinton for readers to color and enjoy.

\$10.00 US | \$11.95 CAN
978-1-61243-369-1 (paperback)

Season: Fall 2014

Category: Art

Rights: World



Home Decor Cheat Sheets

Jessica Probus

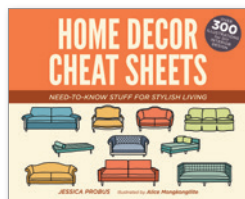
The most important concepts of home design, decor, and furnishing simplified into 300 easy-to-understand illustrations.

\$16.95 US | \$19.95 CAN
978-1-61243-554-1 (paperback)
978-1-61243-580-0 (ebook)

Season: Summer 2016

Category: House & Home

Rights: World



Homemade Cleaners

Dionna Ford and Mandy O'Brien

Discover simple, natural ways to keep your home safe, clean, and chemical-free with cleaners made from nature's disinfecting ingredients.

\$19.95 US | \$26.95 CAN
978-1-61243-276-2 (paperback)
978-1-61243-313-4 (ebook)

Season: Spring 2014

Category: House & Home

Rights: World



The Home Flipper's Journal

Nancy Dunham

Keep your renovation project on track with this all-in-one log book for organizing and executing a successful home flip.

\$16.95 US | \$22.95 CAN
978-1-64604-198-5 (paperback)

Season: Fall 2021

Category: House & Home

Rights: World



Homemade Nail Polish

Allison Rose Spiekermann

Learn how to make your own nail polish colors to create personalized, customized looks just for you.

\$19.95 US | \$26.95 CAN
978-1-64604-234-0 (paperback)
978-1-61243-331-8 (ebook)

Season: Spring 2022

Category: Health & Fitness

Rights: World



Homemade Bath Bombs, Salts, and Scrubs

Kate Bello

Learn how to soothe stress, heal the body, and smell fantastic with luxurious bath bombs, salts, and scrubs that you can make at home.

\$12.99 US | \$11.99 CAN
978-1-61243-469-8 (ebook)

Season: Spring 2015

Category: Crafts & Hobbies

Rights: World



Hot Glue Hacks and Crafts

Angie Holden and Carolina Moore

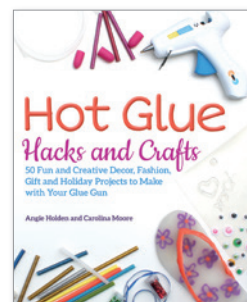
This book is packed with 50 creative projects you can make with your glue gun. From designing holiday crafts to creating 3D objects, you'll be amazed at all the things you can do.

\$16.95 US | \$21.95 CAN
978-1-61243-833-7 (paperback)
978-1-61243-853-5 (ebook)

Season: Summer 2018

Category: Crafts & Hobbies

Rights: World



I Modify IKEA®

Charlotte Rivers and Elyse Major

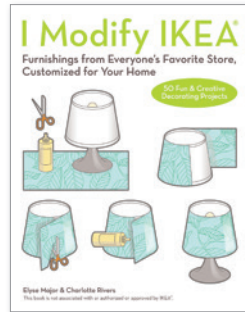
Transform awesome IKEA® home furnishings into even more amazing creations with these innovative reimaginings.

\$24.95 US | \$29.95 CAN
978-1-61243-610-4 (paperback)

Season: Fall 2016

Category: House & Home

Rights: US, Canada, Mexico



Little Loom Weaving

Andreia Gomes

This helpful guide has everything you need to create trendy and timeless woven pieces on a small, portable loom.

\$16.95 US | \$21.50 CAN
978-1-61243-663-0 (paperback)
978-1-61243-700-2 (ebook)

Season: Summer 2017

Category: Crafts & Hobbies

Rights: World



Ikeahackers.net 25 Biggest and Best Projects

Jules Yap

The ingenious team at IkeaHackers.net show you how to transform affordable IKEA products into creative new furniture and more!

\$19.95 US | \$24.95 CAN
978-1-61243-670-8 (paperback)
978-1-61243-696-8 (ebook)

Season: Summer 2017

Category: House & Home

Rights: US, Canada, Mexico



The Magical Girl's Self-Care Coloring Book

Jacque Aye

Cardcaptor Sakura fans, Tokyo Mew Mew fans, and all magical girls to color in a self-love, self-esteem-boosting adventure with this unique coloring book for adults!

\$15.95 US | \$21.95 CAN
978-1-64604-492-4 (paperback)

Season: Summer 2023

Category: Coloring Books

Rights: World



Instacraft

Alison Caporimo

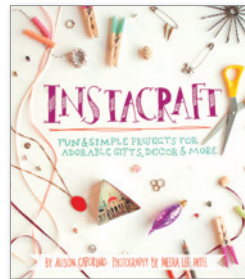
Cool craft projects for people who enjoy fashioning handmade items but don't want to spend a lot of time or money.

\$16.95 US | \$19.95 CAN
978-1-61243-236-6 (paperback)
978-1-61243-253-3 (ebook)

Season: Fall 2013

Category: Crafts & Hobbies

Rights: World



Mason Jar Crafts

Lauren Elise Donaldson

Learn how to turn vintage mason jars into modern-day crafts with this full-color guide to upcycling glass into fantastic lights, decorations, furnishings, and more.

\$14.95 US | \$17.50 CAN
978-1-61243-185-7 (paperback)
978-1-61243-202-1 (ebook)

Season: Summer 2013

Category: Crafts & Hobbies

Rights: World



The Metal Detecting Bible, 2nd Edition

Brandon Neice

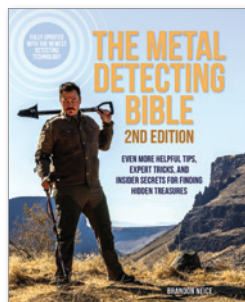
Start your metal detecting journey or improve your treasure-hunting skills with this expert guide that teaches you everything from choosing between VLF, pulse induction, full band, or zero-voltage transmission detectors to identifying rare finds.

\$15.95 US | \$21.95 CAN
978-1-64604-506-8 (paperback)
978-1-64604-527-3 (ebook)

Season: Summer 2023

Category: Antiques & Collectibles

Rights: World



New Home Journal

Laura Agadoni

A handy, practical resource that makes it easy to keep track of your essential homeowner information for future reference.

\$14.95 US | \$18.95 CAN
978-1-61243-662-3 (paperback)

Season: Spring 2017

Category: House & Home

Rights: World



The Natural Soap Chef

Heidi Corley Barto

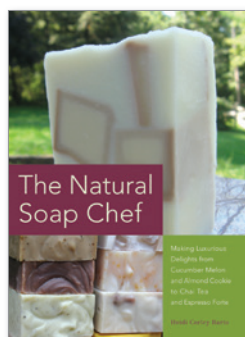
Learn how to make amazing soap right at home with this step-by-step guide to crafting all-natural cold-process soaps from scratch.

\$16.95 US | \$22.95 CAN
978-1-61243-062-1 (paperback)
978-1-61243-088-1 (ebook)

Season: Summer 2012

Category: Crafts & Hobbies

Rights: World



Sea Glass Jewelry

Lindsay Furber and Mary Beth Beuke

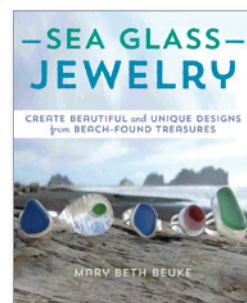
Learn how to create beautiful DIY gifts from the sea with this step-by-step guide to collecting and repurposing sea glass into stunning necklaces, rings, earrings, and other pieces of jewelry.

\$19.95 US | \$27.95 CAN
978-1-61243-303-5 (paperback)
978-1-61243-342-4 (ebook)

Season: Summer 2014

Category: Crafts & Hobbies

Rights: World



The New Braiding Handbook

Abby Smith

Learn how to make fantastic braids, twists, and other hairstyles in this full-color, step-by-step handbook from one of YouTube's most popular braiding experts.

\$16.95 US | \$22.95 CAN
978-1-61243-296-0 (paperback)
978-1-61243-339-4 (ebook)

Season: Spring 2014

Category: Crafts & Hobbies

Rights: World



Small Apartment Hacks

Jenna Mahoney

Learn how to transform your apartment into a cozy, super-smart home with the guide that *Daily Candy* says "...dishes out genius ideas for optimizing tiny spaces."

\$19.95 US | \$26.95 CAN
978-1-64604-303-3 (paperback)
978-1-61243-262-5 (ebook)

Season: Spring 2022

Category: House & Home

Rights: World



Spencerian Handwriting

Platt Rogers Spencer

The first all-in-one edition of P. R. Spencer's classic penmanship primer including step-by-step lessons and pages for practicing.

\$15.95 US | \$19.95 CAN

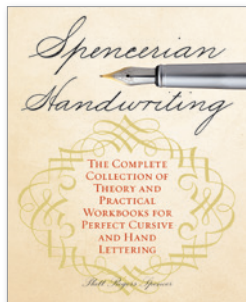
978-1-61243-528-2 (paperback)

978-1-61243-542-8 (ebook)

Season: Summer 2016

Category: Art

Rights: World



Terrariums Reimagined

Kat Geiger

Learn to create adorable miniature worlds with this terrarium book for beginners that clearly explains how to craft and care for enchanting enclosed gardens.

\$14.95 US | \$17.50 CAN

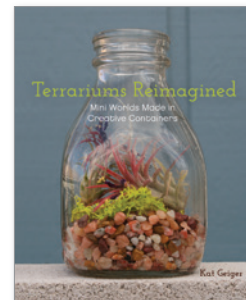
978-1-61243-176-5 (paperback)

978-1-61243-213-7 (ebook)

Season: Summer 2013

Category: Gardening

Rights: World



Spencerian Penmanship Practice Book: The Declaration of Independence

Schin Loong

Refine your handwriting with this Spencerian penmanship workbook teaching you how to copy the Declaration of Independence in your own beautiful script.

\$16.95 US | \$21.95 CAN

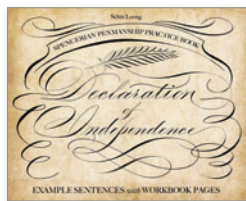
978-1-61243-793-4 (paperback)

978-1-61243-816-0 (ebook)

Season: Summer 2018

Category: Language Arts & Disciplines

Rights: World



Twist Me Pretty Braids

Abby Smith

With easy-to-follow pictures and directions, *Twist Me Pretty Braids* teaches readers how to do their 'do for any occasion or for no occasion at all.

\$17.95 US | \$24.95 CAN

978-1-61243-728-6 (paperback)

978-1-61243-753-8 (ebook)

Season: Fall 2017

Category: Crafts & Hobbies

Rights: World



Stunning Braids

Monae Everett

A step-by-step guide that shows you how to create the newest and coolest braided hairdos.

\$21.95 US | \$29.95 CAN

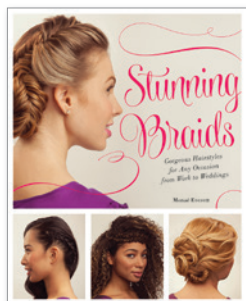
978-1-61243-456-8 (paperback)

978-1-61243-474-2 (ebook)

Season: Fall 2015

Category: Crafts & Hobbies

Rights: World



Watercolor Lettering

Jess Park

This is the first book to combine modern watercolor artwork with popular brush pen lettering styles. Learn to create your own gorgeous hand-lettered art with step-by-step instructions, expert advice, and beautiful full-color illustrations.

\$16.95 US | \$21.95 CAN

978-1-61243-834-4 (paperback)

978-1-61243-861-0 (ebook)

Season: Fall 2018

Category: Art

Rights: World



What About Yarn

Kath Baena

Step out in a brand-new look with this collection of creative stitches and stylish crochet patterns for cute tops, fun accessories, and more!

\$19.95 US | \$26.95 CAN

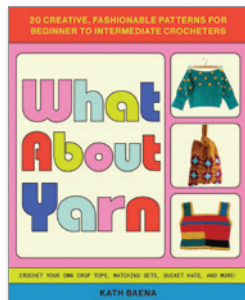
978-1-64604-457-3 (paperback)

978-1-64604-478-8 (ebook)

Season: Spring 2023

Category: Art

Rights: World



Wood Pallet Wonders

Becky Lamb

Learn how to create unique home furniture, one-of-a-kind gifts, and seasonal decor using reclaimed wood pallets.

\$19.95 US | \$26.95 CAN

978-1-61243-755-2 (paperback)

978-1-61243-777-4 (ebook)

Season: Fall 2017

Category: Crafts & Hobbies

Rights: World



EDUCATION & PARENTING

Anchor Charts for 1st to 5th Grade Teachers

Chynell Moore

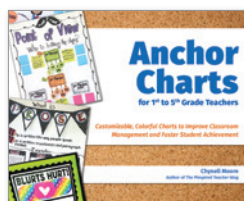
Designed for elementary school teachers, this ready-to-use handbook is packed with 101 colorful and fun anchor charts.

\$16.95 US | \$21.95 CAN
978-1-61243-840-5 (paperback)
978-1-61243-847-4 (ebook)

Season: Fall 2018

Category: Education

Rights: World



Break Free from Reactive Parenting

Laura Linn Knight

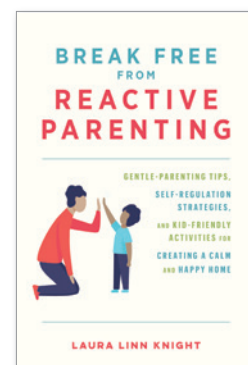
Learn how to be a parent who reacts with patience and kindness instead of anger and frustration and overcome the cycle of reactive parenting.

\$15.95 US | \$21.95 CAN
978-1-64604-404-7 (paperback)
978-1-64604-430-6 (ebook)

Season: Fall 2022

Category: Family & Relationships

Rights: World



The Autistic Spectrum Parents' Daily Helper

Philip Abrams, Leslie Henriques, and Lorna Wing

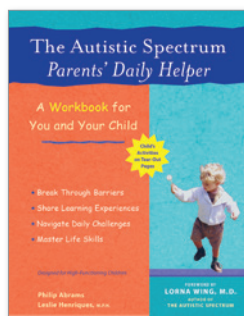
From getting dressed in the morning to brushing teeth before bed, raising a special needs child can turn ordinary events into extraordinary challenges. This book focuses on those kinds of everyday events, with a separate workbook section for both child and parent.

\$19.95 US | \$23.95 CAN
978-1-56975-386-6 (paperback)

Season: Spring 2004

Category: Family & Relationships

Rights: World



Classroom-Ready Number Talks for Kindergarten, First and Second Grade Teachers

Nancy Hughes

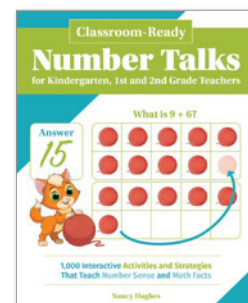
A wide variety of ready-to-use number talks that help kindergarten through second-grade students learn math concepts in fun and easy ways.

\$17.95 US | \$24.95 CAN
978-1-61243-891-7 (paperback)
978-1-61243-911-2 (ebook)

Season: Spring 2019

Category: Education

Rights: World



The Best Teacher Lesson Planner

Editors of Ulysses Press

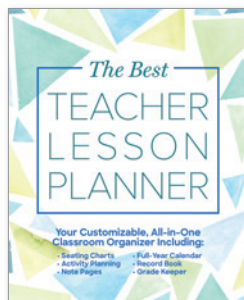
Keep your classroom in order with this monthly/weekly planner designed specifically for busy teachers who need a go-to place to store important classroom information, record grades, and have the best, most organized year ever.

\$14.95 US | \$19.95 CAN
978-1-64604-046-9 (paperback)

Season: Fall 2020

Category: Education

Rights: World



Classroom-Ready Number Talks for Third, Fourth and Fifth Grade Teachers

Nancy Hughes

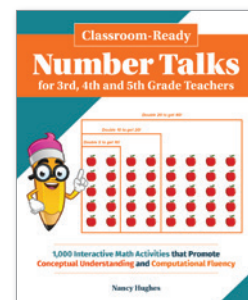
A huge collection of ready-to-use number talks that make math concepts easier for students to learn.

\$17.95 US | \$24.95 CAN
978-1-61243-727-9 (paperback)
978-1-61243-743-9 (ebook)

Season: Spring 2018

Category: Education

Rights: World



Classroom-Ready Number Talks for Sixth, Seventh, and Eighth Grade Teachers

Nancy Hughes

Make math class fun with number talk strategies designed to teach middle school students the mental math and problem-solving skills they need to meet common core standards and become successful mathematical thinkers.

\$17.95 US | \$24.95 CAN

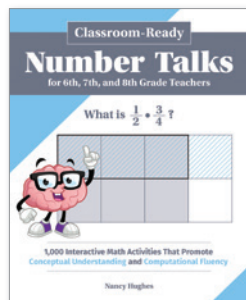
978-1-64604-012-4 (paperback)

978-1-64604-057-5 (ebook)

Season: Spring 2020

Category: Education

Rights: World



Don't Just Survive, Thrive

SaraJane Herrboldt

Stay inspired and motivated with this ultimate teacher self-care action plan designed to help educators avoid workplace stress and burnout.

\$15.95 US | \$21.95 CAN

978-1-64604-082-7 (paperback)

978-1-64604-083-4 (ebook)

Season: Spring 2021

Category: Education

Rights: World



Classroom-Ready Resources for Student-Centered Learning

Erin Ellis

Customize lesson plans, boost student engagement, and give elementary school kids a thirst for knowledge with this classroom-ready and teacher-friendly guide to student-centered learning.

\$15.95 US | \$21.95 CAN

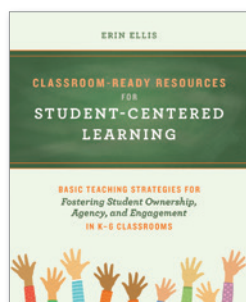
978-1-64604-353-8 (paperback)

978-1-64604-378-1 (ebook)

Season: Fall 2022

Category: Education

Rights: World



Getting Started with Teacher Clarity

Marine Freibrun

Help elementary school students engage in the learning process and achieve their goals in the classroom with the effective and proven principles of teacher clarity.

\$15.95 US | \$21.95 CAN

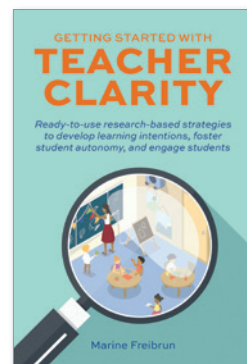
978-1-64604-134-3 (paperback)

978-1-64604-135-0 (ebook)

Season: Spring 2021

Category: Education

Rights: World



Design Thinking in the Classroom

David Lee

Harness the revolutionary power of design thinking in the classroom setting with this informative guide for teachers, educators, and school leaders.

\$15.95 US | \$20.95 CAN

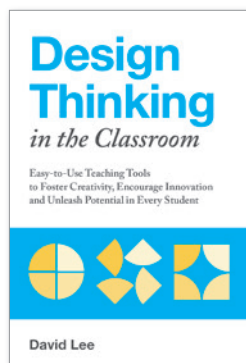
978-1-61243-801-6 (paperback)

978-1-61243-824-5 (ebook)

Season: Fall 2018

Category: Education

Rights: World



The Growth Mindset Classroom-Ready Resource Book

Annie Brock and Heather Hundley

Skip the late-night lesson planning and start stretching your students' minds with this practical, ready-to-use companion to the popular The Growth Mindset Coach series.

\$15.95 US | \$21.95 CAN

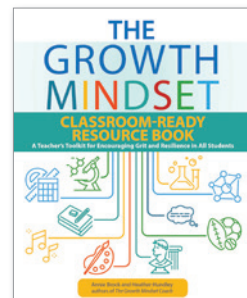
978-1-64604-044-5 (paperback)

978-1-64604-105-3 (ebook)

Season: Summer 2020

Category: Education

Rights: World



The Growth Mindset Coach

Annie Brock and Heather Hundley

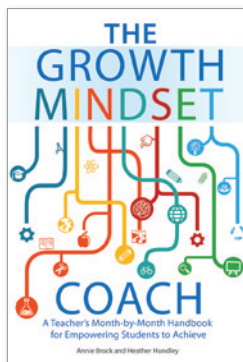
A complete and easy-to-follow guide for inspiring every student with the power of growth mindset.

\$15.95 US | \$21.95 CAN
978-1-61243-601-2 (paperback)
978-1-61243-626-5 (ebook)

Season: Fall 2016

Category: Education

Rights: World



Introduction to Google Classroom

Annie Brock

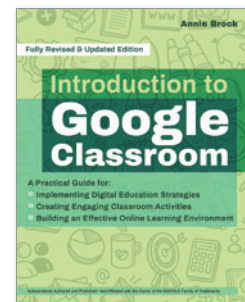
Learn to take your classroom curriculum digital using Google Classroom's unique file-sharing features.

\$13.95 US | \$18.95 CAN
978-1-64604-165-7 (paperback)
978-1-64604-142-8 (ebook)

Season: Fall 2020

Category: Education

Rights: World



The Growth Mindset Playbook

Annie Brock and Heather Hundley

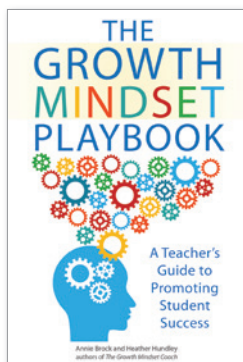
An easy-to-implement collection of creative ideas and new strategies that inspire students with the power of growth mindset.

\$15.95 US | \$21.95 CAN
978-1-61243-687-6 (paperback)
978-1-61243-694-4 (ebook)

Season: Summer 2017

Category: Education

Rights: World



Introduction to Teaching with Webex

M. Jane

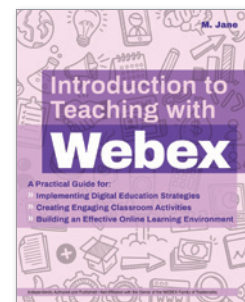
Learn to take your classroom curriculum digital using Cisco Webex's unique video-conferencing features to create engaging lessons, collaborative activities, and more.

\$13.95 US | \$18.95 CAN
978-1-64604-151-0 (paperback)
978-1-64604-150-3 (ebook)

Season: Fall 2020

Category: Education

Rights: World



In Other Words: Phrases for Growth Mindset

Annie Brock and Heather Hundley

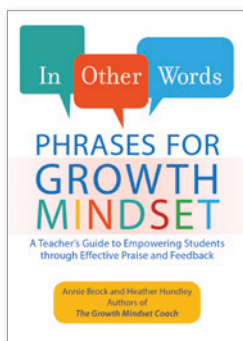
Learn how to effectively bring growth mindset into your community and classroom by choosing impactful language.

\$12.95 US | \$16.95 CAN
978-1-61243-791-0 (paperback)
978-1-61243-814-6 (ebook)

Season: Summer 2018

Category: Education

Rights: World



Introduction to Teaching with Zoom

Madison Salters

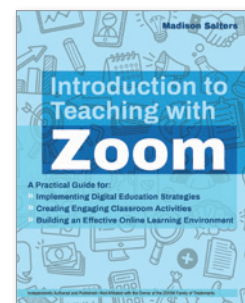
Learn how to take your classroom curriculum digital using Zoom's unique video-conferencing features to connect with students—with amazing results.

\$13.95 US | \$18.95 CAN
978-1-64604-143-5 (paperback)
978-1-64604-152-7 (ebook)

Season: Fall 2020

Category: Education

Rights: World



Leading with Administrator Clarity

Sandy Brunet, Carin Fractor, and Marine Freibrun

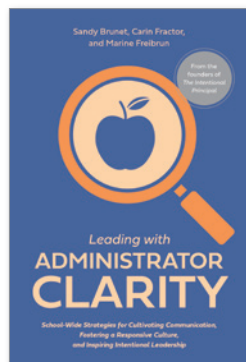
Learn and grow as a more effective administrator and help shape student lives for the better with this handy resource.

\$18.95 US | \$25.95 CAN
978-1-64604-355-2 (paperback)
978-1-64604-380-4 (ebook)

Season: Summer 2022

Category: Education

Rights: World



Morning Meetings for Special Education Classrooms

Felicia Durden, EdD

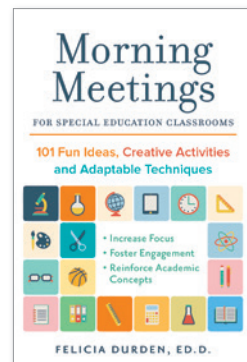
A complete guide for improving the focus and engagement of your special education students by starting the day off right.

\$15.95 US | \$19.95 CAN
978-1-61243-681-4 (paperback)
978-1-61243-702-6 (ebook)

Season: Summer 2017

Category: Education

Rights: World



Math Fluency Activities for K-2 Teachers

Nancy Hughes

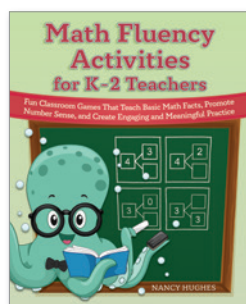
Make learning fun and help your student master math with these parent- and teacher-friendly games and activities designed for kindergarten, first grade, and second grade.

\$19.95 US | \$26.95 CAN
978-1-64604-357-6 (paperback)
978-1-64604-377-4 (ebook)

Season: Fall 2022

Category: Education

Rights: World



My Growth Mindset Journal

Annie Brock and Heather Hundley

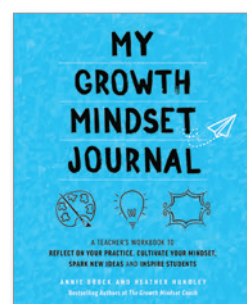
An interactive step-by-step journal for making growth mindset a part of every lesson plan, every class, and every day.

\$15.95 US | \$20.95 CAN
978-1-61243-836-8 (paperback)
978-1-61243-856-6 (ebook)

Season: Fall 2018

Category: Psychology

Rights: World



Morning Meetings and Closing Circles

Monica Dunbar

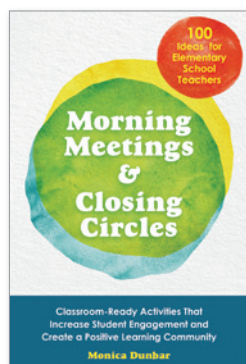
Transform the way you start and end the school day with the fun, interactive, and adaptable lessons, exercises, and activities in this easy-to-use classroom management resource.

\$15.95 US | \$21.95 CAN
978-1-64604-067-4 (paperback)
978-1-64604-069-8 (ebook)

Season: Fall 2020

Category: Education

Rights: World



A Parent's Guide to Virtual Learning

Felicia Durden

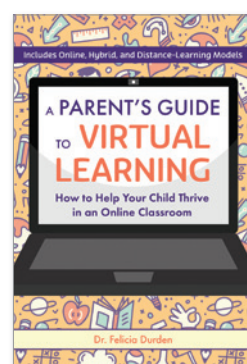
Make kids' virtual school experience fun and effective with this all-in-one primer designed to help busy parents make the most out of digital platforms, understand teaching strategies, and fully support your child's education.

\$16.95 US | \$22.95 CAN
978-1-64604-184-8 (paperback)
978-1-64604-224-1 (ebook)

Season: Summer 2021

Category: Education

Rights: World



Project Based Learning Made Simple

April Smith

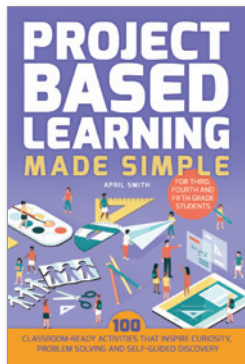
Project Based Learning Made Simple is the fun and engaging way to teach 21st-century competencies including problem solving, critical thinking, collaboration, communication, and creativity.

\$15.95 US | \$21.95 CAN
978-1-61243-796-5 (paperback)
978-1-61243-819-1 (ebook)

Season: Summer 2018

Category: Education

Rights: World



Restorative Practices at School

Becky McCammon

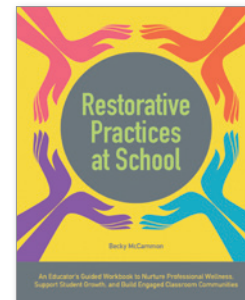
Explore the impact of restorative practices through interactive prompts and exercises designed to examine your role as a teacher or educator and as an agent of school transformation.

\$15.95 US | \$21.95 CAN
978-1-64604-000-1 (paperback)

Season: Spring 2020

Category: Education

Rights: World



Raising Resilient Sons

Colleen Kessler

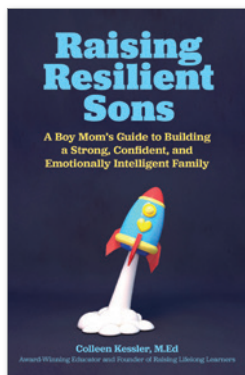
You're a caring mother of boys, part of the "boy mom" phenomenon—now learn how to raise your son to be compassionate, empathetic, and emotionally intelligent with this parenting guide made just for you.

\$16.95 US | \$22.95 CAN
978-1-64604-074-2 (paperback)
978-1-64604-075-9 (ebook)

Season: Fall 2020

Category: Psychology

Rights: World



Student Success through Micro-Adversity

M. Jane and Ty Bricker

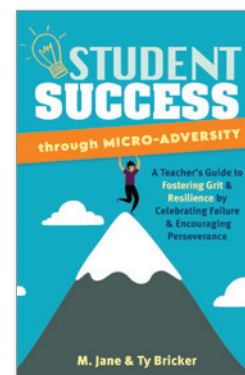
Cultivate resilience by incorporating small challenges (micro-adversities) in your classroom with effective trauma-informed strategies that are proven to improve behavior, increase engagement, and empower students to achieve.

\$15.95 US | \$21.95 CAN
978-1-64604-199-2 (paperback)
978-1-64604-225-8 (ebook)

Season: Summer 2021

Category: Education

Rights: World



Reading with Animal Mini-Books

Celeste Meiergerd

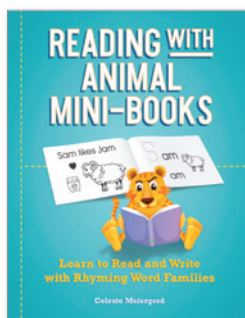
Help new and struggling readers practice reading and writing stories with these interactive, animal-themed mini-books, now with perforated, easy-tear pages.

\$12.95 US | \$17.95 CAN
978-1-64604-253-1 (paperback)

Season: Fall 2021

Category: Education

Rights: World



The Supportive Classroom

Laura Anderson and Jon Bowen

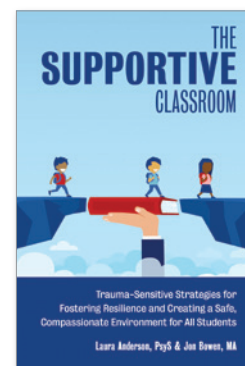
Build a mindful, trauma-aware classroom today with this practical, easy-to-use book. Designed specifically for busy teachers, it is full of strategies and tools for understanding trauma and building empathy.

\$15.95 US | \$21.95 CAN
978-1-64604-045-2 (paperback)
978-1-64604-116-9 (ebook)

Season: Summer 2020

Category: Education

Rights: World



Talking with Your Toddler

Teresa Laikko and Laura Laikko

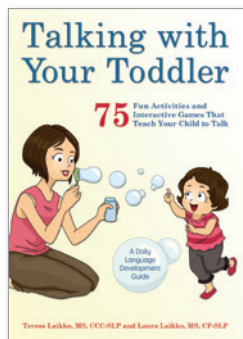
Ignite verbal communication with your toddler with this handy parent's guide that turns professional language development into child's play.

\$15.95 US | \$21.95 CAN
978-1-61243-571-8 (paperback)
978-1-61243-589-3 (ebook)

Season: Summer 2016

Category: Family & Relationships

Rights: World



Teach Reading with Orton-Gillingham: Early Reading Skills

Heather MacLeod-Vidal and Kristina Smith

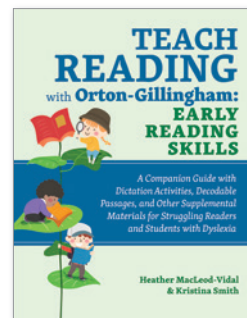
Make reading easy and fun for early elementary readers with this ready-to-use book packed full of proven Orton-Gillingham (OG) reading resources.

\$19.95 US | \$26.95 CAN
978-1-64604-405-4 (paperback)
978-1-64604-434-4 (ebook)

Season: Fall 2022

Category: Education

Rights: World



Talking with Your Toddler Activity Book

Teresa Laikko and Laura Laikko

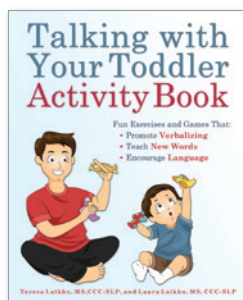
Help your child learn and practice talking with this fun activity book packed with family-friendly exercises, conversation topics, and vocabulary recommendations—perfect for parents who want to make sure their child develops a firm grasp of language and speech.

\$17.95 US | \$24.95 CAN
978-1-64604-194-7 (paperback)

Season: Summer 2021

Category: Family & Relationships

Rights: World



Teach Writing with Growth Mindset

Sara Hoeve

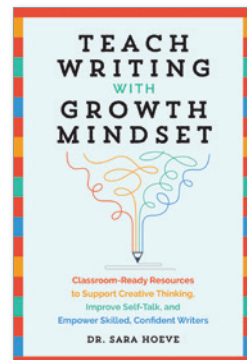
Set students up for a lifetime of writing success with activities and strategies for supercharging creativity, supporting engagement, and boosting confidence in an easy-to-use resource made just for busy teachers.

\$15.95 US | \$21.95 CAN
978-1-64604-313-2 (paperback)
978-1-64604-339-2 (ebook)

Season: Spring 2022

Category: Education

Rights: World



Teach Reading with Orton-Gillingham

Heather MacLeod-Vidal and Kristina Smith

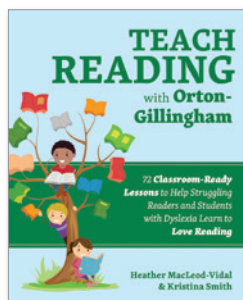
Give young readers the tools they need to improve reading fluency and master letter-sound relationships with this teacher-friendly book of multisensory lessons based on the proven Orton-Gillingham (OG) reading approach.

\$19.95 US | \$26.95 CAN
978-1-64604-101-5 (paperback)
978-1-64604-102-2 (ebook)

Season: Fall 2020

Category: Education

Rights: World



Teaching with Equity

Aja Hannah

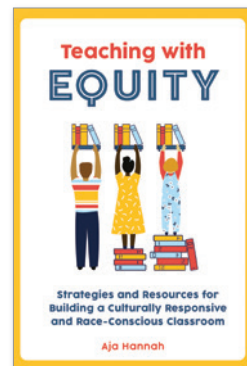
Learn how to incorporate equitable teaching practices in your everyday classroom with this informative guide designed to help your young students thrive.

\$15.95 US | \$21.95 CAN
978-1-64604-356-9 (paperback)
978-1-64604-379-8 (ebook)

Season: Summer 2022

Category: Education

Rights: World



The Three Little Pigs Teach Growth Mindset

Will Hussey and Barry Hymer

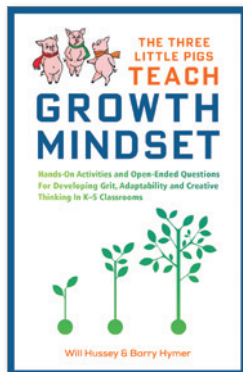
Help your students develop a growth mindset with these ready-to-use classroom activities.

\$14.95 US | \$19.50 CAN
978-1-61243-902-0 (paperback)
978-1-61243-928-0 (ebook)

Season: Spring 2019

Category: Education

Rights: US, Canada



Visible Learning Day by Day

Felicia Durden

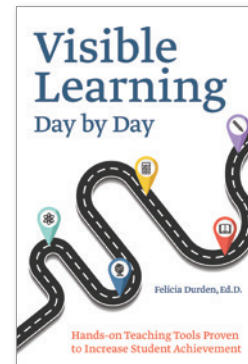
This innovative approach to teaching makes students active participants in their own education. Visible learning will improve your student's growth by making the teaching process open and accessible to them.

\$15.95 US | \$20.95 CAN
978-1-61243-765-1 (paperback)
978-1-61243-776-7 (ebook)

Season: Spring 2018

Category: Education

Rights: World



Veni Vidi Didici

Jason Talley

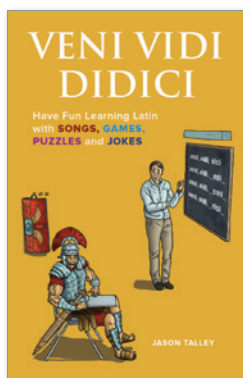
An engaging Latin guide filled with all sorts of fun and laughs that make learning the language a blast!

\$12.95 US | \$15.95 CAN
978-1-61243-673-9 (paperback)
978-1-61243-711-8 (ebook)

Season: Summer 2017

Category: Education

Rights: World



7 Weeks to 10 Pounds of Muscle

Brett Stewart and Jason Warner

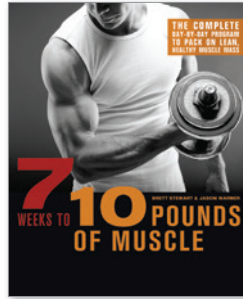
Learn how to pack on 10 pounds of lean muscle in under two months with step-by-step exercises and diet plans from best-selling fitness authors Brett Stewart and Jason Warner.

\$15.95 US | \$21.95 CAN
978-1-61243-122-2 (paperback)
978-1-61243-151-2 (ebook)

Season: Spring 2013

Category: Cooking

Rights: World



7 Weeks to 50 Pull-Ups

Brett Stewart

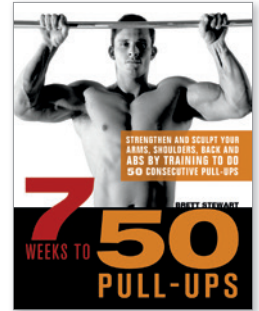
Sculpt your arms, back, shoulders, and abs with this best-selling guide to mastering one of the greatest body-weight exercises of all time: the pull-up.

\$15.95 US | \$17.50 CAN
978-1-56975-921-9 (paperback)
978-1-56975-948-6 (ebook)

Season: Summer 2011

Category: Sports & Recreation

Rights: World



7 Weeks to 100 Push-Ups

Steve Speirs

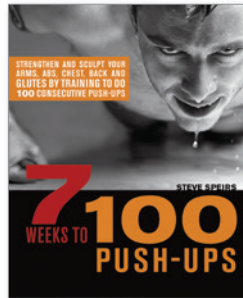
Learn how to successfully boost your upper-body and core strength and build muscle with the exercise program the *New York Times* says “tests the whole body, engaging muscle groups in the arms, chest, abdomen, hips, and legs.”

\$15.95 US | \$17.50 CAN
978-1-56975-707-9 (paperback)
978-1-56975-743-7 (ebook)

Season: Summer 2009

Category: Health & Fitness

Rights: World



7 Weeks to a 10K

Brett Stewart

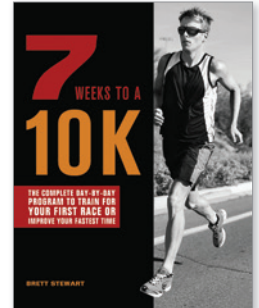
Jump-start your next 10K race in just 7 weeks with the day-by-day running guide and training handbook from best-selling fitness author Brett Stewart.

\$15.95 US | \$18.95 CAN
978-1-61243-188-8 (paperback)
978-1-61243-192-5 (ebook)

Season: Summer 2013

Category: Sports & Recreation

Rights: World



7 Weeks to 300 Sit-Ups

Brett Stewart

A surefire program that trains anyone to do 300 consecutive sit-ups.

\$16.95 US | \$22.95 CAN
978-1-61243-049-2 (paperback)
978-1-61243-073-7 (ebook)

Season: Spring 2012

Category: Health & Fitness

Rights: World



7 Weeks to a Triathlon

Brett Stewart and Lewis Elliot

Train and prepare for your first race with this comprehensive guide to triathlons for beginners from best-selling fitness author and professional trainer Brett Stewart.

\$15.95 US | \$21.95 CAN
978-1-61243-096-6 (paperback)
978-1-61243-136-9 (ebook)

Season: Summer 2012

Category: Sports & Recreation

Rights: World



7 Weeks to Getting Ripped

Brett Stewart

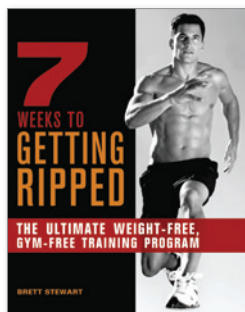
Sculpt your arms, shoulders, back, abs, legs, and butt in just 7 weeks.

\$15.95 US | \$9.99 CAN
978-1-61243-026-3 (paperback)
978-1-61243-036-2 (ebook)

Season: Spring 2012

Category: Sports & Recreation

Rights: World



Anatomy of Martial Arts

Norman Link and Lily Chou

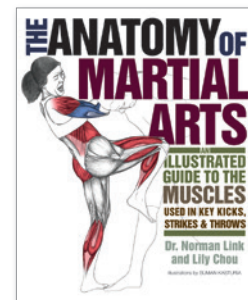
Unlock the power of the takedowns, strikes, and defenses in martial arts, from Kendo and Karate to JiuJitsu and Judo, with this illustrated guide to the muscles and anatomy behind each movement.

\$29.95 US | \$39.95 CAN
978-1-56975-787-1 (paperback)
978-1-56975-837-3 (ebook)

Season: Spring 2011

Category: Science

Rights: World



Ab Wheel Workouts

Karl Knopf

Take ab wheel workouts to the next level with carefully designed programs that work the entire body.

\$14.95 US | \$17.50 CAN
978-1-61243-233-5 (paperback)
978-1-61243-248-9 (ebook)

Season: Fall 2013

Category: Health & Fitness

Rights: World



Badass Boxing Workouts

Jennifer Chieng

Gain stability, muscle tone, stamina, and self-improvement, all while transforming your body and kicking ass.

\$16.95 US | \$19.50 CAN
978-1-61243-875-7 (paperback)
978-1-61243-889-4 (ebook)

Season: Spring 2019

Category: Sports & Recreation

Rights: World



Action Movie Hero Workouts

Dave Randolph

Learn to pack on muscle quickly and efficiently, the way that Hollywood actors do for their upcoming superhero roles, with this complete guide to ultra-fast bodybuilding from renowned trainer Dave Randolph.

\$16.95 US | \$19.50 CAN
978-1-61243-063-8 (paperback)
978-1-61243-074-4 (ebook)

Season: Spring 2013

Category: Health & Fitness

Rights: World



Balance Training

Karon Karter

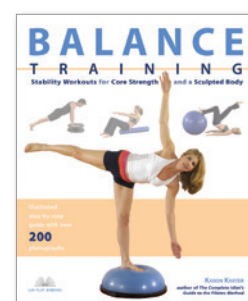
Take balance training to the next level with exercises on all the latest equipment.

\$15.95 US | \$18.95 CAN
978-1-56975-605-8 (paperback)
978-1-56975-748-2 (ebook)

Season: Summer 2007

Category: Sports & Recreation

Rights: World



Bariatric Fitness for Your New Life

Julia Karlstad

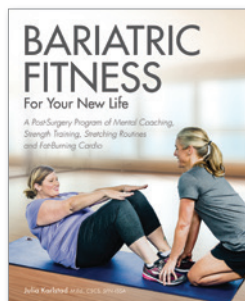
Learn how to maximize the weight-shedding effects of bariatric surgery with this comprehensive guide to exercise after your life-changing weight-loss treatment.

\$15.95 US | \$20.95 CAN
978-1-61243-794-1 (paperback)
978-1-61243-817-7 (ebook)

Season: Summer 2018

Category: Medical

Rights: World



Belly Dancing for Fitness

Tamalyn Dallal

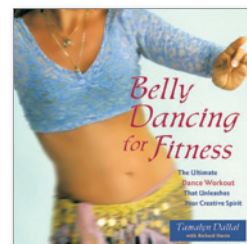
Start with a healthy aerobic workout. Add the fun of dancing. Spice things up with exotic music. Top it off with the twirl of silk and the rhythmic clanging of finger cymbals, and you have *Belly Dancing for Fitness*.

\$14.95 US | \$17.50 CAN
978-1-56975-410-8 (paperback)
978-1-56975-117-6 (ebook)

Season: Fall 2004

Category: Health & Fitness

Rights: World



Beat Osteoporosis with Exercise

Karl Knopf

Discover how low-impact exercise can turn back the clock and reverse the impacts of bone density decline and osteoporosis.

\$15.95 US | \$19.95 CAN
978-1-61243-555-8 (paperback)
978-1-61243-574-9 (ebook)

Season: Spring 2016

Category: Health & Fitness

Rights: World



Black Belt Krav Maga

Darren Levine and Ryan Hoover

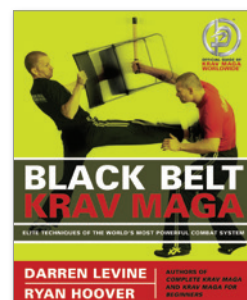
Black Belt Krav Maga teaches and illustrates the discipline's most potent self-defense moves.

\$21.95 US | \$29.95 CAN
978-1-56975-667-6 (paperback)
978-1-56975-811-3 (ebook)

Season: Fall 2009

Category: Health & Fitness

Rights: World



Beginner's Half-Marathon Trainer

Jon Ackland

Prepare for your first half marathon or learn strategies and training regimens to boost your speed and stamina to maximize your performance.

\$14.95 US | \$19.50 CAN
978-1-56975-636-2 (paperback)

Season: Spring 2008

Category: Sports & Recreation

Rights: US Only



Complete Krav Maga

Darren Levine and John Whitman

Learn the ultimate form of self defense with the top-selling guide to Krav Maga in an updated and expanded edition from Darren Levine.

\$24.95 US | \$29.95 CAN
978-1-61243-558-9 (paperback)
978-1-61243-577-0 (ebook)

Season: Summer 2016

Category: Health & Fitness

Rights: World



Core Strength for 50+

Karl Knopf

Stay young, improve your mobility, and prevent injury with the best-selling fitness guide for core strength training for 50-plus from Dr. Karl Knopf.

\$15.95 US | \$21.95 CAN

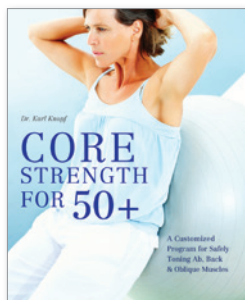
978-1-61243-101-7 (paperback)

978-1-61243-137-6 (ebook)

Season: Summer 2012

Category: Health & Fitness

Rights: World



Doorframe Pull-Up Bar Workouts

Ryan George

Boost your strength, stamina, and endurance with this comprehensive guide to getting the absolute most from your exercises on the pull-up bar for the doorway at home.

\$16.95 US | \$19.95 CAN

978-1-61243-356-1 (paperback)

978-1-61243-384-4 (ebook)

Season: Fall 2014

Category: Health & Fitness

Rights: World



Corps Strength

Paul J. Roarke

Corps Strength applies the same techniques used to develop and maintain each Marine's combat readiness to a day-to-day program for top-level fitness.

\$15.95 US | \$18.95 CAN

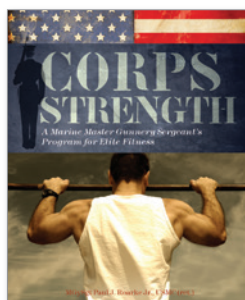
978-1-56975-774-1 (paperback)

978-1-56975-824-3 (ebook)

Season: Spring 2010

Category: Health & Fitness

Rights: World



Dynamic Stretching

Mark Kovacs

Transform your athletic abilities by tapping into this revolutionary dynamic stretching program to help you stay healthy and improve your overall fitness.

\$14.95 US | \$17.50 CAN

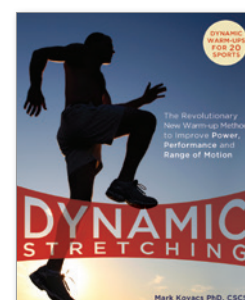
978-1-56975-726-0 (paperback)

978-1-56975-798-7 (ebook)

Season: Fall 2009

Category: Health & Fitness

Rights: World



Deep End of the Pool Workouts

Melisenda Edwards and Katalin Wight

This guide details the hottest new trend in full-body, no-impact exercise—pool workouts where your feet never touch the bottom.

\$15.95 US | \$19.95 CAN

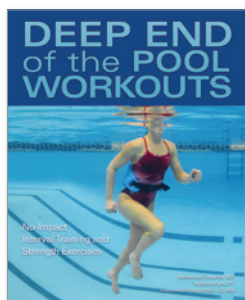
978-1-61243-666-1 (paperback)

978-1-61243-691-3 (ebook)

Season: Summer 2017

Category: Sports & Recreation

Rights: World



Ellie Herman's Pilates Props Workbook

Ellie Herman

This book explains how each prop can enhance Pilates in its own way: the magic circles tone arms, the small ball held between the legs shapes thighs, the foam roller stretches the chest and shoulders, and the large exercise ball builds core stability.

\$16.95 US | \$22.95 CAN

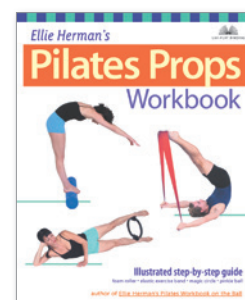
978-1-56975-414-6 (paperback)

978-1-56975-490-0 (ebook)

Season: Summer 2004

Category: Health & Fitness

Rights: World



Ellie Herman's Pilates Workbook on the Ball

Ellie Herman

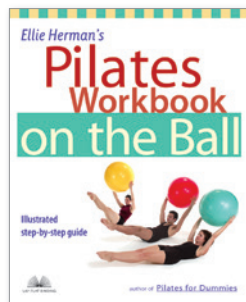
Discover the body-transforming power of Pilates exercises designed for the ball from renowned Pilates instructor, Ellie Herman.

\$14.95 US | \$17.50 CAN
978-1-56975-388-0 (paperback)
978-1-56975-750-5 (ebook)

Season: Fall 2003

Category: Health & Fitness

Rights: World



Foam Roller Workbook, 2nd Edition

Karl Knopf

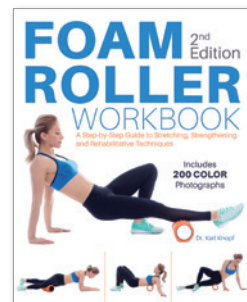
Master the incredible versatility of the foam roller with this full-color, step-by-step guide to end pain, regain range of motion, and prevent injury using the foam roller.

\$15.95 US | \$19.50 CAN
978-1-61243-871-9 (paperback)
978-1-61243-886-3 (ebook)

Season: Spring 2019

Category: Sports & Recreation

Rights: World



End Everyday Pain for 50+

Joseph Tieri

Discover simple methods that will provide you with quick relief and lasting solutions to everyday pain by fixing your body's alignment through stretching and movement.

\$15.95 US | \$21.95 CAN
978-1-61243-604-3 (paperback)
978-1-61243-621-0 (ebook)

Season: Fall 2016

Category: Health & Fitness

Rights: World



Forza the Samurai Sword Workout

Ilaria Montagnani

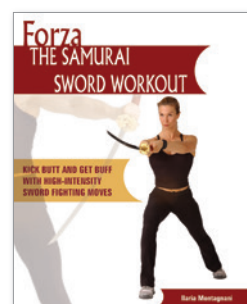
Transforms sword-fighting techniques into a program that combines sword play with a heart-pumping, full-body workout.

\$16.95 US | \$19.95 CAN
978-1-56975-478-8 (paperback)
978-1-56975-753-6 (ebook)

Season: Summer 2005

Category: Sports & Recreation

Rights: World



The Flexible Stretching Strap Workbook

Mark Kovacs

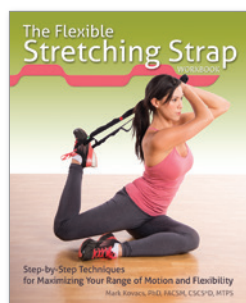
Revolutionize your stretching routines and flexibility with this all-in-one guide to using the highly effective stretch strap.

\$16.95 US | \$22.95 CAN
978-1-61243-367-7 (paperback)
978-1-61243-389-9 (ebook)

Season: Spring 2015

Category: Health & Fitness

Rights: World



Freeweight Training Anatomy

Ryan George

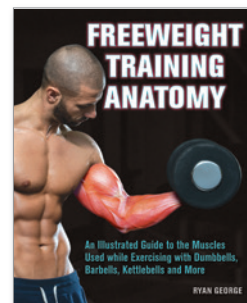
Maximize your strength training programs using free weights with these 100 step-by-step exercises combined with full-color anatomy-of-weightlifting illustrations to guide you through isolating and building individual muscle groups.

\$17.95 US | \$20.95 CAN
978-1-61243-498-8 (paperback)
978-1-61243-535-0 (ebook)

Season: Spring 2016

Category: Health & Fitness

Rights: World



Functional Cross Training

Brett Stewart and Jason Warner

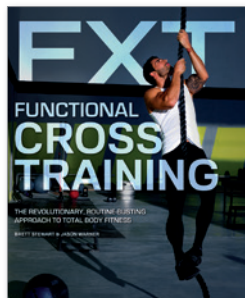
Revolutionize your workouts by incorporating HIIT, plyometrics, weights, and calisthenics into one single body-fat busting, muscle-building plan.

\$15.95 US | \$18.95 CAN
978-1-61243-235-9 (paperback)
978-1-61243-250-2 (ebook)

Season: Spring 2014

Category: Sports & Recreation

Rights: World



Get on It!

Jane Aronovitch, Miriane Taylor, and Colleen Craig

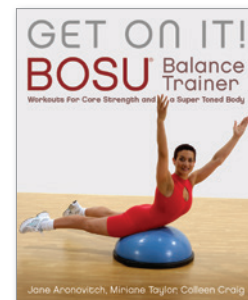
Learn how to supercharge your workouts with dynamic balance training using the BOSU® Balance Trainer to improve core conditioning and strength training.

\$16.95 US | \$22.95 CAN
978-1-56975-589-1 (paperback)
978-1-56975-751-2 (ebook)

Season: Summer 2008

Category: Health & Fitness

Rights: World



Functional Training for Athletes at All Levels

James C. Radcliffe

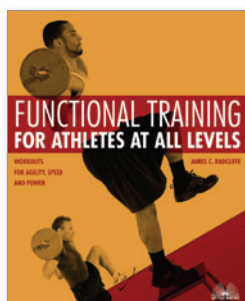
Condition the whole body while maximizing muscular coordination, balance, strength, and speed.

\$15.95 US | \$18.95 CAN
978-1-56975-584-6 (paperback)
978-1-56975-749-9 (ebook)

Season: Spring 2007

Category: Sports & Recreation

Rights: World



The Golfer's Guide to Pilates

Monica Clyde

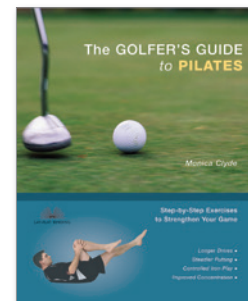
Uses Pilates' combination of strength, flexibility, balance, and mental focus to lower your score and improve every aspect of the game.

\$17.95 US | \$24.95 CAN
978-1-56975-538-9 (paperback)
978-1-56975-757-4 (ebook)

Season: Spring 2006

Category: Sports & Recreation

Rights: World



Get Firefighter Fit

Kevin S. Malley and David K. Spierer

Develop the fitness level and physique of a top-flight firefighter!

\$15.95 US | \$18.95 CAN
978-1-56975-626-3 (paperback)

Season: Summer 2008

Category: Sports & Recreation

Rights: World



The Gym-Free Journal

Brett Stewart

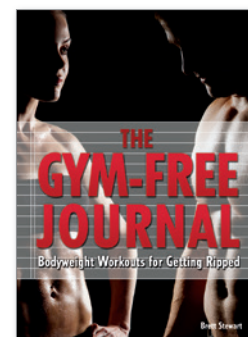
An interactive approach for getting into amazing shape in just 90 days—at home and without fancy equipment.

\$14.95 US | \$17.50 CAN
978-1-61243-277-9 (paperback)
978-1-61243-312-7 (ebook)

Season: Spring 2014

Category: Sports & Recreation

Rights: World



Heal Your Frozen Shoulder

Karl Knopf

Learn how to prevent injury and quicken the healing process from frozen shoulder with this doctor-created, comprehensive at-home rehab, strengthening, and maintenance program.

\$16.95 US | \$20.95 CAN
978-1-61243-643-2 (paperback)
978-1-61243-656-2 (ebook)

Season: Spring 2017

Category: Sports & Recreation

Rights: World



Injury Rehab with Resistance Bands

Karl Knopf

Discover the power of resistance bands in rehabilitating injuries and strengthening the body through low-impact workouts; complete with step-by-step photos.

\$15.95 US | \$19.99 CAN
978-1-61243-449-0 (paperback)
978-1-61243-471-1 (ebook)

Season: Summer 2015

Category: Sports & Recreation

Rights: World



Healthy Hips Handbook

Karl Knopf

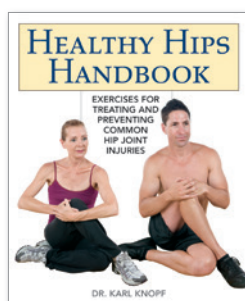
A comprehensive rehab, strengthening and maintenance program for overcoming common hip injuries.

\$16.95 US | \$21.95 CAN
978-1-56975-819-9 (paperback)
978-1-56975-883-0 (ebook)

Season: Fall 2010

Category: Sports & Recreation

Rights: World



Kettlebells for 50+

Karl Knopf

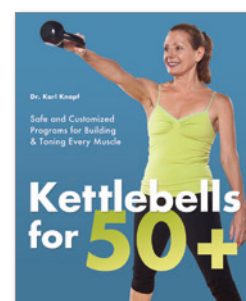
Learn to master exercising with kettlebells to improve stamina, build strength, and exercise your core with this how-to guide by best-selling fitness author, Karl Knopf.

\$15.95 US | \$18.95 CAN
978-1-61243-046-1 (paperback)
978-1-61243-085-0 (ebook)

Season: Spring 2012

Category: Sports & Recreation

Rights: World



Healthy Shoulder Handbook, 2nd Edition

Karl Knopf

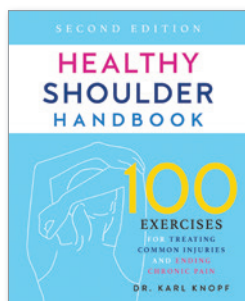
Live pain free once again with this proven guide designed to help you easily treat and prevent injuries like frozen shoulder, rotator cuff, tendinitis, and dislocation right from your own home.

\$15.95 US | \$21.93 CAN
978-1-64604-196-1 (paperback)
978-1-64604-226-5 (ebook)

Season: Summer 2021

Category: Health & Fitness

Rights: World



Kettlebells for Women

Lauren Brooks

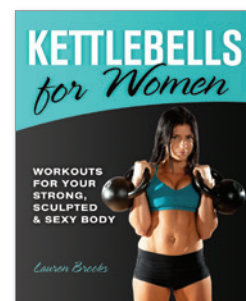
This guide teaches the proper way to use kettlebells so you can use them safely and effectively to transform your current workout into a fun, dynamic program for sculpting and strengthening your entire body.

\$15.95 US | \$17.50 CAN
978-1-61243-027-0 (paperback)
978-1-61243-037-9 (ebook)

Season: Spring 2012

Category: Sports & Recreation

Rights: World



Kinesiology Taping for Rehab and Injury Prevention

Aliana Kim

Learn how to apply and use kinesiology tape (“K tape”) to alleviate everyday injuries and ailments with over 200 step-by-step photos and instructions for every part of the body.

\$12.95 US | \$15.50 CAN
978-1-61243-553-4 (paperback)
978-1-61243-582-4 (ebook)

Season: Summer 2016

Category: Health & Fitness

Rights: World



Make the Pool Your Gym, 2nd Edition

Karl Knopf

Make a splash in your fitness journey with this easy-to-use step-by-step guide to pool aerobics from best-selling fitness author Dr. Karl Knopf.

\$15.95 US | \$21.95 CAN
978-1-64604-507-5 (paperback)
978-1-64604-517-4 (ebook)

Season: Summer 2023

Category: Health & Fitness

Rights: World



Krav Maga for Beginners

Darren Levine and Ryan Hoover

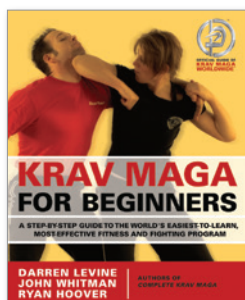
From the authors of *Complete Krav Maga*, a program to get in shape and kick some butt.

\$16.95 US | \$20.50 CAN
978-1-56975-661-4 (paperback)
978-1-56975-537-2 (ebook)

Season: Spring 2009

Category: Health & Fitness

Rights: World



The Martial Artist's Book of Yoga

Lily Chou with Kathe Rothacher

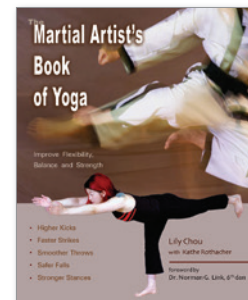
A great training supplement for martial artists, this book clearly illustrates how specific yoga poses can improve one's martial arts abilities.

\$15.95 US | \$19.50 CAN
978-1-56975-472-6 (paperback)
978-1-56975-765-9 (ebook)

Season: Summer 2005

Category: Health & Fitness

Rights: World



Krav Maga for Women

Darren Levine, Ryan Hoover, and Kelly Campbell

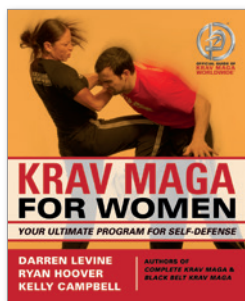
America's top Krav Maga experts offer a street-tested program that shows women how to protect themselves from attackers and flat-out kick some butt.

\$19.95 US | \$26.95 CAN
978-1-56975-987-5 (paperback)
978-1-61243-001-0 (ebook)

Season: Spring 2012

Category: Health & Fitness

Rights: World



Maximum Pain Relief with Your TENS Unit

Doctor Jo

Tips, techniques, and step-by-step color photos to get the most out of your TENS unit.

\$15.95 US | \$19.50 CAN
978-1-61243-937-2 (paperback)
978-1-61243-958-7 (ebook)

Season: Summer 2019

Category: Health & Fitness

Rights: World



Medicine Ball Workouts

Brett Stewart

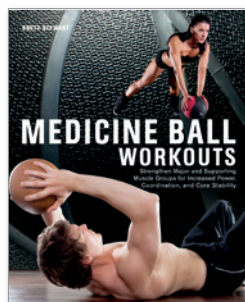
A full-body program featuring step-by-step exercises to sculpt and tone arms, chest, abs, and legs using weighted medicine balls.

\$14.95 US | \$17.50 CAN
978-1-61243-130-7 (paperback)
978-1-61243-156-7 (ebook)

Season: Summer 2013

Category: Health & Fitness

Rights: World



Pilates Workbook for Pregnancy

Michael King and Yolande Green

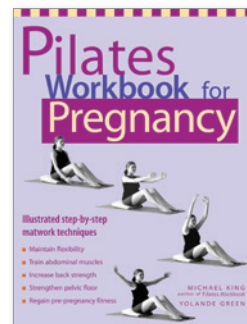
Step-by-step photo sequences of Pilates matwork exercises—adapted here for pregnancy and post-pregnancy.

\$14.95 US
978-1-56975-310-1 (paperback)

Season: Summer 2002

Category: Health & Fitness

Rights: World



Military Mental Toughness

Chris McNab

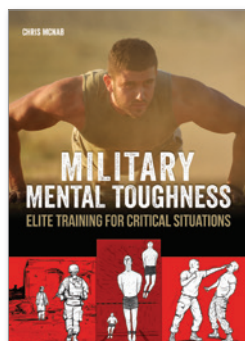
How to think and act like a special ops warrior when facing intense pivotal moments.

\$14.95 US | \$17.50 CAN
978-1-61243-603-6 (paperback)

Season: Fall 2016

Category: Self-Help

Rights: US, Canada



Plyometrics for Athletes at All Levels

Neal Pire

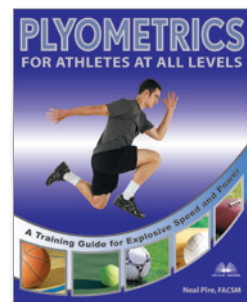
Exercises that will raise the game for athletes at any level.

\$15.95 US | \$18.95 CAN
978-1-56975-559-4 (paperback)
978-1-56975-755-0 (ebook)

Season: Summer 2006

Category: Health & Fitness

Rights: World



Nano Workouts

Joakim Christoffersson

Workout literally anywhere (at work, on the couch, in a chair) with this handy little guide to quick “nano” sized exercises, which will keep you healthy on the go.

\$24.95 US | \$33.95 CAN
978-1-64604-300-2 (paperback)
978-1-61243-205-2 (ebook)

Season: Fall 2021

Category: Health & Fitness

Rights: World



Psoas Strength and Flexibility

Pamela Elgen

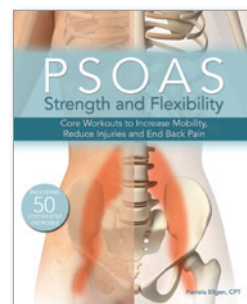
The complete guide to preventing back and hip injuries by strengthening the psoas muscle group connecting your upper and lower body.

\$16.95 US | \$22.95 CAN
978-1-61243-432-2 (paperback)
978-1-61243-465-0 (ebook)

Season: Spring 2015

Category: Health & Fitness

Rights: World



Resistance Band Workbook

Karl Knopf

Learn how to get fit while preventing injury using versatile resistance bands to build muscle and increase range of motion and balance with targeted, step-by-step workouts.

\$14.95 US | \$17.50 CAN
978-1-61243-171-0 (paperback)
978-1-61243-210-6 (ebook)

Season: Spring 2013

Category: Health & Fitness

Rights: World



Sandbag Training Bible

Ben Hirshberg

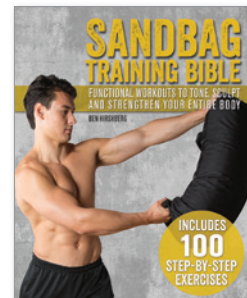
A highly effective strength-training program using the simplest, most affordable “unstable weights.”

\$14.95 US | \$18.50 CAN
978-1-61243-480-3 (paperback)
978-1-61243-502-2 (ebook)

Season: Fall 2015

Category: Health & Fitness

Rights: World



Restoring Flexibility

Andrea Gilats

This fully illustrated step-by-step program shows readers how to optimize stretching and yoga exercises to improve mobility, prevent injury, and promote long-term health.

\$15.95 US | \$19.99 CAN
978-1-61243-491-9 (paperback)
978-1-61243-499-5 (ebook)

Season: Fall 2015

Category: Health & Fitness

Rights: World



The Secret Art of Pressure Point Fighting

Vince Morris

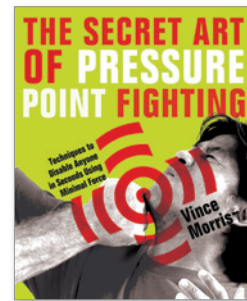
Discover the centuries-old art of pressure point fighting in this step-by-step guide to the most powerful techniques throughout pressure point martial arts.

\$15.95 US | \$18.95 CAN
978-1-56975-623-2 (paperback)
978-1-56975-756-7 (ebook)

Season: Summer 2008

Category: Health & Fitness

Rights: World



Reverse Sarcopenia

Joseph Tieri

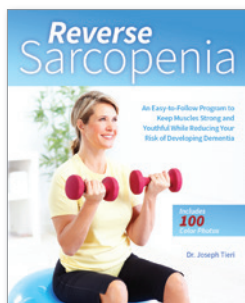
Take control of your physical and brain health with low-level strength training.

\$15.95 US | \$20.95 CAN
978-1-61243-909-9 (paperback)
978-1-61243-918-1 (ebook)

Season: Summer 2019

Category: Health & Fitness

Rights: World



Spartan Warrior Workout

Dave Randolph

Build the strength to stop an army with this best-selling guide to getting action-hero ripped using body weight exercises, kettlebells, and other muscle-building routines.

\$16.95 US | \$22.95 CAN
978-1-56975-791-8 (paperback)
978-1-56975-841-0 (ebook)

Season: Summer 2010

Category: Health & Fitness

Rights: World



Special Forces Fitness Training

Augusta DeJuan Hathaway

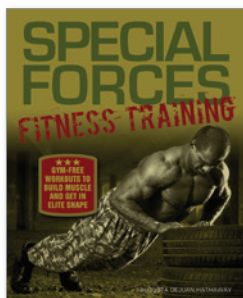
Reshape your body with the intense Navy SEAL and Army Ranger training program aimed at building strength, stamina, and dexterity.

\$15.95 US | \$18.95 CAN
978-1-61243-306-6 (paperback)
978-1-61243-343-1 (ebook)

Season: Summer 2014

Category: Self-Help

Rights: World



Staying Young with Interval Training

Joseph Tieri

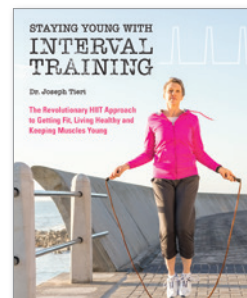
A workout to reverse aging.

\$15.95 US | \$20.95 CAN
978-1-61243-780-4 (paperback)
978-1-61243-803-0 (ebook)

Season: Spring 2018

Category: Health & Fitness

Rights: World



Special Ops Fitness Training

Mark De Lisle

Brings together the fitness secrets and workout routines of the United States' most elite fighting forces.

\$19.95 US | \$26.95 CAN
978-1-56975-582-2 (paperback)
978-1-56975-330-9 (ebook)

Season: Fall 2006

Category: Health & Fitness

Rights: World



Stretching for 50+

Karl Knopf

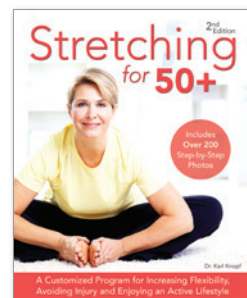
An easy-to-start stretching program for seniors to help you maintain a mobile, active, and healthy lifestyle after 50 and beyond.

\$15.95 US | \$19.95 CAN
978-1-61243-671-5 (paperback)
978-1-61243-710-1 (ebook)

Season: Summer 2017

Category: Health & Fitness

Rights: World



Stability Workouts on the Balance Board

Karl Knopf

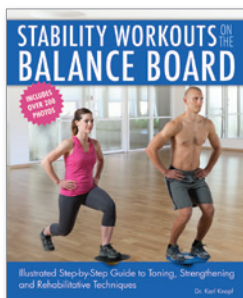
Revolutionize your core strength and balance with this step-by-step guidebook to the balance board from best-selling fitness and rehab author, Dr. Karl Knopf.

\$15.95 US | \$19.50 CAN
978-1-61243-490-2 (paperback)
978-1-61243-510-7 (ebook)

Season: Fall 2015

Category: Sports & Recreation

Rights: World



Suspended Bodyweight Training

Kenneth Leung with Lily Chou

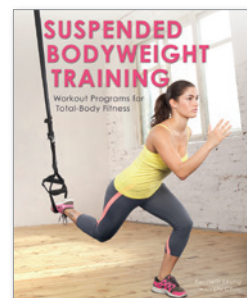
A step-by-step guide to using TRX, Lifeline, and other suspension-training equipment to get a toned and muscular body both in the gym and at home.

\$15.95 US | \$18.95 CAN
978-1-61243-410-0 (paperback)
978-1-61243-426-1 (ebook)

Season: Spring 2015

Category: Health & Fitness

Rights: World



Therapy Ball Workbook

Karl Knopf

Discover how to maximize the pain-relieving potential of therapy balls in this all-encompassing, step-by-step guide to one of the most powerful tools in physical therapy and rehabilitation.

\$15.95 US | \$21.95 CAN

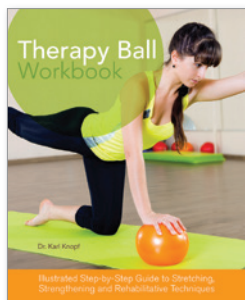
978-1-61243-299-1 (paperback)

978-1-61243-345-5 (ebook)

Season: Summer 2014

Category: Sports & Recreation

Rights: World



Trigger Point Therapy with the Foam Roller

Karl Knopf and Chris Knopf

Unlock the healing powers of the trigger-point foam roller with step-by-step exercises anyone can do at home and in the gym.

\$14.95 US | \$17.50 CAN

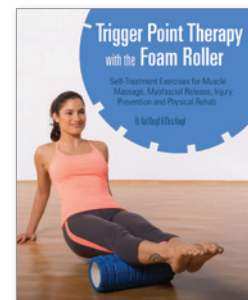
978-1-61243-354-7 (paperback)

978-1-61243-390-5 (ebook)

Season: Fall 2014

Category: Health & Fitness

Rights: World



Total Heart Rate Training

Joe Friel

Amplify workouts with cutting-edge training techniques and the latest high-tech heart rate monitors.

\$17.95 US | \$24.95 CAN

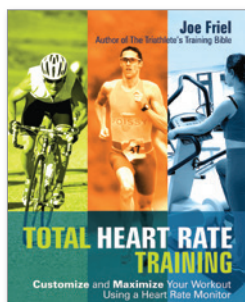
978-1-56975-562-4 (paperback)

978-1-56975-389-7 (ebook)

Season: Fall 2006

Category: Sports & Recreation

Rights: World



Ultimate Booty Workouts

Tamara Grand

An easy, effective workout program for a perky, toned, and sexy backside.

\$15.95 US | \$21.95 CAN

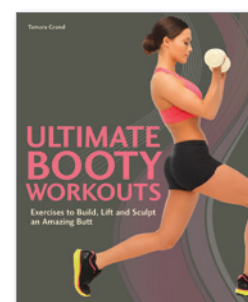
978-1-61243-278-6 (paperback)

978-1-61243-320-2 (ebook)

Season: Spring 2014

Category: Health & Fitness

Rights: World



Total Sports Conditioning for Athletes 50+

Karl Knopf

Total Sports Conditioning for Athletes 50+ includes beginner, intermediate, and advanced exercises, over 200 step-by-step photos, plus more than a dozen sport-specific workouts.

\$14.95 US | \$17.50 CAN

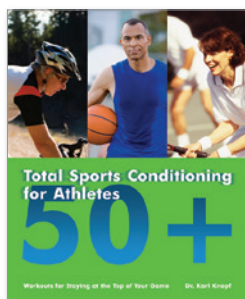
978-1-56975-647-8 (paperback)

978-1-56975-769-7 (ebook)

Season: Summer 2008

Category: Health & Fitness

Rights: World



Ultimate Core Ball Workout

Jeanine Detz

Transform your core muscles with unstable workouts using the exercise ball with this revolutionary fitness book from author Jeanine Detz.

\$19.95 US | \$26.95 CAN

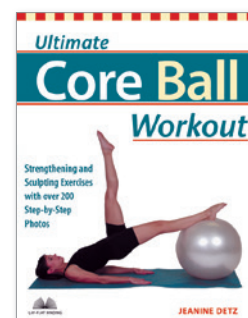
978-1-56975-468-9 (paperback)

978-1-56975-327-9 (ebook)

Season: Summer 2005

Category: Health & Fitness

Rights: World



Ultimate Jump Rope Workouts

Brett Stewart and Jason Warner

The ultimate eight-week program for enhancing coordination, agility, quickness, footwork, and endurance—all with a \$5 rope.

\$16.95 US | \$22.95 CAN
978-1-61243-060-7 (paperback)
978-1-61243-093-5 (ebook)

Season: Summer 2012

Category: Health & Fitness

Rights: World



Ultimate Olympic Weightlifting

Dave Randolph

Get lifting with the quintessential weight-training guide to Olympic-level competition, complete with step-by-step instructions and detailed pictures.

\$17.95 US | \$24.95 CAN
978-1-61243-445-2 (paperback)
978-1-61243-466-7 (ebook)

Season: Summer 2015

Category: Health & Fitness

Rights: World



The Ultimate Kettlebell Workbook

Dave Randolph

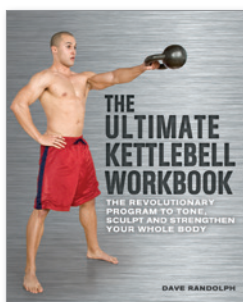
Take your workout to the next level with kettlebells, the “unstable weights” that are changing the face of strength training.

\$15.95 US | \$18.95 CAN
978-1-56975-874-8 (paperback)
978-1-56975-917-2 (ebook)

Season: Summer 2011

Category: Sports & Recreation

Rights: World



Weighted Vest Workouts

Jonathan Thompson

A revolutionary program for utilizing “wearable” weights to take one’s gym-free workout to the next level.

\$14.95 US | \$17.50 CAN
978-1-61243-405-6 (paperback)
978-1-61243-428-5 (ebook)

Season: Spring 2015

Category: Health & Fitness

Rights: World



Ultimate Obstacle Race Training

Brett Stewart

A guide to America’s hot fitness challenge—extreme obstacle courses.

\$16.95 US | \$19.95 CAN
978-1-61243-104-8 (paperback)
978-1-61243-142-0 (ebook)

Season: Fall 2012

Category: Health & Fitness

Rights: World



Weights for 50+

Karl Knopf

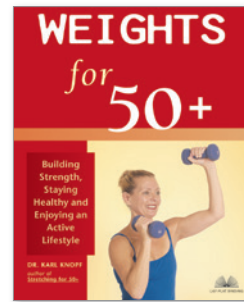
Shows how easy it is for a 50+ person to lift weights, stay fit and active, and also guard against osteoporosis, diabetes, and heart disease.

\$15.95 US | \$17.50 CAN
978-1-56975-511-2 (paperback)
978-1-56975-098-8 (ebook)

Season: Fall 2005

Category: Health & Fitness

Rights: World



Weights for Weight Loss

Ellen Barrett

A realistic weight-training program designed to drop pounds quickly, safely, and permanently.

\$15.95 US | \$18.95 CAN

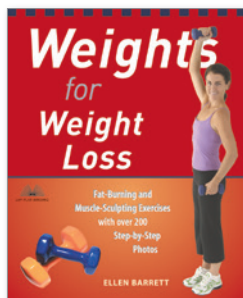
978-1-56975-514-3 (paperback)

978-1-56975-761-1 (ebook)

Season: Fall 2005

Category: Health & Fitness

Rights: World



Workouts from Boxing's Greatest Champs

Gary Todd

Features interviews, workout secrets, and behind-the-scenes details about the champs. Illustrated with step-by-step photos of each exercise as well as dramatic portraits of the boxers

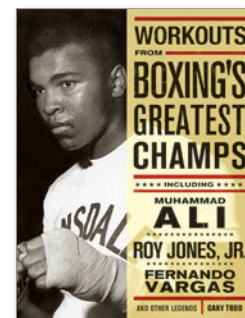
\$24.95 US | \$33.95 CAN

978-1-56975-443-6 (paperback)

Season: Fall 2004

Category: Health & Fitness

Rights: World



Weights on the Ball Workbook

Steve Stiefel

With exercises suited for all skill levels, *Weights on the Ball Workbook* shows how to simultaneously use both weights and the exercise ball for the ultimate total-body workout.

\$16.95 US | \$22.95 CAN

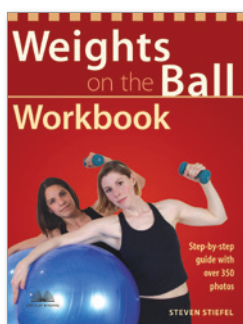
978-1-56975-412-2 (paperback)

978-1-56975-754-3 (ebook)

Season: Summer 2004

Category: Health & Fitness

Rights: World



Yoga for 50+

Richard Rosen

An illustrated step-by-step guide to learning yoga by gently increasing flexibility over time.

\$16.95 US | \$19.95 CAN

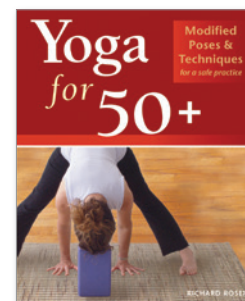
978-1-56975-413-9 (paperback)

978-1-56975-752-9 (ebook)

Season: Summer 2004

Category: Health & Fitness

Rights: World



Weights on the BOSU® Balance Trainer

Brett Stewart and Jason Warner

Take your weight training to the next level with the BOSU® Balance Trainer to create dynamic workouts that condition and strengthen every muscle.

\$16.95 US | \$18.50 CAN

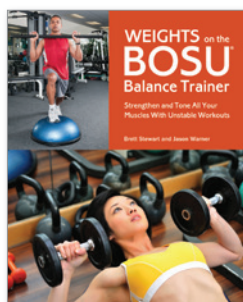
978-1-61243-127-7 (paperback)

978-1-61243-162-8 (ebook)

Season: Summer 2013

Category: Sports & Recreation

Rights: World



The Yoga-Body Cleanse

Robin Westen

Enhance your spiritual and physical yoga practice with a week-long ayurveda diet to reset and detox your body and mind.

\$15.95 US | \$21.95 CAN

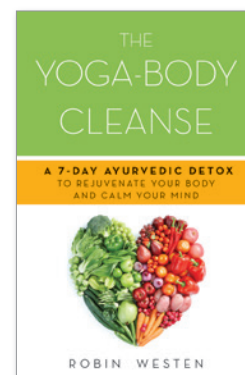
978-1-61243-279-3 (paperback)

978-1-61243-321-9 (ebook)

Season: Fall 2013

Category: Cooking

Rights: World



American Apocalypse

Nova

Read the startling prescient novel by acclaimed author Nova. With the economy in free fall and millions out of work, America's fragile democracy collapses.

\$14.95 US | \$17.50 CAN
978-1-56975-903-5 (paperback)
978-1-56975-949-3 (ebook)

Season: Spring 2011

Category: Fiction

Rights: World



The Darkness After

Scott B. Williams

In this riveting dystopian YA thriller, two teenagers are forced to battle their way through a collapsing New Orleans after an EMP brings down the country's electrical grid.

\$15.95 US | \$21.95 CAN
978-1-61243-184-0 (paperback)
978-1-61243-209-0 (ebook)

Season: Summer 2013

Category: Young Adult Fiction

Rights: World



American Apocalypse Wastelands

Nova

As millions struggle to survive in the wasteland that the United States has become, a young man fights to maintain its founding promise in this riveting post-apocalyptic thriller.

\$15.95 US | \$21.95 CAN
978-1-56975-977-6 (paperback)
978-1-56975-996-7 (ebook)

Season: Summer 2011

Category: Fiction

Rights: World



Lusty Little Women

Margaret Pearl

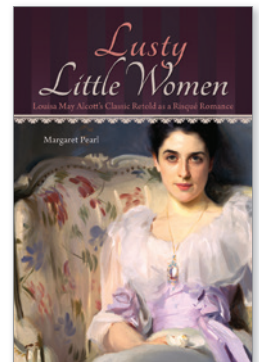
The secret desires of the March sisters.

\$14.95 US | \$17.50 CAN
978-1-61243-302-8 (paperback)
978-1-61243-336-3 (ebook)

Season: Summer 2014

Category: Fiction

Rights: World



The Ballad of Gregoire Darcy

Marsha Altman

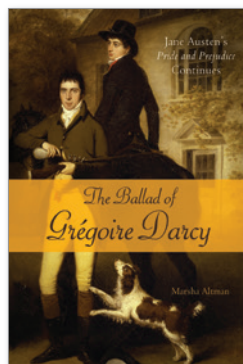
A riveting sequel to *Pride and Prejudice* that captures Jane Austen's style and wit, and brings old favorites and new characters to life.

\$14.95 US | \$17.50 CAN
978-1-56975-937-0 (paperback)
978-1-56975-962-2 (ebook)

Season: Summer 2011

Category: Fiction

Rights: World



Mr. Darcy's Decision

Juliette Shapiro

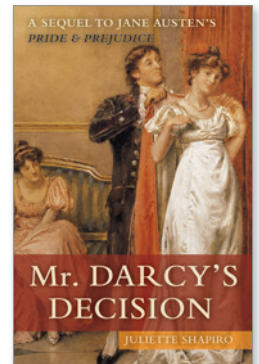
A witty and engaging Austen-like novel.

\$16.95 US | \$22.95 CAN
978-1-56975-682-9 (paperback)
978-1-56975-361-3 (ebook)

Season: Summer 2008

Category: Fiction

Rights: World



Opening Act

Dish Tillman

No woman can resist sexy and seductive Shay, front man for the hot new band everyone's talking about. When best friends Zee and Loni meet him after a concert, Zee practically throws herself at him. But not Loni. A smart and savvy literature student, Loni wants a man with brains, not bravado. So when Shay goes for her instead, she wants no part of it.

\$14.95 US | \$17.50 CAN

978-1-61243-301-1 (paperback)

978-1-61243-341-7 (ebook)

Season: Summer 2014

Category: Fiction

Rights: World



Refuge After the Collapse

Scott B. Williams

The riveting sequel to *The Pulse*—a story of survival after the catastrophic destruction of America's power grid throws the country into darkness and chaos.

\$15.95 US | \$21.95 CAN

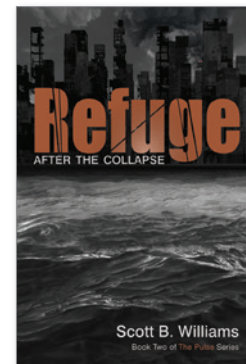
978-1-61243-295-3 (paperback)

978-1-61243-324-0 (ebook)

Season: Fall 2014

Category: Fiction

Rights: World



Patriots

James Wesley Rawles

America faces a full-scale socioeconomic collapse—the stock market plummets, commerce is crippled, and the mounting crisis passes the tipping point—in this thrilling novel with more than 250,000 copies in print.

\$14.95 US | \$17.50 CAN

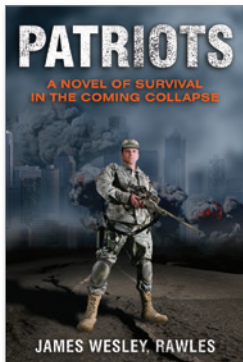
978-1-56975-599-0 (paperback)

978-1-56975-229-6 (ebook)

Season: Spring 2009

Category: Fiction

Rights: World



Sanditon

Jane Austen and Juliette Shapiro

Travel to the quaint seaside town of Sanditon, where romance, intrigue and adventure fill in Jane Austen's amazing, unfinished masterpiece.

\$14.95 US | \$17.50 CAN

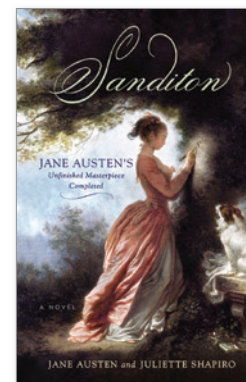
978-1-56975-621-8 (paperback)

978-1-56975-375-0 (ebook)

Season: Spring 2009

Category: Fiction

Rights: World



The Pulse

Scott B. Williams

Survival in the United States is thrown into doubt when an electromagnetic pulse (EMP) destroys the power grid in this riveting thriller set in the sweltering and chaotic South.

\$14.95 US | \$16.95 CAN

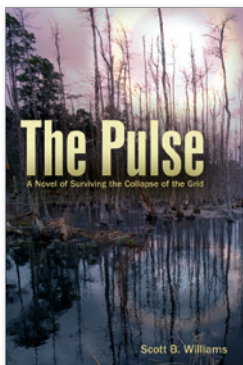
978-1-61243-054-6 (paperback)

978-1-61243-090-4 (ebook)

Season: Summer 2012

Category: Fiction

Rights: World



The Secret Corps

Peter Telep

From *New York Times* best-selling author Peter Telep comes the fast-paced thriller where corruption within the US intelligence agencies are uncovered by those with the ultimate courage, honor, and commitment to our great nation—the Marines.

\$17.95 US | \$24.95 CAN

978-1-64604-296-8 (paperback)

978-1-61243-632-6 (ebook)

Season: Spring 2022

Category: Fiction

Rights: World



Sensing Light

Mark A. Jacobson

A stunning story of three doctors' struggles in San Francisco during the first decade of the AIDS epidemic.

\$15.95 US | \$18.95 CAN

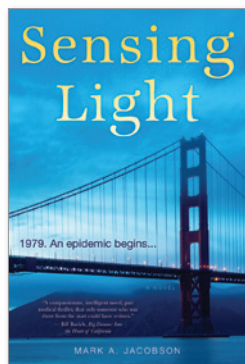
978-1-61243-570-1 (paperback)

978-1-61243-588-6 (ebook)

Season: Summer 2016

Category: Fiction

Rights: World



Very Short Stories

Sean Hill

Creative fiction that fits on a post-it but can move readers with powerful tales of love, life, death, and everyday life.

\$15.95 US | \$21.95 CAN

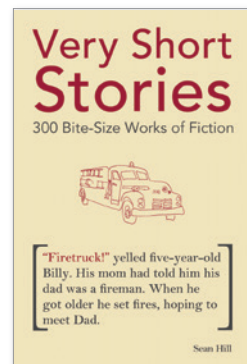
978-1-61243-016-4 (paperback)

978-1-61243-032-4 (ebook)

Season: Fall 2011

Category: Fiction

Rights: World



HEALTH & DIET

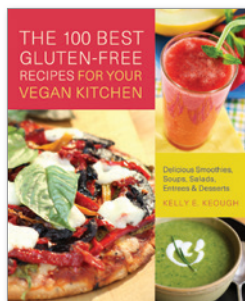
The 100 Best Gluten-Free Recipes for Your Vegan Kitchen

Kelly E. Keough

Learn how to whip up delicious gluten-free, animal-free dishes quickly and easily in your home kitchen with celebrated vegan chef Kelly Keough.

\$14.95 US | \$17.50 CAN
978-1-56975-872-4 (paperback)
978-1-56975-906-6 (ebook)

Season: Spring 2011
Category: Cooking
Rights: World



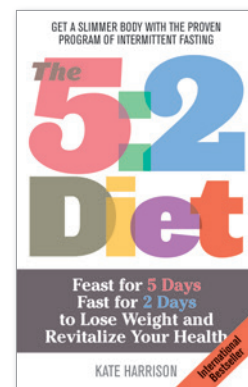
The 5:2 Diet

Kate Harrison

The revolutionary new diet that utilizes the proven approach of intermittent fasting to achieve a slimmer body.

\$14.95 US | \$15.50 CAN
978-1-61243-269-4 (paperback)
978-1-61243-322-6 (ebook)

Season: Fall 2013
Category: Health & Fitness
Rights: World



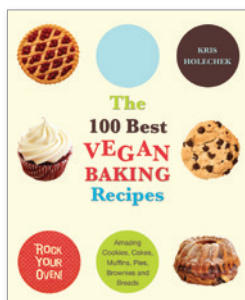
The 100 Best Vegan Baking Recipes

Kris Holechek Peters

Bake up all your favorites, without the animal products, with 100 fantastic vegan baking recipes from best-selling cookbook author Kris Holechek Peters.

\$15.95 US | \$16.50 CAN
978-1-56975-714-7 (paperback)
978-1-56975-795-6 (ebook)

Season: Fall 2009
Category: Cooking
Rights: World



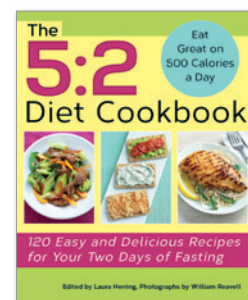
The 5:2 Diet Cookbook

Laura Herring

Discover the weight-slashing benefits of the 5:2 Diet with this collection of mouth-watering recipes that will keep you feeling full despite cutting out the calories in every meal.

\$29.95 US | \$39.95 CAN
978-1-61243-282-3 (paperback)
978-1-61243-308-0 (ebook)

Season: Fall 2013
Category: Cookbook
Rights: US, Canada



The 2-Day Superfood Cleanse

Robin Westen

Unleashing the healing power of superfoods, these health-packed recipes satisfy your hunger while flushing toxins from your system.

\$14.95 US | \$17.95 CAN
978-1-61243-292-2 (paperback)
978-1-61243-346-2 (ebook)

Season: Spring 2014
Category: Health & Fitness
Rights: World



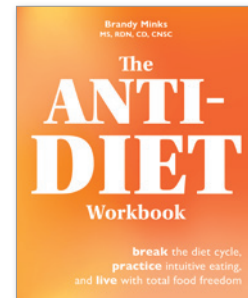
The Anti-Diet Workbook

Brandy Minks

Ditch harmful fad diets and weight cycling, learn to respect your body, and eat intuitively with this easy-to-use workbook.

\$19.95 US | \$26.95 CAN
978-1-64604-309-5 (paperback)
978-1-64604-321-7 (ebook)

Season: Spring 2022
Category: Health & Fitness
Rights: World



The Athlete's Cookbook

Brett Stewart and Corey Irwin

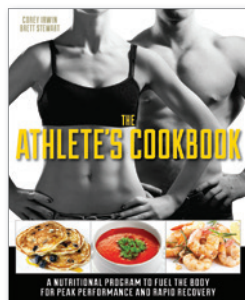
A step-by-step plan to help any athlete build muscle, lose fat, and compete at a higher level.

\$15.95 US | \$18.95 CAN
978-1-61243-230-4 (paperback)
978-1-61243-249-6 (ebook)

Season: Spring 2014

Category: Cooking

Rights: World



The Better Period Food Solution

Tracy Lockwood Beckerman

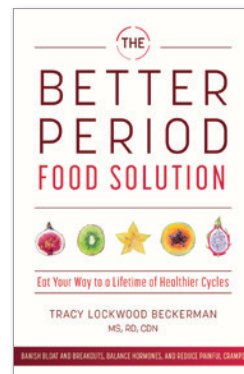
Transform your periods using all-natural solutions like diet, vitamins, and hormone-balancing nutrition in this all-encompassing period repair manual from author Tracy Lockwood Beckerman.

\$15.95 US | \$21.95 CAN
978-1-61243-939-6 (paperback)
978-1-61243-951-8 (ebook)

Season: Fall 2019

Category: Health & Fitness

Rights: World



Baking for the Specific Carbohydrate Diet

Kathryn Anible

Delicious baked goods that soothe gluten intolerance, celiac disease, IBD, IBS, Crohn's disease, ulcerative colitis, diabetes, and food allergies.

\$14.95 US | \$18.50 CAN
978-1-61243-489-6 (paperback)
978-1-61243-511-4 (ebook)

Season: Fall 2015

Category: Cooking

Rights: World



Beyond the Master Cleanse

Tom Woloshyn

Learn how to maximize the incredible benefits of the 10-day lemonade diet long after you've finished the Master Cleanse with this in-depth guide to staying healthy, continuing to cleanse your body, and keeping weight off.

\$14.95 US | \$17.50 CAN
978-1-56975-690-4 (paperback)
978-1-56975-165-7 (ebook)

Season: Spring 2009

Category: Health & Fitness

Rights: World



Baking Magic with Aquafaba

Kelsey Kinser

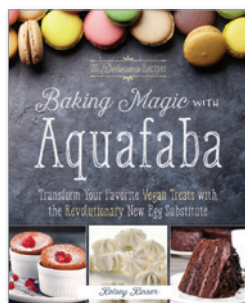
An egg replacement breakthrough that brings never-before tasted texture and lightness to vegan recipes, aquafaba creates fluffy baked goods and rich savory dishes without the help of eggs.

\$14.95 US | \$19.50 CAN
978-1-61243-721-7 (paperback)
978-1-61243-741-5 (ebook)

Season: Fall 2017

Category: Cooking

Rights: World



Bringing Home the Seitan

Kris Holechek Peters

An expansive collection of exciting seitan recipes for hearty, healthy, mouthwatering meals.

\$14.95 US | \$17.50 CAN
978-1-61243-608-1 (paperback)
978-1-61243-615-9 (ebook)

Season: Fall 2016

Category: Cooking

Rights: World



Candida Cleanse

Sondra Forsyth

Follow the powerful detox in this book and you'll be rejuvenated in no time. By quickly killing the excessive candida inside your body, this cleanse ends the pain, tiredness, bloating, and other health problems caused by the fungus.

\$15.95 US | \$17.50 CAN

978-1-61243-305-9 (paperback)

978-1-61243-325-7 (ebook)

Season: Summer 2014

Category: Health & Fitness

Rights: World



Cold Press Juice Bible

Lisa Sussman

Discover the incredible health effects of juice with the complete guide to juicing, dieting, and cleansing using a slow-masticating juicer.

\$14.95 US | \$17.50 CAN

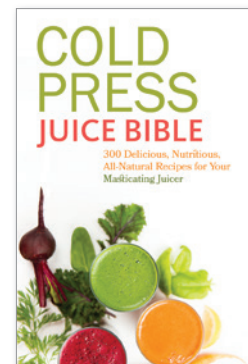
978-1-61243-393-6 (paperback)

978-1-61243-414-8 (ebook)

Season: Fall 2014

Category: Health & Fitness

Rights: World



Cast Iron Paleo

Pamela Ellegen

Paleo cooking has never been easier than with this collection of quick cast-iron skillet recipes!

\$15.95 US | \$20.99 CAN

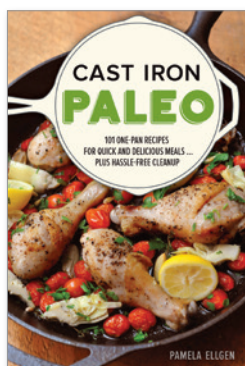
978-1-61243-640-1 (paperback)

978-1-61243-652-4 (ebook)

Season: Fall 2016

Category: Cooking

Rights: World



The Collagen Diet

Pamela Schoenfeld

This is the first-ever resource on harnessing the power of collagen with food and supplements to support anti-aging as well as healthier skin, hair, and joints.

\$15.95 US | \$19.50 CAN

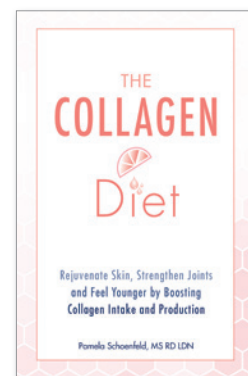
978-1-61243-832-0 (paperback)

978-1-61243-858-0 (ebook)

Season: Fall 2018

Category: Health & Fitness

Rights: World



Clear Skin Detox Diet

Lauren Talbot

A food-focused strategy for eliminating skin maladies and creating a radiant, beautiful complexion.

\$14.95 US | \$17.50 CAN

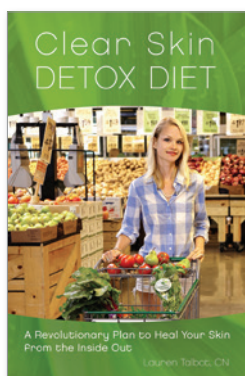
978-1-61243-290-8 (paperback)

978-1-61243-326-4 (ebook)

Season: Spring 2014

Category: Health & Fitness

Rights: World



Complete Colon Cleanse

Edward F. Group III

Extensive advice on the ultimate way to detox, lose weight, and rejuvenate your health.

\$14.95 US | \$17.95 CAN

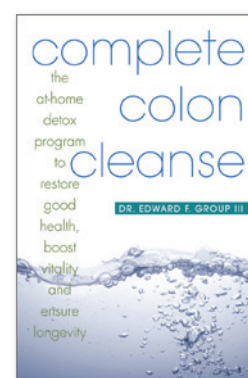
978-1-56975-594-5 (paperback)

978-1-56975-767-3 (ebook)

Season: Summer 2007

Category: Health & Fitness

Rights: World



The Complete Master Cleanse

Tom Woloshyn

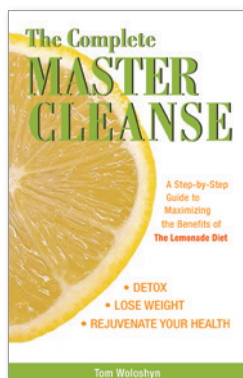
Learn how to maximize the amazing results of the Master Cleanse Diet with this comprehensive guide to cleansing and detoxing the body.

\$14.95 US | \$17.50 CAN
978-1-56975-613-3 (paperback)
978-1-56975-151-0 (ebook)

Season: Summer 2007

Category: Health & Fitness

Rights: World



The DASH Diet Cookbook

Dr. Mariza Snyder, Dr. Lauren Clum, and Anna V. Zulaica

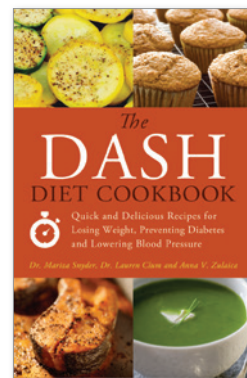
Mouthwatering recipes for the diet ranked number one in terms of weight loss, nutrition, and prevention of diabetes and heart disease.

\$14.95 US | \$17.50 CAN
978-1-61243-047-8 (paperback)
978-1-61243-078-2 (ebook)

Season: Spring 2012

Category: Cooking

Rights: World



Cooking for the Specific Carbohydrate Diet

Erica Kerwien

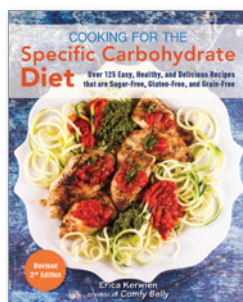
Recipes to heal gluten intolerance, celiac disease, IBD, IBS, Crohn's disease, ulcerative colitis, diabetes, and food allergies.

\$22.95 US | \$29.95 CAN
978-1-61243-941-9 (paperback)
978-1-61243-954-9 (ebook)

Season: Fall 2019

Category: Health & Fitness

Rights: World



DASH Diet Detox

Kate Barrington

A powerful, easy-to-follow cleanse utilizing the scientifically-proven DASH diet—the #1 overall diet according to *US News & World Report*.

\$14.95 US | \$17.50 CAN
978-1-61243-521-3 (paperback)
978-1-61243-534-3 (ebook)

Season: Fall 2015

Category: Health & Fitness

Rights: World



The Cyclical Ketogenic Diet

Robert Santos-Prowse

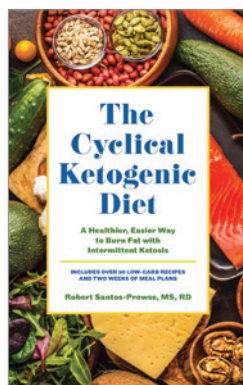
With the expert nutrition tips, delicious recipes, and step-by-step meal plans in this book, you can now enjoy all the benefits of ketosis and the foods you love too.

\$14.95 US | \$19.50 CAN
978-1-61243-869-6 (paperback)
978-1-61243-884-9 (ebook)

Season: Spring 2019

Category: Health & Fitness

Rights: World



DASH Diet for Renal Health

Sara Monk Rivera and Kristin Diversi

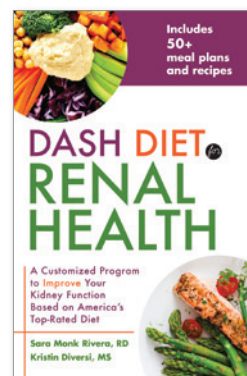
Follow the DASH diet to help control your kidney disease.

\$15.95 US | \$20.95 CAN
978-1-61243-784-2 (paperback)
978-1-61243-807-8 (ebook)

Season: Spring 2018

Category: Health & Fitness

Rights: World



Detox Before You're Expecting

Rea Frey

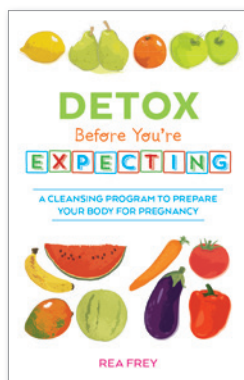
The first-ever cleanse specifically designed to get a woman's body to an ideal state for motherhood.

\$17.95 US | \$24.95 CAN
978-1-61243-402-5 (paperback)
978-1-61243-415-5 (ebook)

Season: Spring 2015

Category: Health & Fitness

Rights: World



The Elimination Diet Workbook

Maggie Moon, MS, RDN

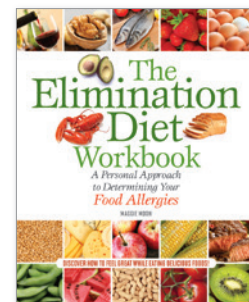
A highly effective program for identifying the cause of one's food allergies and digestive illnesses.

\$17.95 US | \$24.95 CAN
978-1-61243-300-4 (paperback)
978-1-61243-329-5 (ebook)

Season: Summer 2014

Category: Health & Fitness

Rights: World



La dieta de batidos verdes

Robyn Openshaw

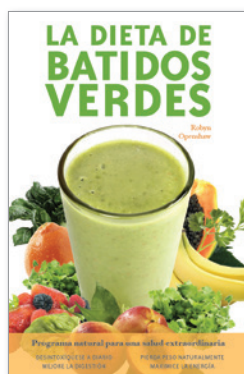
Capture los beneficios que ofrecen los superalimentos de la tierra.

\$13.99 US | \$17.50 CAN
978-1-61243-430-8 (paperback)
978-1-61243-472-8 (ebook)

Season: Spring 2015

Category: Foreign Language Study

Rights: World



Fresh and Healthy DASH Diet Cooking

Andrea Lynn

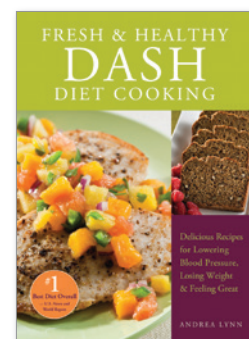
Best-selling cookbook author Andrea Lynn presents healthy, simple, DASH-approved meals to lower salt-intake, combat hypertension, and reduce weight.

\$17.95 US | \$20.95 CAN
978-1-61243-114-7 (paperback)
978-1-61243-138-3 (ebook)

Season: Fall 2012

Category: Cooking

Rights: World



The Easy GL Diet Handbook

Fedon Alexander Lindberg

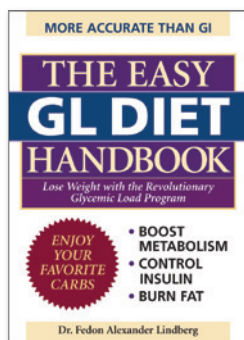
Beyond GI, GL is the next step in glucose management for weight loss and good health.

\$12.95 US | \$17.95 CAN
978-1-56975-574-7 (paperback)

Season: Fall 2006

Category: Health & Fitness

Rights: World



Fresh Fruit Cleanse

Leanne Hall

Jump-start your body's detoxification and healing with a short all-fruit, raw diet to help cleanse your body of unwanted toxins, shed fat reserves, and reset your energy levels.

\$13.95 US | \$16.50 CAN
978-1-56975-922-6 (paperback)
978-1-56975-957-8 (ebook)

Season: Summer 2011

Category: Cooking

Rights: World



The Gastroparesis Healing Diet

Tammy Chang

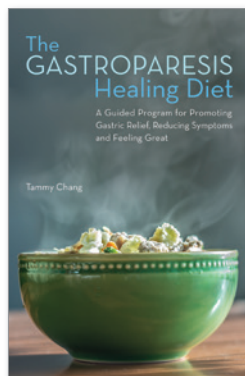
Discover a customizable approach to overcoming your debilitating symptoms of gastroparesis through a personalized nutritional program.

\$14.95 US | \$18.95 CAN
978-1-61243-645-6 (paperback)
978-1-61243-655-5 (ebook)

Season: Spring 2017

Category: Cooking

Rights: World



The Glycemic Load Counter

Mabel Blades

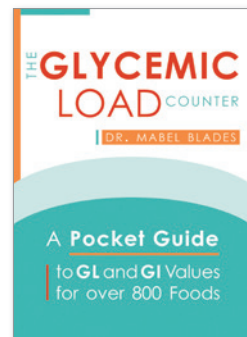
Discover how to use the Glycemic Index to manage diabetes, control blood sugar, and monitor glucose intake from food to take control of your health.

\$10.95 US | \$14.95 CAN
978-1-64604-249-4 (paperback)
978-1-64604-287-6 (ebook)

Season: Spring 2022

Category: US, Canada

Rights: World



The Gestational Diabetes Cookbook

Sara Monk Rivera

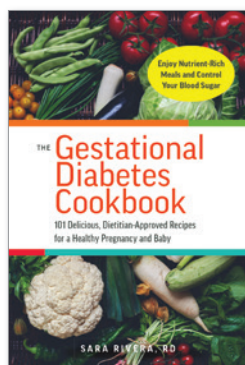
A go-to collection of easy and tasty recipes specifically designed to manage blood sugar, maintain a nutritionally complete diet, AND keep mom and baby healthy.

\$15.95 US | \$19.50 CAN
978-1-61243-868-9 (paperback)
978-1-61243-883-2 (ebook)

Season: Spring 2019

Category: Health & Fitness

Rights: World



Going Veggie

Trudy Slabosz

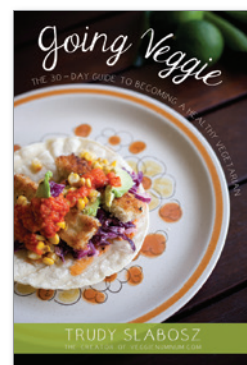
Discover how easy it is to cut meat out of your diet with one of the easiest-to-follow, most delicious vegetarian cookbooks for beginners you can put in your kitchen.

\$18.95 US | \$25.95 CAN
978-1-61243-395-0 (paperback)
978-1-61243-418-6 (ebook)

Season: Spring 2015

Category: Reference

Rights: World



The GI Mediterranean Diet

Fedon Alexander Lindberg

This book applies the science of the Glycemic Index to the traditional diet of the Greeks to create an even more powerful program for healthy weight loss.

\$15.95 US
978-1-56975-604-1 (paperback)

Season: Summer 2009

Category: Health & Fitness

Rights: US Only



The Green Smoothie Bible

Kristine Miles

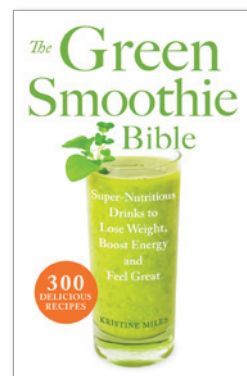
Discover the incredible healing power of leafy greens, antioxidant-rich fruits, and more in this best-selling collection of green smoothie recipes by popular health and wellness author Kristine Miles.

\$15.95 US | \$17.50 CAN
978-1-56975-974-5 (paperback)
978-1-56975-999-8 (ebook)

Season: Spring 2012

Category: Health & Fitness

Rights: World



Green Smoothie Cleanse

Lisa Sussman

Detoxify your body using the all-natural, superfood power of leafy vegetables with this ultimate green smoothie cleanse book for beginners.

\$14.95 US | \$17.50 CAN

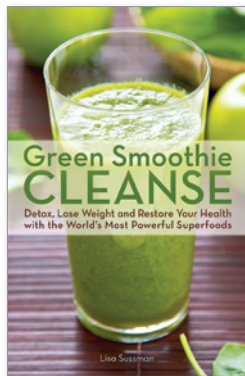
978-1-61243-267-0 (paperback)

978-1-61243-311-0 (ebook)

Season: Spring 2014

Category: Health & Fitness

Rights: World



The Hashimoto's Thyroiditis Healing Diet

Kate Barrington

The ultimate guide to regaining one's health by overcoming this debilitating autoimmune disease.

\$14.95 US | \$17.50 CAN

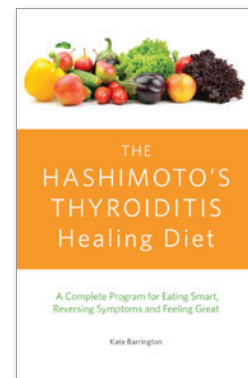
978-1-61243-596-1 (paperback)

978-1-61243-624-1 (ebook)

Season: Fall 2016

Category: Health & Fitness

Rights: World



The Green Smoothies Diet

Robyn Openshaw

Capture the benefits of the planet's most powerful superfoods with this best-selling guide to crafting ultra-nutritious green smoothies recipes at home from "The Green Smoothie Girl," Robyn Openshaw.

\$14.95 US | \$18.95 CAN

978-1-56975-702-4 (paperback)

978-1-56975-746-8 (ebook)

Season: Summer 2009

Category: Health & Fitness

Rights: World



Have Your Cake and Vegan Too

Kris Holechek Peters

Whip up delicious desserts that cut out the animal products with this vegan cake cookbook from best-selling vegan chef Kris Holechek Peters.

\$17.95 US | \$20.95 CAN

978-1-56975-920-2 (paperback)

978-1-56975-958-5 (ebook)

Season: Spring 2011

Category: Cooking

Rights: World



Green Smoothies for Every Season

Kristine Miles

Jump-start your body's detoxification and healing with a short all-fruit, raw diet to help cleanse your body of unwanted toxins, shed fat reserves, and reset your energy levels.

\$16.95 US | \$18.95 CAN

978-1-61243-197-0 (ebook)

Season: Spring 2014

Category: Cooking

Rights: World



Heal Your Gut with Bone Broth

Robin Westen

A program to balance digestive health in seven days using traditional, quick-and-easy bone broth remedies.

\$14.95 US | \$17.50 CAN

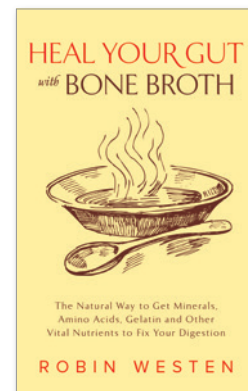
978-1-61243-518-3 (paperback)

978-1-61243-536-7 (ebook)

Season: Fall 2015

Category: Health & Fitness

Rights: World



Healing with Copper

Yvelette Stines

Enhance your quality of life with this comprehensive guide, and discover the benefits of copper to naturally diminish symptoms of various chronic illnesses, such as osteoporosis, Menkes disease, and many others!

\$15.95 US | \$21.95 CAN

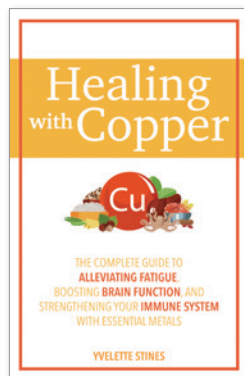
978-1-64604-449-8 (paperback)

978-1-64604-470-2 (ebook)

Season: Spring 2023

Category: Diet & Nutrition

Rights: World



The Juice Fasting Bible

Sandra Cabot

Learn how simple juice fasting can help detoxify your body, boost your energy levels, burn fat, and lose weight; complete with delicious, nutritious juice recipes.

\$12.95 US | \$15.50 CAN

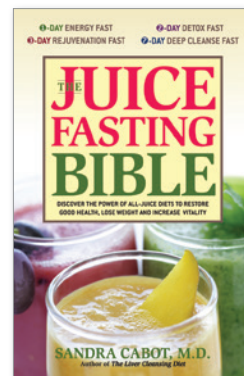
978-1-56975-593-8 (paperback)

978-1-56975-442-9 (ebook)

Season: Summer 2007

Category: Cooking

Rights: World



Homemade Smoothies for Mother and Baby

Kristine Miles

Super delicious and ultranutritious, smoothies are the perfect food for mom and her little one.

\$19.95 US | \$26.95 CAN

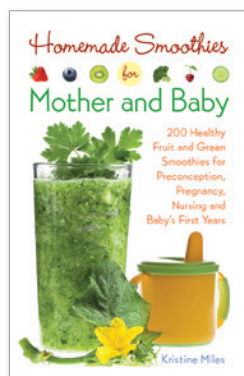
978-1-61243-477-3 (paperback)

978-1-61243-479-7 (ebook)

Season: Summer 2015

Category: Cooking

Rights: World



Jump Start Ketosis

Kristen Mancinelli

Discover the smarter way to achieve the benefits of ketosis with this easy-to-understand guide to intermittent fasting.

\$14.95 US | \$19.50 CAN

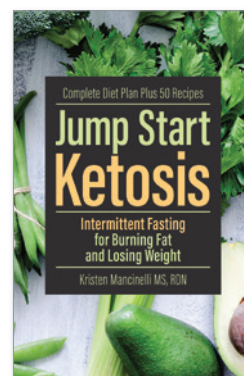
978-1-61243-835-1 (paperback)

978-1-61243-854-2 (ebook)

Season: Fall 2018

Category: Health & Fitness

Rights: World



The Iodine Balancing Handbook

Malini Ghoshal

Understand the role of iodine in your overall health and learn how to achieve the perfect balance for better energy levels, heart health, brain function, and more!

\$15.95 US | \$21.95 CAN

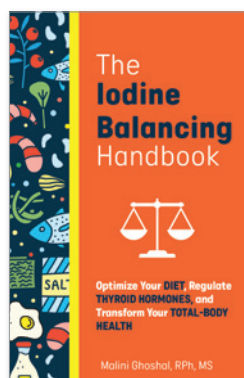
978-1-64604-453-5 (paperback)

978-1-64604-474-0 (ebook)

Season: Summer 2023

Category: Health & Fitness

Rights: World



Keto BBQ Sauces, Rubs, and Marinades

Aileen Ablog

Spice up your next backyard barbecue with this ultimate book of keto-friendly and sugar-free BBQ sauces, relishes, aiolis, dressings, and other tasty condiments.

\$17.95 US | \$24.95 CAN

978-1-64604-036-0 (paperback)

978-1-64604-108-4 (ebook)

Season: Fall 2020

Category: Health & Fitness

Rights: World



Keto Bowls

Pamela Ellgen

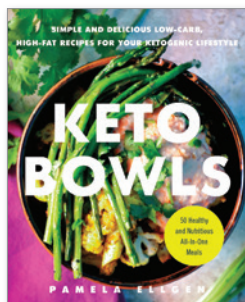
Keeping up with ketosis has never been easier, with these build-your-own superfood bowls for breakfast, lunch, and dinner.

\$17.95 US | \$24.95 CAN
978-1-64604-001-8 (paperback)
978-1-64604-048-3 (ebook)

Season: Spring 2020

Category: Cooking

Rights: World



Ketogenic Pressure Cooker

Aileen Ablog

The first book to combine the low-carb, fat-burning ketogenic diet with the popular, fast, and easy pressure-cooking method.

\$15.95 US | \$19.95 CAN
978-1-61243-680-7 (paperback)
978-1-61243-699-9 (ebook)

Season: Summer 2017

Category: Cooking

Rights: World



The Ketogenic Diet

Kristen Mancinelli

The original, scientifically developed low- to-no-carb diet.

\$14.95 US | \$17.50 CAN
978-1-61243-394-3 (paperback)
978-1-61243-421-6 (ebook)

Season: Spring 2015

Category: Health & Fitness

Rights: World



The Leafy Greens Cookbook

Kathryn Anible

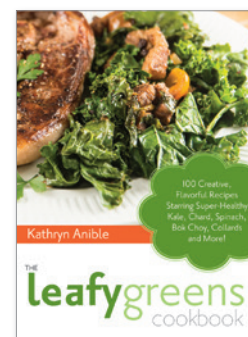
Greens step out of the shadows and into the spotlight with these fresh and delicious recipes.

\$15.95 US | \$18.95 CAN
978-1-61243-177-2 (paperback)
978-1-61243-198-7 (ebook)

Season: Summer 2013

Category: Cooking

Rights: World



The Ketogenic Mediterranean Diet

Robert Santos-Prowse

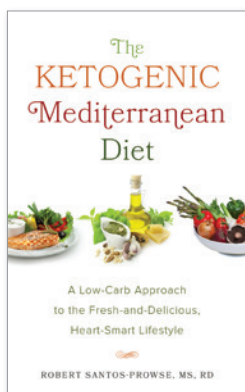
Combine the low-carb, fat-burning ketogenic diet with the delicious, heart-smart Mediterranean lifestyle.

\$14.95 US | \$19.50 CAN
978-1-61243-641-8 (paperback)
978-1-61243-657-9 (ebook)

Season: Spring 2017

Category: Cooking

Rights: World



Lectin Avoidance Cookbook

Pamela Ellgen

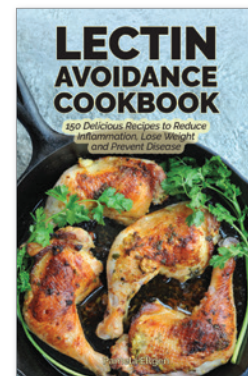
Avoid the secretly dangerous proteins hiding in your favorite foods!

\$15.95 US | \$20.95 CAN
978-1-61243-790-3 (paperback)
978-1-61243-813-9 (ebook)

Season: Summer 2018

Category: Cooking

Rights: World



The Leptin Boost Diet

Scott Isaacs

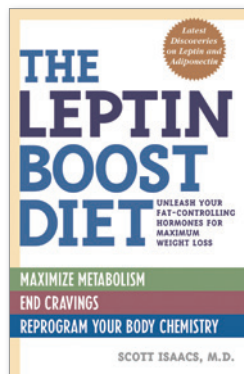
A revolutionary hormone management program that is scientifically based, finally making it possible for anyone to lose weight.

\$15.95 US | \$18.95 CAN
978-1-56975-586-0 (paperback)
978-1-56975-411-5 (ebook)

Season: Fall 2006

Category: Health & Fitness

Rights: World



The Liver and Gallbladder Miracle Cleanse

Andreas Moritz

Take charge of your liver and gallbladder health with this simple and effective guide to detoxing, eliminating gallstones, and improving liver function.

\$15.95 US | \$21.95 CAN
978-1-56975-606-5 (paperback)
978-1-56975-294-4 (ebook)

Season: Summer 2007

Category: Health & Fitness

Rights: World



The Leucine Factor Diet

Dr. Victor Prisk

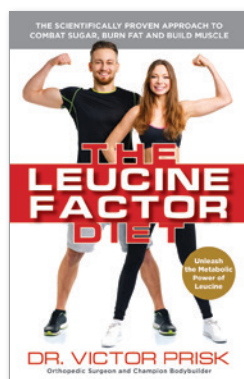
Discover how to harness the power of leucine, the amino acid that supercharges your metabolism.

\$15.95 US | \$21.95 CAN
978-1-61243-525-1 (paperback)
978-1-61243-537-4 (ebook)

Season: Spring 2016

Category: Health & Fitness

Rights: World



The Liver Healing Diet

Michelle Lai and Asha Kasaraneni

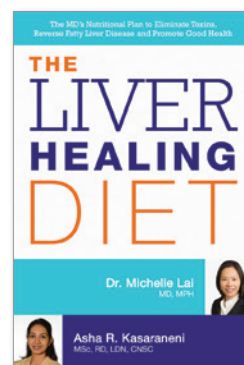
Learn how to heal your liver and reduce liver damage through optimal nutrition and guidelines for a healthy lifestyle—crafted by two of the country's top liver specialists.

\$15.95 US | \$19.99 CAN
978-1-61243-444-5 (paperback)
978-1-61243-473-5 (ebook)

Season: Summer 2015

Category: Health & Fitness

Rights: World



Libro de cocina de la dieta DASH

Mariza Snyder, Lauren Clum, and Anna V. Zulaica

Una guía y libro de cocina en español para la dieta DASH.

\$15.95 US | \$21.95 CAN
978-1-61243-548-0 (paperback)
978-1-61243-578-7 (ebook)

Season: Spring 2016

Category: Foreign Language Studies

Rights: World



Living the Mediterranean Diet

Nick Nigro and Bay Ewald

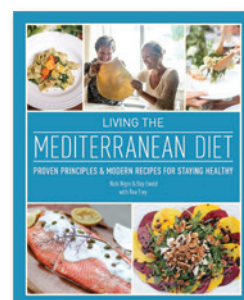
A full-color guide to the Mediterranean Diet, featuring weight-loss techniques, lifestyle changes, and tasty recipes.

\$19.95 US | \$26.95 CAN
978-1-64604-302-6 (paperback)
978-1-61243-459-9 (ebook)

Season: Fall 2021

Category: Health & Fitness

Rights: World



Living Well with Hemochromatosis

Anna Khesin

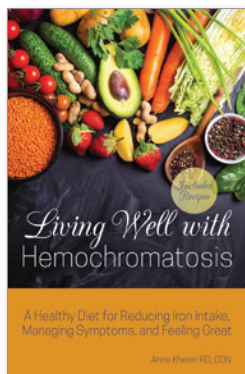
From carnivores to vegans, this book offers something for all lifestyles. Recipes span from salads, side dishes, entrees, and smoothies, each with nutritional analysis.

\$17.95 US | \$24.95 CAN
978-1-61243-901-3 (paperback)
978-1-61243-916-7 (ebook)

Season: Summer 2019

Category: Cooking

Rights: World



The Matcha Miracle

Anna V. Zulaica, Dr. Mariza Snyder, and Dr. Lauren Clum

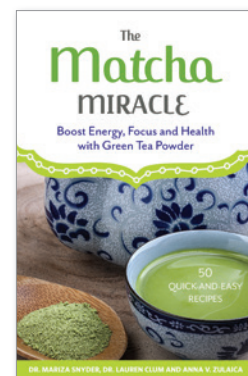
The ultimate guide to the nutritional powerhouse supplement praised as “green gold” for its curative, health-boosting qualities.

\$12.95 US | \$15.99 CAN
978-1-61243-486-5 (paperback)
978-1-61243-503-9 (ebook)

Season: Summer 2015

Category: Health & Fitness

Rights: World



The Low-GI Slow Cooker

Mariza Snyder, Lauren Clum, and Anna V. Zulaica

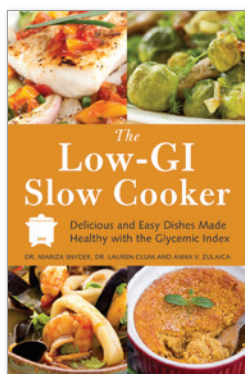
Make healthy, hassle-free meals that are low on the glycemic index (GI) in your slow cooker with recipes and guidance from best-selling author Dr. Mariza Snyder.

\$14.95 US | \$17.50 CAN
978-1-61243-180-2 (paperback)
978-1-61243-199-4 (ebook)

Season: Summer 2013

Category: Cooking

Rights: World



The Metabolism-Boost Cleanse

Robin Westen

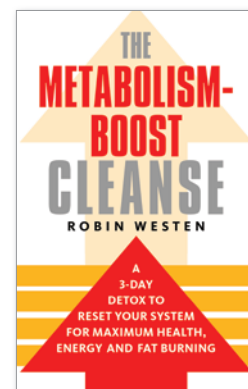
Rev up the fat-burning in just three days with this powerful, no-fuss cleanse.

\$14.95 US | \$17.50 CAN
978-1-61243-361-5 (paperback)
978-1-61243-386-8 (ebook)

Season: Summer 2014

Category: Health & Fitness

Rights: World



The Master Cleanse Experience

Tom Woloshyn

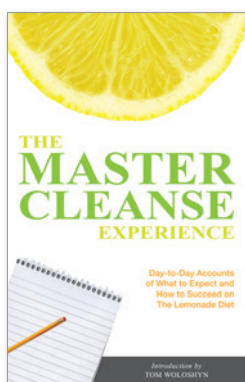
Thinking about trying the Master Cleanse? Find out what the experience is like and get tips, tricks, and strategies from real users who have conquered the 10-day lemonade diet cleanse.

\$14.95 US | \$17.50 CAN
978-1-56975-708-6 (paperback)
978-1-56975-745-1 (ebook)

Season: Summer 2009

Category: Cooking

Rights: World



The Microbiome Cookbook

Pamela Ellgen

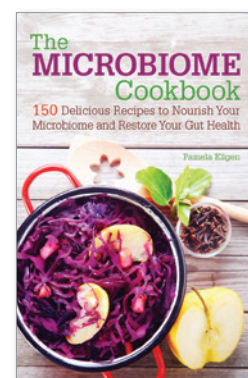
The revolutionary approach that fixes one's digestion by unleashing nature's tiny but powerful organism.

\$14.95 US | \$17.50 CAN
978-1-61243-597-8 (paperback)
978-1-61243-628-9 (ebook)

Season: Summer 2016

Category: Health & Fitness

Rights: World



The MIND Diet

Maggie Moon

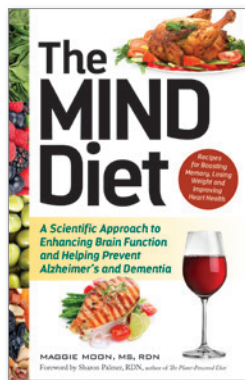
Improve brain health and function with this easy-to-follow guide for beginners to the new breakthrough diet that's shown to keep your mind sharp as you age.

\$15.95 US | \$21.95 CAN
978-1-61243-607-4 (paperback)
978-1-61243-629-6 (ebook)

Season: Fall 2016

Category: Health & Fitness

Rights: World



The Nourished Belly Diet

Tammy Chang

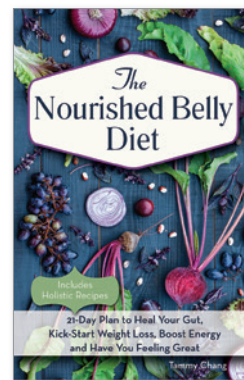
Learn how to heal your digestive system and improve your health by naturally utilizing detoxifying traditional whole foods.

\$14.95 US | \$17.50 CAN
978-1-61243-550-3 (paperback)
978-1-61243-584-8 (ebook)

Season: Spring 2016

Category: Health & Fitness

Rights: World



The MIND Diet Cookbook

Kristin Diversi

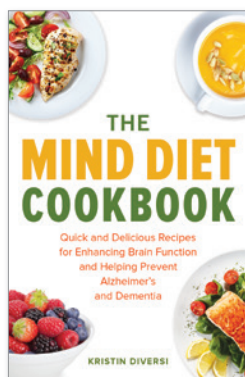
Packed with amazingly tasty recipes, this cookbook makes following the MIND diet a snap.

\$14.95 US | \$19.50 CAN
978-1-61243-725-5 (paperback)
978-1-61243-748-4 (ebook)

Season: Fall 2017

Category: Health & Fitness

Rights: World



The OMAD Diet

Alyssa Sybertz

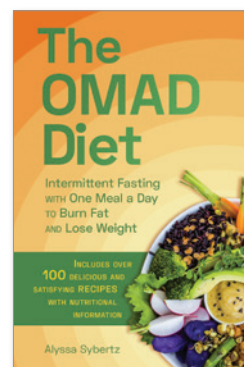
Make every meal count with this quick-start guide to the One Meal a Day (OMAD) lifestyle, including more than 100 delicious, satisfying recipes.

\$15.95 US | \$21.95 CAN
978-1-64604-030-8 (paperback)
978-1-64604-115-2 (ebook)

Season: Fall 2020

Category: Health & Fitness

Rights: World



The Miracle Kidney Cleanse

Lauren Felts

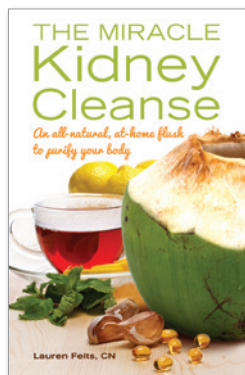
Learn simple, straightforward strategies and diet plans to keep your kidneys in optimum health and peak function by tweaking your diet and introducing short detox regimens to your daily life for better renal health.

\$14.95 US | \$17.50 CAN
978-1-61243-274-8 (paperback)
978-1-61243-314-1 (ebook)

Season: Spring 2014

Category: Health & Fitness

Rights: World



Paleo Cleanse

Camilla Carboni and Melissa Van Dover

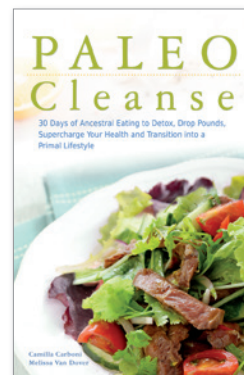
Learn how to jump-start your paleo diet in just one month with over 100 recipes to help you burn fat, detoxify your body, and get started with a paleo lifestyle.

\$15.95 US | \$18.95 CAN
978-1-61243-392-9 (paperback)
978-1-61243-423-0 (ebook)

Season: Fall 2014

Category: Cooking

Rights: World



Paleo Fitness

Brett Stewart, Darryl Edwards,
and Jason Warner

Get back to basics with this fitness
and diet guide aimed at building
muscle and burning fat using the
movements and nutrition that
mimic what the human body was
always made for.

\$16.95 US | \$19.95 CAN

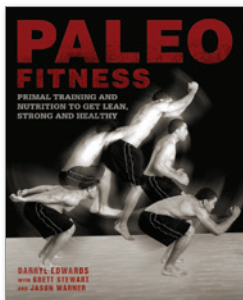
978-1-61243-165-9 (paperback)

978-1-61243-207-6 (ebook)

Season: Summer 2013

Category: Health & Fitness

Rights: World



The pH Balance Diet

Bharti Vyas and Suzanne Le
Quesne

Learn how to harness the vitally
important acid-alkaline balance
in your diet with this easy-to-
follow guide to achieving a healthy
equilibrium in your body's pH level.

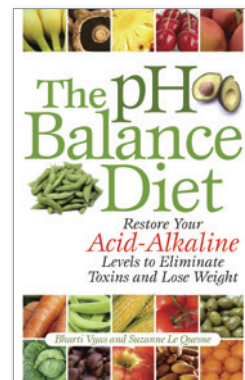
\$17.95 US | \$24.95 CAN

978-1-56975-607-2 (paperback)

Season: Summer 2007

Category: Health & Fitness

Rights: World



Paleo Ice Cream

Ben Hirshberg

Indulgent frozen treats that strictly
follow the paleo diet and taste
delicious.

\$14.95 US | \$17.50 CAN

978-1-61243-352-3 (paperback)

978-1-61243-387-5 (ebook)

Season: Summer 2014

Category: Health & Fitness

Rights: World



The Postnatal Cookbook

Jaren Soloff

Replenish and rejuvenate your
postpartum body with these 75
easy, healing, and protein-rich
recipes designed with new moms
in mind.

\$19.95 US | \$26.95 CAN

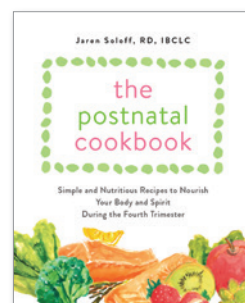
978-1-64604-099-5 (paperback)

978-1-64604-100-8 (ebook)

Season: Fall 2020

Category: Cooking

Rights: World



The Paleo Vegetarian Diet

Dena Harris

The first guide to opening up the
wildly popular diet to vegetarians.

\$15.95 US | \$19.99 CAN

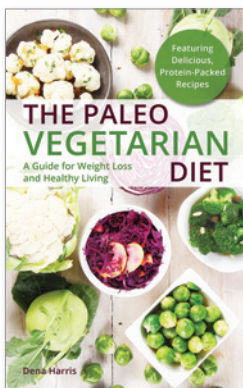
978-1-61243-443-8 (paperback)

978-1-61243-462-9 (ebook)

Season: Summer 2015

Category: Cooking

Rights: World



Power Smoothies

Keith Sebastian and Samuel
Barnes

Blend up protein-packed,
energy-boosting smoothies that
provide the correct balance of
carbohydrates, protein, and fat to
ensure optimal health and athletic
performance.

\$14.95 US | \$17.50 CAN

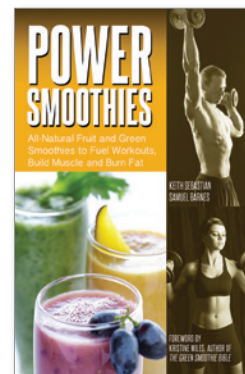
978-1-61243-411-7 (paperback)

978-1-61243-424-7 (ebook)

Season: Fall 2014

Category: Sports & Recreation

Rights: World



The Protein Pacing Diet

Nicole Stawicki

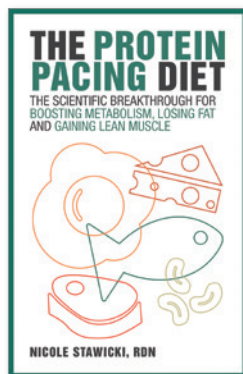
Packed with 40 delicious, high-protein recipes as well as helpful tips, shopping lists, and schedules, this book makes it easy for you to incorporate the protein pacing diet into your lifestyle.

\$14.95 US | \$19.50 CAN
978-1-61243-785-9 (paperback)
978-1-61243-808-5 (ebook)

Season: Spring 2018

Category: Health & Fitness

Rights: World



Sheet Pan Ketogenic

Pamela Ellgen

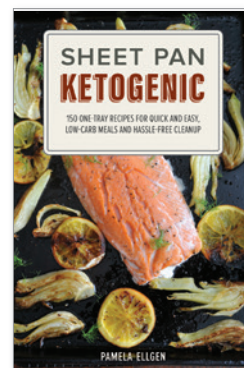
Ketogenic cooking has never been easier than with this collection of simple prep and quick cleanup recipes.

\$15.95 US | \$19.95 CAN
978-1-61243-674-6 (paperback)
978-1-61243-707-1 (ebook)

Season: Summer 2017

Category: Cooking

Rights: World



Protein Powder Cooking...Beyond the Shake

Courtney Nielsen

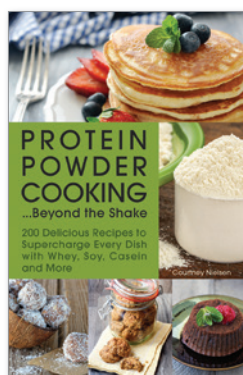
Ditch boring protein shakes and learn how to craft quick and hearty protein-packed treats that boost metabolism and build muscle.

\$17.95 US | \$24.95 CAN
978-1-61243-524-4 (paperback)
978-1-61243-540-4 (ebook)

Season: Spring 2016

Category: Health & Fitness

Rights: World



Sheet Pan Paleo

Pamela Ellgen

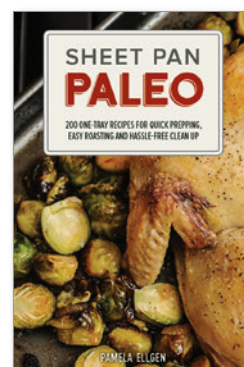
With celebrated chef Pamela Ellgen, cooking for the paleo diet has never been easier than with this collection of 200 quick-and-easy sheet-pan recipes that take 20 minutes or less for complete prep and cleanup.

\$15.95 US | \$18.95 CAN
978-1-61243-523-7 (paperback)
978-1-61243-541-1 (ebook)

Season: Spring 2016

Category: Cooking

Rights: World



Raw Food Cleanse

Penni Shelton

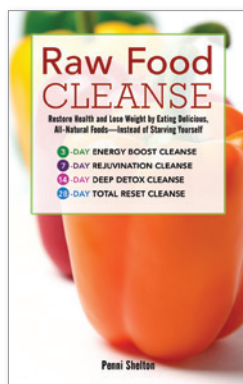
The programs in *Raw Food Cleanse* present easy ways to reap the benefits of a cleansing diet—with none of the dietary drawbacks.

\$13.95 US | \$15.50 CAN
978-1-56975-742-0 (paperback)
978-1-56975-809-0 (ebook)

Season: Spring 2010

Category: Health & Fitness

Rights: World



Simply Sugar and Gluten-Free

Amy Green

Whip up delicious sugar-free and gluten-free recipes in your kitchen in under 20 minutes with this best-selling cookbook from celebrated cooking blogger, Amy Green.

\$15.95 US | \$18.95 CAN
978-1-56975-865-6 (paperback)
978-1-56975-915-8 (ebook)

Season: Spring 2011

Category: Cooking

Rights: World



The Stem Cell Activation Diet

Dana Elia

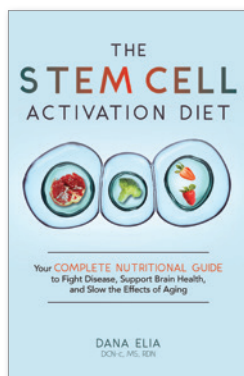
Unleash your body's natural ability to soothe chronic pain, heal injury, prevent diabetes and heart disease, lose weight, and more with this easy-to-use, science-backed fasting program.

\$15.95 US | \$21.95 CAN
978-1-64604-011-7 (paperback)
978-1-61243-056-8 (ebook)

Season: Spring 2020

Category: Health & Fitness

Rights: World



Telomere Diet and Cookbook

Maggie Moon

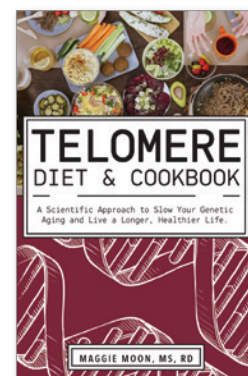
A delicious way to hack your DNA and prevent early aging.

\$15.95 US | \$20.95 CAN
978-1-61243-929-7 (paperback)
978-1-61243-961-7 (ebook)

Season: Fall 2019

Category: Health & Fitness

Rights: World



The Sugar Detox Diet for 50+

Dana Elia

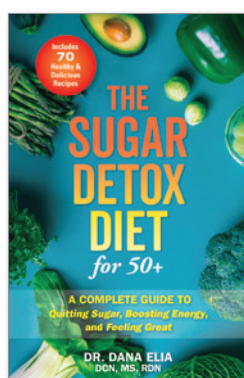
Beat your sugar cravings and kick-start healthier habits with this dietary detox specially designed for seniors.

\$16.95 US | \$22.95 CAN
978-1-64604-149-7 (paperback)
978-1-64604-148-0 (ebook)

Season: Spring 2021

Category: Health & Fitness

Rights: World



The Uric Acid Handbook

Urvashi Guha and Soumitra Sen

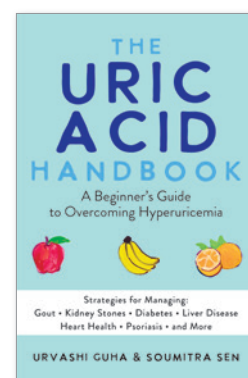
Take control of your health with this easy-to-use guide to lowering uric acid levels and managing gout, liver disease, heart health, and more!

\$15.95 US | \$21.95 CAN
978-1-64604-463-4 (paperback)
978-1-64604-464-1 (ebook)

Season: Summer 2023

Category: Health & Fitness

Rights: World



Sugar-Free Gluten-Free Baking and Desserts

Kelly E. Keough

Shows readers how to transform forbidden indulgences into tasty treats by substituting wheat and sugar with ingredients like quinoa, tapioca starch, and agave.

\$15.95 US | \$18.95 CAN
978-1-56975-704-8 (paperback)
978-1-56975-523-5 (ebook)

Season: Summer 2009

Category: Health & Fitness

Rights: World



The Vegan Athlete

Ben Greene and Brett Stewart

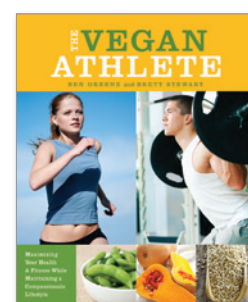
A revolutionary nutrition and exercise program for developing one's body into peak condition while keeping it animal-free.

\$15.95 US | \$18.95 CAN
978-1-61243-132-1 (paperback)
978-1-61243-161-1 (ebook)

Season: Spring 2013

Category: Health & Fitness

Rights: World



Vegan Beans from Around the World

Kelsey Kinser

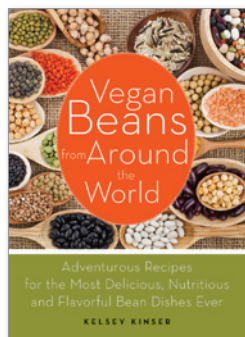
Whip up delicious high-protein, high-fiber vegan and vegetarian meals using bean varieties and recipes from all around the world, crafted by chef Kelsey Kinser.

\$15.95 US | \$18.95 CAN
978-1-61243-285-4 (paperback)
978-1-61243-347-9 (ebook)

Season: Spring 2014

Category: Cooking

Rights: World



Water Infusions

Mariza Snyder and Lauren Clum

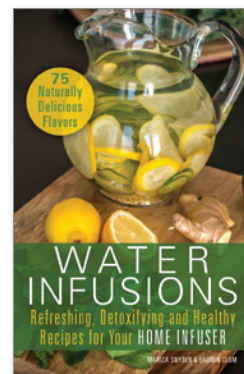
Deliciously flavored and vitamin-enriched waters conveniently made at home in infusion pitchers or bottles.

\$15.95 US | \$21.95 CAN
978-1-61243-401-8 (paperback)
978-1-61243-427-8 (ebook)

Season: Fall 2014

Category: Health & Fitness

Rights: World



Vegan Ice Cream Sandwiches

Kris Holechek Peters

Whip up delectable desserts with this superb collection of vegan ice cream sandwich recipes from best-selling vegan cookbook author Kris Holechek Peters.

\$15.95 US | \$18.95 CAN
978-1-61243-298-4 (paperback)
978-1-61243-348-6 (ebook)

Season: Summer 2014

Category: Cooking

Rights: World



Younger Skin Starts in the Gut

Nigma Talib

Discover Dr. Nigma's simple dietary approach to achieving glowing skin that's free of age spots, sagging, and wrinkles that actress Penelope Cruz says "pinpointed exactly what my body needed to give me the optimal glow."

\$15.95 US | \$19.50 CAN
978-1-61243-560-2 (paperback)
978-1-61243-593-0 (ebook)

Season: Spring 2016

Category: Health & Fitness

Rights: US Only



The Veggie Spiral Slicer Cookbook

Kelsey Kinser

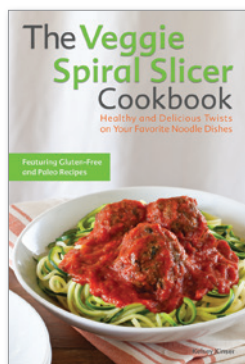
Whip up healthy meals in no time with this delicious set of recipes dedicated to using your veggie spiralizer to mimic all your favorite dishes without the gluten and carbs.

\$14.95 US | \$18.50 CAN
978-1-61243-478-0 (paperback)
978-1-61243-501-5 (ebook)

Season: Summer 2015

Category: Health & Fitness

Rights: World



HUMOR

101 Fun Personality Quizzes

Kourtney Jason

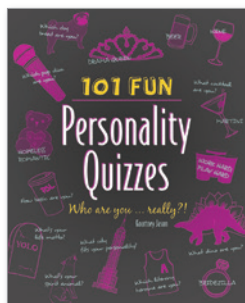
Pop culture-themed quizzes for a quirky, fun way to better understand one's personality.

\$19.95 US | \$26.95 CAN
978-1-61243-481-0 (paperback)
978-1-61243-506-0 (ebook)

Season: Fall 2015

Category: Psychology

Rights: World



Apuglogies

Editors of Ulysses Press

Funny, heartwarming apology cards with super-cute pug photos.

\$7.95 US | \$9.99 CAN
978-1-61243-485-8 (tear-out cards)

Season: Fall 2015

Category: Humor

Rights: World



Alexandra and the Awful, Awkward, No Fun, Truly Bad Dates

Rebekah Manley

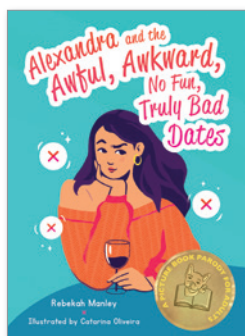
Follow Alexandra and her adorable French bulldog pup Lottie as Alex goes on 30 dates in 30 days in this charming parody/comedic dating horror story all about dating apps, being stood up, and the other joys of millennial dating culture.

\$14.95 US | \$19.95 CAN
978-1-64604-066-7 (paperback)
978-1-64604-068-1 (ebook)

Season: Fall 2020

Category: Humor

Rights: World



Are You Gonna Eat That?

Jimmy Craig

Do you know what your dog, cat, and neighborhood squirrels are saying behind your back? The truth comes out in this fully updated collection of comics from the viral hit THEY CAN TALK.

\$16.95 US | \$22.95 CAN
978-1-64604-451-1 (hardback)
978-1-64604-472-6 (ebook)

Season: Spring 2023

Category: Humor

Rights: US, Canada, Mexico



All Butts Are Good Butts

Rachal Duggan

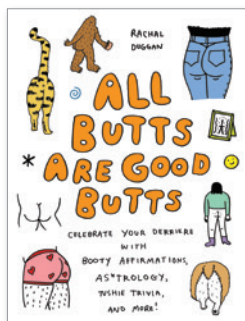
Embrace your behind—flaws, farts, and all—with historical heinies, celebrity cabooses, seat self-care, and more fun facts in this little book of booty body positivity.

\$12.95 US | \$17.95 CAN
978-1-64604-500-6 (hardback)
978-1-64604-518-1 (ebook)

Season: Summer 2023

Category: Humor

Rights: World



Are You My Wine?

Reese Ling

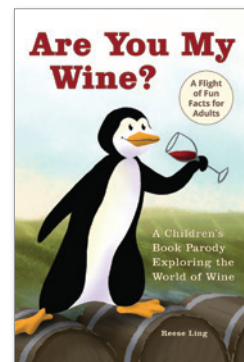
A delightfully illustrated children's book parody that demystifies wine and helps you understand the key traits of different varietals.

\$10.00 US | \$13.00 CAN
978-1-64604-257-9 (paperback)
978-1-61243-688-3 (ebook)

Season: Summer 2021

Category: Humor

Rights: World



Behindfulness for Beginners

Harry B. Hind

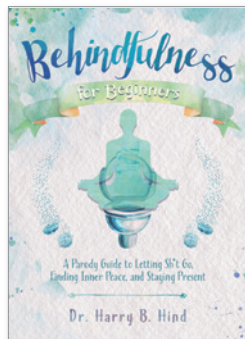
What happens when you bring mindfulness into the bathroom? A whole crapload of inspiring, cleansing, and healing behindfulness, that's what.

\$10.00 US | \$13.00 CAN
978-1-64604-086-5 (hardback)
978-1-64604-120-6 (ebook)

Season: Fall 2021

Category: Body, Mind, & Spirit

Rights: World



Dog Mom

Christine Amorose Merrill and Krishna Chavda

Why have a mere pet when you can spoil your fur baby with everything a dog could ever want!

\$14.95 US | \$19.50 CAN
978-1-61243-792-7 (paperback)
978-1-61243-815-3 (ebook)

Season: Summer 2018

Category: Pets

Rights: World



Biscuit for Your Thoughts?

Andrew Darlow

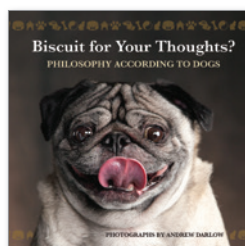
Discover pearls of human wisdom that have been reinterpreted through the eyes of utterly adorable dogs.

\$15.95 US | \$21.95 CAN
978-1-64604-228-9 (paperback)
978-1-61243-374-5 (ebook)

Season: Summer 2021

Category: Photography

Rights: World



Dude Fiery and the Giant Hot Dog

Connie Mentz

Meet Dude Fiery—a fictional chef with a passion for tasty food, good deeds, and flame-printed shirts—and join him on a hilarious and charming adventure to become the leader of Taste Village in this heartfelt tribute to the world's greatest celebrity chef.

\$17.95 US | \$24.95 CAN
978-1-64604-362-0 (hardback)
978-1-64604-373-6 (ebook)

Season: Fall 2022

Category: Cooking

Rights: World



Born to Pun

Gordon Hideaki Nagai

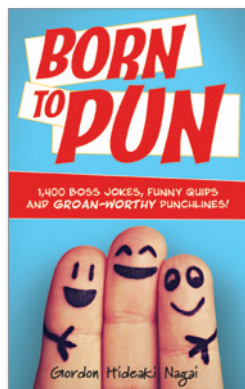
Discover all the most cringe-inducing puns and bad dad jokes you never thought you needed to know.

\$12.95 US | \$16.95 CAN
978-1-61243-788-0 (paperback)
978-1-61243-811-5 (ebook)

Season: Spring 2018

Category: Humor

Rights: World



F*ck You, I'm Irish

Rashers Tierney

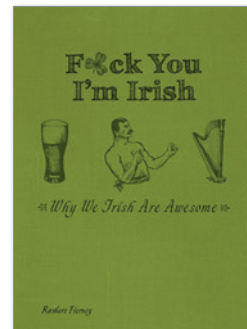
Discover the in-your-face collection of trivia that's sure to inspire chest-thumping pride in everyone of Irish descent.

\$12.95 US | \$15.50 CAN
978-1-61243-406-3 (hardcover)
978-1-61243-417-9 (ebook)

Season: Summer 2015

Category: Foreign Language Study

Rights: World



F*ck You, I'm Italian

Tony DiGerolamo

An entertaining, page-turning overview of Italian-American history and culture.

\$15.95 US | \$21.95 CAN

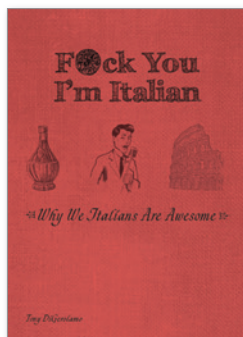
978-1-64604-347-7 (paperback)

978-1-61243-805-4 (ebook)

Season: Fall 2021

Category: Foreign Language Study

Rights: World



Give Up: Life's an Adventure for Most... a Concussion for You.

Paul Koehorst and Ivor Jones

Everyone loves a good collection of cheesy motivational posters for the office. Well, this is the opposite. Discover 150 de-motivational posters that will have you rolling on the office floor.

\$14.95 US | \$17.50 CAN

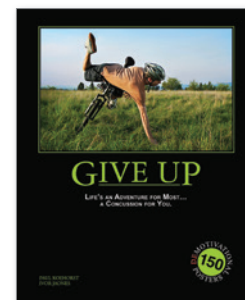
978-1-56975-740-6 (paperback)

978-1-56975-804-5 (ebook)

Season: Spring 2010

Category: Humor

Rights: World



The Giant Book of Dirty Limericks

Rudy A. Swale

Grossly irreverent and far from politically correct, the humor in these X-rated jokes is equaled only by their amazingly clever wording.

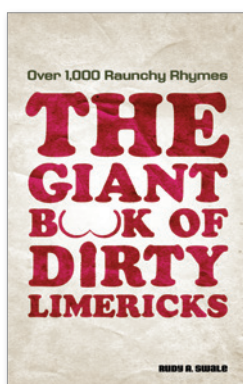
\$17.95 US | \$24.95 CAN

978-1-56975-813-7 (paperback)

Season: Summer 2010

Category: Humor

Rights: World



Good for One Mediocre Shoulder Rub

Meera Lee Patel

A witty collection of “romantic” coupons to crack up committed couples.

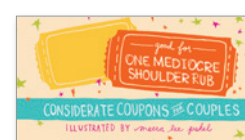
\$7.95 US | \$9.50 CAN

978-1-61243-398-1 (tear-out cards)

Season: Fall 2014

Category: Humor

Rights: World



The Ginormous Book of Dirty Jokes

Rudy A. Swale

Discover the biggest, baddest, bad-as-est book of lewd, crude and downright funny jokes in this ultimate collection of laughs for adults.

\$16.95 US | \$16.95 CAN

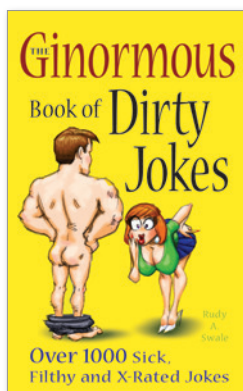
978-1-56975-660-7 (paperback)

978-1-56975-945-5 (ebook)

Season: Summer 2008

Category: Humor

Rights: World



Goodbye Sleep

Samuel Kaplan

A bittersweet, humorous guide to having a baby, *Goodbye Sleep* covers every topic first-time parents need to prepare for—whether they are ready to or not.

\$14.95 US | \$18.95 CAN

978-1-61243-716-3 (paperback)

978-1-61243-734-7 (ebook)

Season: Summer 2017

Category: Humor

Rights: World



Goodnight Dorm Room

Keith Reigert and Samuel Kaplan

Gift high school graduates with a bittersweet and humorous guide to college life, featuring practical tips combined with funny, full-color illustrations in this best-selling faux children's book for soon-to-be freshmen.

\$17.95 US | \$24.95 CAN

978-1-61243-568-8 (hardcover)

978-1-64604-480-1 (paperback)

978-1-61243-579-4 (ebook)

Season: Summer 2022

Category: Self-Help

Rights: World



Man Walks into a Bar

Stephen Arnott and Mike Haskins

Be the life of the party with this ridiculous and definitely-not-for-kids joke book. Includes knock-knock-jokes, one-liners, puns, and more hilarious jokes.

\$18.95 US | \$25.95 CAN

978-1-64604-364-4 (paperback)

978-1-64604-371-2 (ebook)

Season: Summer 2022

Category: Humor

Rights: US, Canada



Jerkin' It

Harry Cox

Become a moist meat master with this giggle-inducing (and actually delicious) cookbook packed, until bursting, with 50 grilling favorites you can fork with.

\$17.95 US | \$24.95 CAN

978-1-64604-163-3 (paperback)

978-1-64604-162-6 (ebook)

Season: Spring 2021

Category: Humor

Rights: World



My Mortified Life

David Nadelberg

A hilarious DIY journal from the creators of *Mortified*, the critically acclaimed hit podcast, this guided journal uses the podcast's world-famous nostalgic prompts to draw a direct line from today to childhood with fun-to-answer questions.

\$16.95 US | \$21.50 CAN (hardback)

\$14.95 US | \$17.95 CAN (paperback)

978-1-61243-720-0 (hardback)

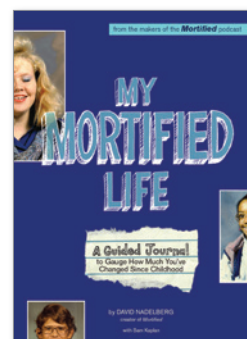
978-1-64604-166-4 (paperback)

978-1-61243-731-6 (ebook)

Season: Spring 2021

Category: Humor

Rights: World



LOLcat Bible

Martin Grondin

Discover the OG internet meme-turned-religious cult with the best-selling bible brought down by Ceiling Cat.

\$12.95 US | \$15.50 CAN

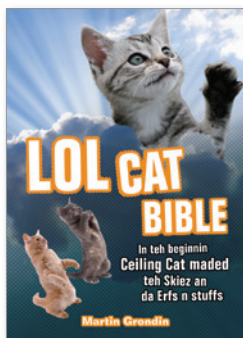
978-1-56975-734-5 (paperback)

978-1-56975-806-9 (ebook)

Season: Spring 2010

Category: Humor

Rights: World



Officially Off the Clock

Editors of Ulysses Press

Surprise new retirees with this hilarious and pawsitively adorable gift book full of funny sayings and retirement wishes—a perfect going-away gift for those lucky coworkers, bosses, friends, family, and more!

\$12.95 US | \$17.95 CAN

978-1-64604-043-8 (paperback)

978-1-64604-119-0 (ebook)

Season: Fall 2020

Category: Humor

Rights: World



Oh, the Places You'll Eff Up!

Josh Miller

Discover the ups and downs of post-college life in this hilarious keepsake graduation gift that parodies Seuss' classic for the modern age.

\$14.95 US | \$17.95 CAN

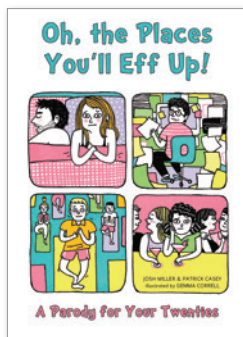
978-1-64604-171-8 (paperback)

978-1-61243-340-0 (ebook)

Season: Spring 2021

Category: Humor

Rights: World



Stuff Hipsters Hate

Brenna Ehrlich and Andrea Bartz

A wickedly hilarious look at America's trendiest subculture from the popular blog of the same name.

\$14.95 US | \$17.50 CAN

978-1-56975-821-2 (paperback)

978-1-56975-890-8 (ebook)

Season: Fall 2010

Category: Humor

Rights: World



Parking Tickets

Shinebox Print

A hilarious collection of snarky cards designed to be torn off and left for drivers of badly parked cars.

\$7.95 US | \$9.50 CAN

978-1-61243-349-3 (tear-out cards)

Season: Spring 2014

Category: Humor

Rights: World



The Subtle Art of Fart Remarks

Bree Kingwind

Discover the funniest, most hilarious things to say to cut through the embarrassment of cutting the cheese with this guide to the perfect remarks to say after you fart.

\$12.95 US | \$16.95 CAN

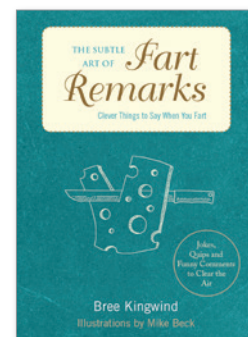
978-1-61243-896-2 (hardcover)

978-1-61243-927-3 (ebook)

Season: Spring 2019

Category: Humor

Rights: World



Seriously Sick Jokes

Rob Manuel

Shockingly tasteless—these are the most offensively funny jokes imaginable.

\$14.95 US | \$19.95 CAN

978-1-56975-709-3 (paperback)

Season: Summer 2009

Category: Humor

Rights: World



Super Dad Coupons

Editors of Ulysses Press

Give dad a wonderful collection of personalized gift coupons that he can tear out and redeem for one-of-a-kind adventures and ultra-special days.

\$7.95 US | \$9.99 CAN

978-1-61243-437-7 (tear-out cards)

Season: Summer 2015

Category: Games & Activities

Rights: World



Super Mom Coupons

Editors of Ulysses Press

An adorable collection of personalized coupons that let you show mom how much she is loved and appreciated.

\$7.95 US | \$9.99 CAN
978-1-61243-436-0 (tear-out cards)

Season: Summer 2015

Category: Family & Relationships

Rights: World



To Pee or Not to Pee

Pearl Chance Todreeme

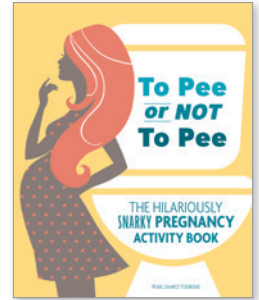
Give your pregnancy brain a break with this ultimate collection of funny activities, entertaining games, and surprising trivia all about the joys of growing a human just above your bladder—a perfect baby shower gift for moms-to-be!

\$14.95 US | \$19.95 CAN
978-1-64604-031-5 (paperback)

Season: Summer 2020

Category: Health & Fitness

Rights: World



Thanks for Picking Up My Poop

Mark Rogers

Give the gift of adorable dogs paired with the hilarious, heartwarming, and oh-so-true reasons they love their fur-less human companions.

\$15.95 US | \$20.95 CAN
978-1-64604-227-2 (paperback)
978-1-61243-516-9 (ebook)

Season: Summer 2021

Category: Photography

Rights: World



Tweet This Book

Sayre Van Young and Marin Van Young

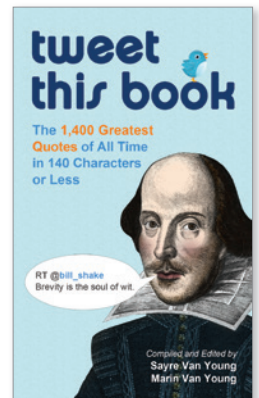
Spice up your social media feed with this book of favorite quotes in Twitter-length bites that are clever, cool, smart, touching, wise, funny, and more.

\$11.00 US | \$15.00 CAN
978-1-56975-864-9 (paperback)
978-1-56975-916-5 (ebook)

Season: Spring 2011

Category: Humor

Rights: World



That's Not Your Mommy Anymore

Matt Mogk

From the founder of the Zombie Research Society comes a long-awaited, helpful children's book that teaches kids just what to do if mommy suddenly becomes a member of the undead.

\$10.00 US | \$11.95 CAN
978-1-56975-926-4 (paperback)
978-1-56975-967-7 (ebook)

Season: Summer 2011

Category: Humor

Rights: World



The Ultimate Book of Dad Jokes

Gordon Hideaki Nagai

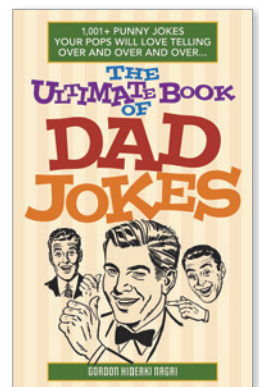
A massive collection of laughable, cheesy jokes perfect for amusing dads while slightly embarrassing the kids.

\$12.95 US | \$15.50 CAN
978-1-61243-556-5 (paperback)
978-1-61243-590-9 (ebook)

Season: Summer 2016

Category: Humor

Rights: World



The Very Hungry Parasite

Josh Miller

Discover the incredible, disturbing world of diseases and parasites in this faux children's book for adults—a bathroom reader to die for.

\$14.95 US | \$19.95 CAN

978-1-64604-301-9 (paperback)

978-1-61243-265-6 (ebook)

Season: Fall 2021

Category: Humor

Rights: World



You're Cute

Meera Lee Patel

A witty collection of cards to capture the attention of someone new or leave for those who go too far.

\$7.95 US | \$9.50 CAN

978-1-61243-190-1 (tear-out cards)

Season: Spring 2014

Category: Humor

Rights: World



We Wish You a Poopy Christmas

Bonnie Miller

A compilation of holiday tales with a toilet-themed twist, this is the perfect gift for Christmas lovers with a sense of humor.

\$14.95 US | \$19.50 CAN

978-1-61243-843-6 (hardcover)

978-1-61243-862-7 (ebook)

Season: Summer 2018

Category: Humor

Rights: World



A Zombie's History of the United States

Josh Miller

Uncover the haunting true history of the United States—one shaped by struggle, violence, and the constant threat of the undead.

\$13.95 US | \$16.50 CAN

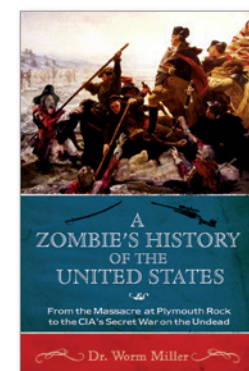
978-1-56975-860-1 (paperback)

978-1-56975-919-6 (ebook)

Season: Fall 2010

Category: Fiction

Rights: World



Women Don't Poop and Other Lies

Bonnie Miller

Get the scoop on lady poop with this surprising and hilarious combination of feminism and fecal facts, a perfect bathroom book for any feminist.

\$12.95 US | \$17.95 CAN

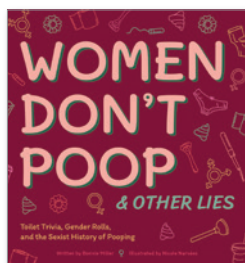
978-1-64604-078-0 (paperback)

978-1-64604-079-7 (ebook)

Season: Fall 2020

Category: Humor

Rights: World



101 Unofficial Roblox Story Starters

Sara Coleman

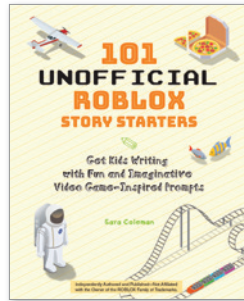
Write imaginative and awesome stories with prompts inspired by Roblox!

\$9.95 US | \$12.95 CAN
978-1-64604-136-7 (paperback)
978-1-64604-137-4 (ebook)

Season: Spring 2021

Category: Juvenile Nonfiction

Rights: World



The Action-Packed Book of Adventure Doodles

John M. Duggan

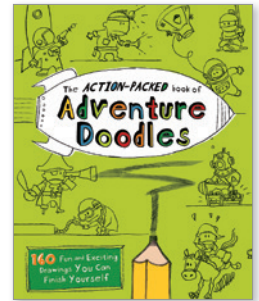
Doodle your greatest adventures!

\$12.95 US | \$16.50 CAN
978-1-56975-724-6 (paperback)

Season: Fall 2009

Category: Juvenile Nonfiction

Rights: World



A Is for America Letter Tracing

Editors of Ulysses Press

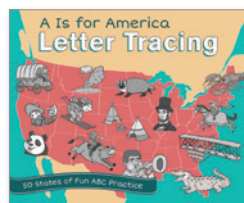
Help pre-K and kindergarteners master the basics of writing with this fun and engaging letter-tracing activity book all about the United States of America.

\$19.95 US | \$26.95 CAN
978-1-61243-665-4 (paperback)

Season: Spring 2017

Category: Juvenile Nonfiction

Rights: World



And Off You Go to Change the World

Ashten Evans

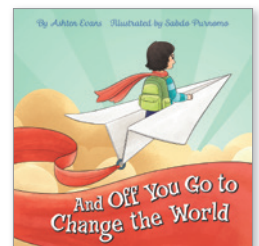
Give preschool and kindergarten grads the gift of inspiration with this perfect graduation day gift: a book full of positive messages paired with adorable, colorful illustrations that promises to uplift and encourage children on their big day.

\$12.95 US | \$17.95 CAN
978-1-64604-032-2 (hardback)
978-1-64604-109-1 (ebook)

Season: Spring 2021

Category: Juvenile Nonfiction

Rights: World



The ABCs of Asian American History

Renee Rutledge

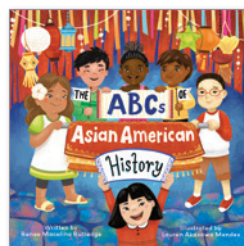
Celebrate and learn about the many cultures that fall under the Asian American umbrella in this alphabetically organized, rhyming, and colorfully illustrated picture book for kids!

\$14.95 US | \$19.95 CAN
978-1-64604-454-2 (hardback)
978-1-64604-475-7 (ebook)

Season: Spring 2023

Category: Juvenile Nonfiction

Rights: World



Bella Should Have Dumped Edward

Michelle Pan

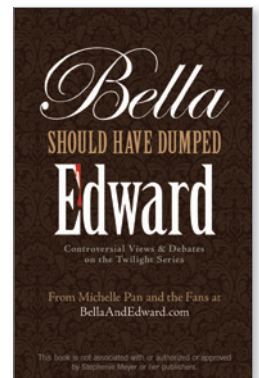
Indulge your love of everything Twilight with this rowdy review of the series by the experts at the popular fan website BellaAndEdward.com.

\$14.95 US | \$17.50 CAN
978-1-56975-822-9 (paperback)
978-1-56975-876-2 (ebook)

Season: Summer 2010

Category: Juvenile Nonfiction

Rights: World



The Big Book of Horse Trivia for Kids

Bernadette Johnson

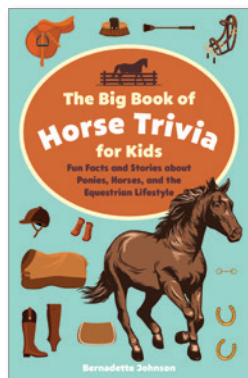
Saddle up and take the reins as you discover more than you ever knew about horses, ponies, and other four-legged friends from the family Equidae in this epic horse trivia book written just for kids!

\$15.95 US | \$21.95 CAN
978-1-64604-447-4 (paperback)
978-1-64604-468-9 (ebook)

Season: Spring 2023

Category: Juvenile Nonfiction

Rights: World



The Cars, Trucks, Trains, and Planes Pre-K Workbook

Celeste Meiergerd

Start your engines and get ready for preschool and kindergarten with the fun, informative activities and worksheets in this educational workbook filled with construction vehicles, cars, boats, planes, and trains.

\$12.95 US | \$17.95 CAN
978-1-64604-038-4 (paperback)

Season: Summer 2020

Category: Juvenile Nonfiction

Rights: World



Buckley the Highland Cow and Ralph the Goat

Renee Rutledge

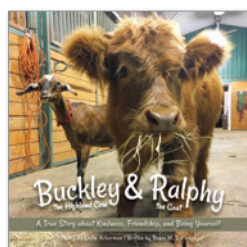
Follow this charming true story of Buckley, an orphaned cow, and his best friend Ralph, along their journey to overcome barnyard bullying and loneliness, and discover the power of resilience, diverse friendships, and loving who you are!

\$12.95 US | \$17.95 CAN
978-1-64604-028-5 (hardback)
978-1-64604-103-9 (ebook)

Season: Spring 2021

Category: Juvenile Nonfiction

Rights: World



The College Bucket List

Kourtney Jason and Darcy Pedersen

Maximize your college experience with this helpful guide to living the best college life possible, from finding amazing courses and creating lifelong memories to challenging yourself to bold new experiences.

\$14.95 US | \$19.50 CAN
978-1-61243-642-5 (paperback)
978-1-61243-653-1 (ebook)

Season: Fall 2016

Category: Self-Help

Rights: World



Busy Bags Kids Will Love

Sara McClure

Discover the hottest new trend among parents, teachers, and babysitters for making kids' playtime magical—"busy bag" crafts.

\$34.95 US | \$46.95 CAN
978-1-61243-667-8 (paperback)
978-1-61243-690-6 (ebook)

Season: Summer 2017

Category: Crafts & Hobbies

Rights: World



Coloring with Danny the Digger

Aja Mulford

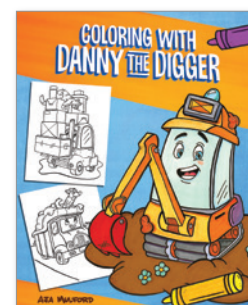
Color in Danny, a tenacious little excavator, and all his tractor, truck, digger, and crane friends with this construction coloring book for kids ages 2 to 5.

\$12.95 US | \$17.95 CAN
978-1-64604-388-0 (paperback)

Season: Fall 2021

Category: Juvenile Nonfiction

Rights: World



Curious Cases: True Crime for Kids

Rebecca Valley

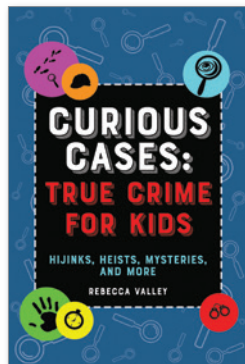
Introduce middle-grade readers to the intriguing and exciting history of true crime, including capers, stories, unsolved crimes, daring escapes, famous art heists, and much more in this first-ever true crime book specifically for kids.

\$14.95 US | \$19.95 CAN (hardback)
\$9.95 US | \$12.95 CAN (paperback)
978-1-64604-384-2 (hardback)
978-1-64604-349-1 (paperback)
978-1-64604-369-9 (ebook)

Season: Summer 2022

Category: Juvenile Nonfiction

Rights: World



Danny the Digger Saves Christmas

Aja Mulford

Discover the heartwarming story of Danny, a young mini excavator struggling to find his place in the busy winter city construction site, who is about to get the most important job of all—saving Christmas.

\$14.95 US | \$19.95 CAN
978-1-64604-084-1 (hardback)
978-1-64604-085-8 (ebook)

Season: Fall 2020

Category: Juvenile Nonfiction

Rights: World



Daily Zen Doodles

Meera Lee Patel

In this one-of-a-kind mindfulness workbook for teens, *New York Times*-best-selling artist and author of *Start Where You Are*, Meera Lee Patel, presents an entire year of calming, stress-relieving zentangle-style drawings for young, first-time zen drawers to help relax and enjoy a truly mindful moment of creativity.

\$16.95 US | \$18.50 CAN
978-1-61243-359-2 (paperback)
978-1-61243-378-3 (ebook)

Season: Fall 2014

Category: Juvenile Nonfiction

Rights: World



The Doodle Book

John M. Duggan

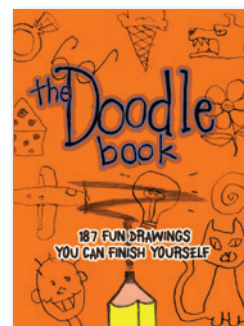
Unleash endless creative fun with this entertaining doodle book for kids from artist and author John Duggan.

\$15.95 US | \$21.95 CAN
978-1-56975-676-8 (paperback)

Season: Summer 2008

Category: Juvenile Nonfiction

Rights: World



Danny the Digger Learns the ABCs

Aja Mulford

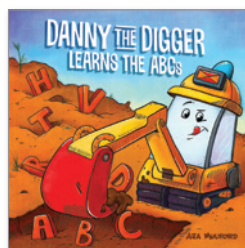
Join Danny, a young mini excavator, as he and his construction site friends take on a new job and learn the alphabet along the way!

\$8.99 US | \$11.99 CAN
978-1-64604-317-0 (board books)
978-1-64604-342-2 (ebook)

Season: Spring 2022

Category: Juvenile Nonfiction

Rights: World



Drawing Animals

Lise Herzog

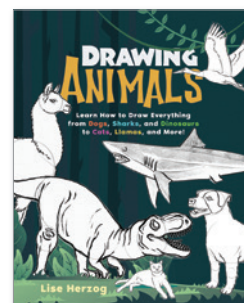
Learn how to draw cool creatures, awesome wildlife, and all your favorite animals with step-by-step instructions and helpful tips on the best drawing tools to try out.

\$7.00 US | \$10.00 CAN
978-1-64604-157-2 (paperback)
978-1-64604-156-5 (ebook)

Season: Spring 2021

Category: Juvenile Nonfiction

Rights: US, Canada, Mexico



Drawing Chibi

Tessa Creative Art

Learn how to draw adorable manga- and anime-style illustrations, including popular chibi onesies and adorable kawaii critters, with step-by-step instructions.

\$12.95 US | \$17.95 CAN

978-1-64604-093-3 (paperback)

978-1-64604-094-0 (ebook)

Season: Fall 2020

Category: Juvenile Nonfiction

Rights: World



Farting Sloth (& Friends) Stickers

Editors of Ulysses Press

Break some wind and break open this sticker book full of farting sloths and other farting animal friends, including unicorns, cats, dinosaurs, and much more!

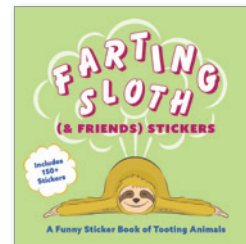
\$10.95 US | \$14.95 CAN

978-1-64604-155-8 (paperback)

Season: Summer 2021

Category: Juvenile Nonfiction

Rights: World



Drawing Fantasy Chibi

Sarah E. White and Tessa Creative Art

Learn how to draw adorable, step-by-step anime- and manga-inspired mythical creatures, including chibi mermaids, unicorns, fairies, and more with this easy-to-follow how-to-draw book!

\$10.00 US | \$13.00 CAN

978-1-64604-402-3 (paperback)

978-1-64604-437-5 (ebook)

Season: Fall 2022

Category: Juvenile Nonfiction

Rights: World



Field Guide to Unicorns of North America

Andy Robbins

Become an expert on the various species of North American Unicornus thanks to this fun, funny, and fascinating field guide!

\$11.95 US | \$15.50 CAN

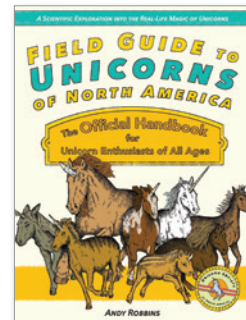
978-1-64604-140-4 (paperback)

978-1-64604-141-1 (ebook)

Season: Spring 2021

Category: Juvenile Nonfiction

Rights: World



Drawing Spooky Chibi

Sarah E. White and Tessa Creative Art

Step-by-step tutorials on how to draw a variety of anime- and manga-style chibi monsters, including vampires, zombies, ghosts, and other cute and scary monsters!

\$10.00 US | \$13.00 CAN

978-1-64604-496-2 (paperback)

978-1-64604-520-4 (ebook)

Season: Summer 2023

Category: Juvenile Nonfiction

Rights: World



Fun and Friendly Calligraphy for Kids

Virginia Lucas Hart

With hundreds of colorful photos and step-by-step illustrations, this kid-friendly guide offers everything a beginner calligrapher needs to get started with beautiful handwriting.

\$15.95 US | \$20.95 CAN

978-1-61243-722-4 (paperback)

978-1-61243-745-3 (ebook)

Season: Fall 2017

Category: Juvenile Nonfiction

Rights: World



A Girl's Guide to Bible Journaling

Kristin Duran

Discover how to express your love for the Lord with the creative and easy-to-follow step-by-step techniques and projects in this inspirational Bible journaling guide for teen girls.

\$16.95 US | \$22.95 CAN
978-1-64604-070-4 (paperback)
978-1-64604-071-1 (ebook)

Season: Fall 2020

Category: Juvenile Nonfiction

Rights: World



Introduction to Norse Mythology for Kids

Peter Aperlo

Immerse yourself in the dangerous, fascinating, and awesome world of Norse heroes, monsters, gods, and goddesses, from Thor and Loki to Odin, Frey, and many more!

\$14.95 US | \$19.95 CAN
978-1-64604-190-9 (paperback)
978-1-64604-215-9 (ebook)

Season: Summer 2021

Category: Juvenile Nonfiction

Rights: World



Hilariously Lamé Jokes!

Harry Hilton

Uncover the most forehead-slapping, lame jokes, riddles, and knock-knocks ever written in this big book of jokes for kids that will have the whole family laughing.

\$24.95 US | \$33.95 CAN
978-1-61243-827-6 (paperback)
978-1-61243-852-8 (ebook)

Season: Summer 2018

Category: Juvenile Nonfiction

Rights: US, Canada



The Little Book of Plastic Lace Crafts

Yonatan Setbon

Spice up your summer with this handy DIY guide packed with easy projects, beginners' tutorials, camp crafts, and more!

\$12.95 US | \$17.95 CAN
978-1-64604-501-3 (paperback)
978-1-64604-519-8 (ebook)

Season: Summer 2023

Category: Juvenile Nonfiction

Rights: World



Introduction to Igbo Mythology for Kids

Chinelo Anyadiegwu

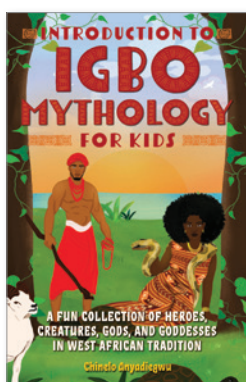
Immerse yourself in the vibrant world of Igbo heroes, deities, creatures, folktales, and myths, including Chineke the creator, Ana, Igwe, Anyanwu, Ekwensu, the lion king, and more.

\$14.95 US | \$19.95 CAN
978-1-64604-314-9 (paperback)
978-1-64604-341-5 (ebook)

Season: Spring 2023

Category: Juvenile Nonfiction

Rights: World



Luna Finds Love Everywhere

Shainna Ali

Celebrate the joy of learning to love yourself with Luna and friends!

\$16.95 US | \$22.95 CAN
978-1-64604-192-3 (hardback)
978-1-64604-212-8 (ebook)

Season: Summer 2021

Category: Juvenile Nonfiction

Rights: World



Mugglenet.com's Harry Potter Should Have Died

Emerson Spartz and Ben Schoen

Digging into every reference in all seven books, the Mugglenet.com founders present fun debates about everything Potter.

\$14.95 US | \$17.50 CAN
978-1-56975-711-6 (paperback)
978-1-56975-744-4 (ebook)

Season: Summer 2009

Category: Juvenile Nonfiction

Rights: World



Parallel Parking Is Easy (and Other Lies)

Kristy Grant

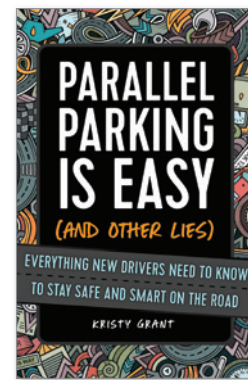
Give young drivers the keys they need to be safe and responsible behind the wheel with this essential guide for new drivers.

\$12.95 US | \$17.95 CAN
978-1-64604-159-6 (paperback)
978-1-64604-158-9 (ebook)

Season: Spring 2021

Category: Juvenile Nonfiction

Rights: World



My Fashion Doodles and Designs

Frances Moffatt

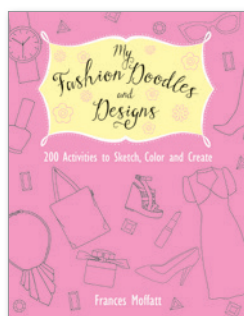
Unleash your creativity with this fun, hip, and glamorous fashion doodle and coloring book for today's young fashionista.

\$16.95 US | \$20.99 CAN
978-1-61243-434-6 (paperback)

Season: Summer 2015

Category: Juvenile Nonfiction

Rights: US, Canada



Practice Writing with Dinosaurs!

Terry Dactall

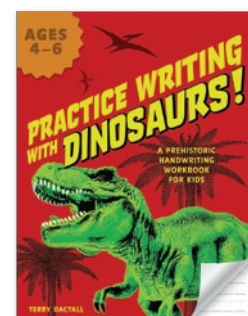
Discover the joy of practicing print and cursive handwriting with this fun, informative, and fact-based dinosaur activity book for kids ages 4 to 6!

\$12.95 US | \$13.95 CAN
978-1-64604-202-9 (paperback)

Season: Fall 2020

Category: Juvenile Nonfiction

Rights: World



One Hundred Percent Me

Renee Rutledge

A heartwarming story about the joys of multicultural families and being mixed race. *One Hundred Percent Me* takes readers (ages 4 to 8) along as a young girl explores and accepts her unique identity.

\$17.95 US | \$23.95 CAN
978-1-64604-348-4 (hardback)
978-1-64604-368-2 (ebook)

Season: Summer 2022

Category: Juvenile Fiction

Rights: World



Professor Jonathan T. Buck's Mysterious Airship Notebook

Keith Riegert and Sam Kaplan

Part how-to-draw instructional guide, part thrilling airship adventure book!

\$10.00 US | \$13.00 CAN
978-1-64604-299-9 (paperback)
978-1-61243-035-5 (ebook)

Season: Fall 2021

Category: Juvenile Nonfiction

Rights: World



Resistance Stories from Black History for Kids

Rann Miller

Learn about and be inspired by the unfrequented stories of Ona Marie Judge, Vicente Guerrero, the Black Panthers, the Haitian Revolution, Martin Luther King Junior's "I Have a Dream" speech, and more. Perfect for middle-grade readers!

\$15.95 US | \$21.95 CAN
978-1-64604-445-0 (paperback)
978-1-64604-466-5 (ebook)

Season: Spring 2023

Category: Juvenile Nonfiction

Rights: World



The Self-Love Workbook for Teens

Shainna Ali

Discover how to change your attitude, build confidence in who you are, and genuinely love yourself through the guided activities and real-world advice in this easy-to-use, friendly workbook for teens and young adults.

\$15.95 US | \$21.95 CAN
978-1-64604-010-0 (paperback)
978-1-64604-055-1 (ebook)

Season: Spring 2020

Category: Young Adult Nonfiction

Rights: World



Screen-Free Crafts Kids Will Love

Lynn Lilly and The Craft Box Girls Team

Discover educational, entertaining crafts that are sure to get kids and parents to unplug and interact all day long.

\$29.95 US | \$39.95 CAN
978-1-61243-564-0 (paperback)
978-1-61243-587-9 (ebook)

Season: Summer 2016

Category: Crafts & Hobbies

Rights: World



The Self-Regulation Workbook for Kids

Jenna Berman

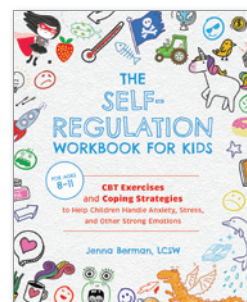
Help your child identify, understand, and take control of their feelings with the kid-friendly cognitive behavioral therapy and self-regulation exercises in this easy-to-use workbook.

\$17.95 US | \$23.95 CAN
978-1-64604-183-1 (paperback)
978-1-64604-213-5 (ebook)

Season: Summer 2021

Category: Juvenile Nonfiction

Rights: World



See It with a Small Telescope

Will Kalif

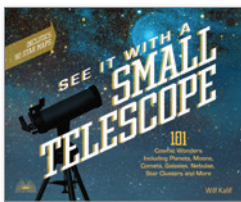
Have fun exploring the stars with close-up views of space objects right from your backyard!

\$16.95 US | \$21.95 CAN
978-1-61243-756-9 (paperback)
978-1-61243-774-3 (ebook)

Season: Fall 2017

Category: Science

Rights: World



Skater Girl

Patty Segovia and Rebecca Heller

An invitation for girls to have fun, be cool, and learn to ride in the skateboard subculture.

\$17.95 US | \$24.95 CAN
978-1-56975-542-6 (paperback)

Season: Fall 2006

Category: Juvenile Nonfiction

Rights: World



Slime Sorcery

Adam Vandergrift

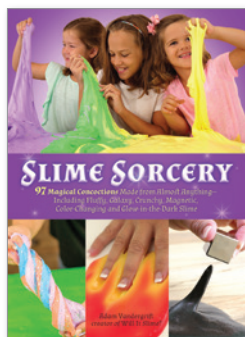
The craziest and biggest book of DIY slime recipes ever!

\$29.95 US | \$39.95 CAN
978-1-61243-754-5 (paperback)
978-1-61243-775-0 (ebook)

Season: Fall 2017

Category: Juvenile Nonfiction

Rights: World



Thank You a Latte

Stephanie Mackay

Pair thoughtful teacher appreciation week gifts with these one-of-a-kind, kid-created tear-out cards that teachers will treasure long after the school year ends.

\$7.95 US | \$10.95 CAN
978-1-64604-027-8 (tear-out cards)

Season: Spring 2020

Category: Juvenile Nonfiction

Rights: World



Take Me Out to the Math Game

Erin Highling

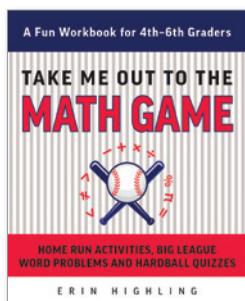
Bring math to life with balls, strikes, and hits!

\$11.95 US | \$15.50 CAN
978-1-61243-787-3 (paperback)
978-1-61243-810-8 (ebook)

Season: Spring 2018

Category: Juvenile Nonfiction

Rights: World



The Ultimate Teacher Appreciation Gift Book

Annie Brock

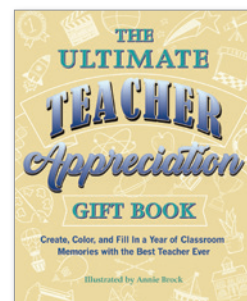
Give every amazing teacher a gift they'll treasure forever with a book filled with fun prompts that kids can fill out, personalize, and color to say thank you for a wonderful school year.

\$10.00 US | \$13.00 CAN
978-1-64604-026-1 (paperback)

Season: Spring 2020

Category: Juvenile Nonfiction

Rights: World



The Teen Anxiety Guidebook

Stephanie Mackay

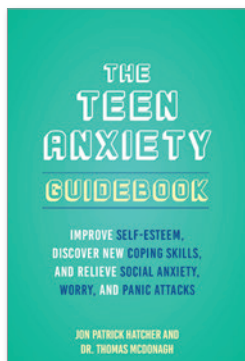
Break free from anxiety and manage stress with simple strategies and cognitive behavioral therapy (CBT) techniques in this straightforward and encouraging handbook.

\$15.95 US | \$21.95 CAN
978-1-64604-504-4 (paperback)
978-1-64604-524-2 (ebook)

Season: Summer 2023

Category: Juvenile Nonfiction

Rights: World



The Unofficial Heroes of Olympus Companion

Richard Marcus, Natalie Buczynsky, and Jonathan Shelnutt

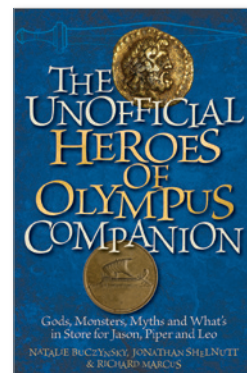
Fascinating facts about Greek myths and gods combined with insights and predictions for the Heroes of Olympus series and its new generation of demigods.

\$13.95 US | \$18.95 CAN
978-1-56975-986-8 (paperback)
978-1-61243-012-6 (ebook)

Season: Fall 2011

Category: Juvenile Nonfiction

Rights: World



The Unofficial Hogwarts Cookbook for Kids

Alana Al-Hatlani

Make magic in the kitchen with friendly recipes designed for kid chefs and inspired by the Harry Potter series!

\$17.95 US | \$23.95 CAN
978-1-64604-181-7 (hardback)
978-1-64604-211-1 (ebook)

Season: Summer 2021

Category: Juvenile Nonfiction

Rights: World



WWII Battle Trivia for Kids

Brette Sember

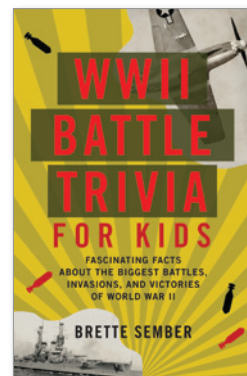
Immerse yourself in action-packed trivia all about the largest and most infamous battles of WWII—perfect for middle-grade readers!

\$15.95 US | \$21.95 CAN
978-1-64604-182-4 (paperback)
978-1-64604-214-2 (ebook)

Season: Summer 2021

Category: Juvenile Nonfiction

Rights: World



The Unofficial Magnus Chase and the Gods of Asgard Companion

Peter Aperlo

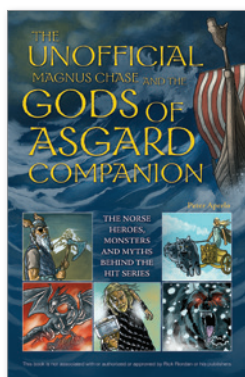
Fascinating background facts, stories, and mythological information for the upcoming Magnus Chase and the Gods of Asgard series.

\$12.95 US | \$15.99 CAN
978-1-61243-482-7 (paperback)
978-1-61243-520-6 (ebook)

Season: Fall 2015

Category: Juvenile Nonfiction

Rights: World



Yes Means Yes

Elaine Tai

Teach kids about the importance of consent and body boundaries in this full-color picture book, perfect for parents and young readers.

\$19.95 US | \$26.95 CAN
978-1-64604-490-0 (hardback)
978-1-64604-510-5 (ebook)

Season: Summer 2023

Category: Juvenile Nonfiction

Rights: World



Where Does the Easter Bunny Live?

Alicia Dantzker

Discover the adorable Easter book for toddlers that answers that age-old question: Where does the Easter bunny live?

\$10.00 US | \$13.50 CAN
978-1-64604-448-1 (board book)
978-1-64604-469-6 (ebook)

Season: Spring 2023

Category: Juvenile Nonfiction

Rights: World



LANGUAGE

Dirty Chinese

Matt Coleman and Edmund Backhouse

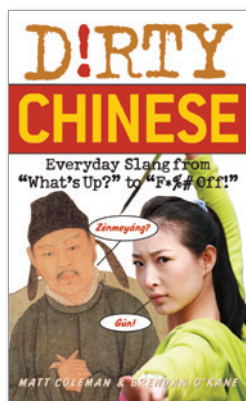
Learn all the slang words and modern street phrases you never got to in Chinese class with this fun, super-handy English-Chinese phrasebook.

\$12.95 US | \$17.95 CAN
978-1-56975-727-7 (paperback)
978-1-56975-797-0 (ebook)

Season: Spring 2010

Category: Foreign Language Studies

Rights: World



Dirty German: Second Edition

Daniel Chaffey

Learn the slang words, modern phrases, and curses they definitely never taught you in German class with this super-handy and hilariously improper English-German phrasebook.

\$12.95 US | \$17.95 CAN
978-1-64604-239-5 (paperback)
978-1-64604-281-4 (ebook)

Season: Spring 2022

Category: Foreign Language Studies

Rights: World



Dirty Czech

Martin Blaha

Learn the slang words, modern phrases, and curses they definitely never taught you in class with this super-handy and hilariously improper English-Czech phrasebook.

\$19.95 US | \$26.95 CAN
978-1-56975-871-7 (paperback)
978-1-56975-909-7 (ebook)

Season: Summer 2011

Category: Foreign Language Studies

Rights: World



Dirty Greek

Cristos Samaras

Learn all the fun words and modern slang street phrases you never got to in Greek class with this fun, super-handy English-Greek phrasebook.

\$15.95 US | \$21.95 CAN
978-1-61243-025-6 (paperback)
978-1-61243-038-6 (ebook)

Season: Spring 2013

Category: Foreign Language Studies

Rights: World



Dirty French: Second Edition

Adrien Clautrier and Henry Rowe

Learn the slang words, modern phrases, and curses they definitely never taught you in class with this super-handy and hilariously improper English-French phrasebook.

\$12.95 US | \$17.95 CAN
978-1-64604-238-8 (paperback)
978-1-64604-280-7 (ebook)

Season: Fall 2021

Category: Foreign Language Studies

Rights: World



Dirty Hungarian

Mark Adamsbaum and Réka Lengyel

Learn the slang words, modern phrases, and curses they definitely never taught you in class with this super-handy and hilariously improper English-Hungarian phrasebook.

\$10.00 US | \$11.95 CAN
978-1-61243-053-9 (paperback)
978-1-61243-079-9 (ebook)

Season: Summer 2012

Category: Foreign Language Studies

Rights: World



Dirty Italian: Third Edition

Gabrielle Euvino

Learn the slang words, modern phrases, and curses they definitely never taught you in Italian class with this super-handy and hilariously improper English-Italian phrasebook.

\$12.95 US | \$17.95 CAN
978-1-64604-261-6 (paperback)
978-1-64604-282-1 (ebook)

Season: Fall 2021

Category: Foreign Language Studies

Rights: World



Dirty Portuguese

Alice Rose, Nati Vale, and Pedro Cabral

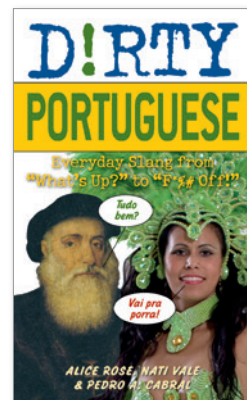
Learn how to say all the Portuguese words you could never learn in school with this handy travel guide to slang, casual phrases and, let's be honest, curse words.

\$12.00 US | \$16.00 CAN
978-1-56975-823-6 (paperback)
978-1-56975-880-9 (ebook)

Season: Fall 2010

Category: Foreign Language Studies

Rights: World



Dirty Japanese

Matt Fargo

Learn all the slang words and modern street phrases you never got to in Japanese class with this fun, super-handy English-Japanese phrasebook.

\$12.00 US | \$16.00 CAN
978-1-56975-565-5 (paperback)
978-1-56975-067-4 (ebook)

Season: Spring 2007

Category: Foreign Language Studies

Rights: World



Dirty Russian: Second Edition

Erin Coyne and Igor Fisun

Learn the slang words, modern phrases, and curses they definitely never taught you in Russian class with this super-handy and hilariously improper English-Russian phrasebook.

\$12.95 US | \$17.95 CAN
978-1-64604-258-6 (paperback)
978-1-64604-283-8 (ebook)

Season: Fall 2021

Category: Foreign Language Studies

Rights: World



Dirty Korean

Haewon Geebi Baek

Learn the slang words, modern phrases, and curses they definitely never taught you in class with this super-handy and hilariously improper English-Korean phrasebook.

\$10.00 US | \$11.95 CAN
978-1-56975-779-6 (paperback)
978-1-56975-829-8 (ebook)

Season: Summer 2010

Category: Foreign Language Studies

Rights: World



Dirty Sign Language

Van James T and Allison O

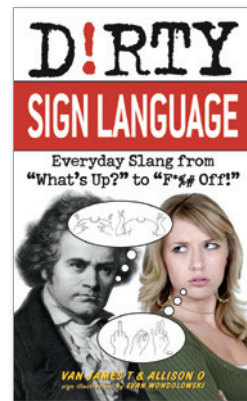
Learn all the sign language slang you've always wanted to know with this fun English-ASL phrasebook for the modern era.

\$10.00 US | \$11.95 CAN
978-1-56975-786-4 (paperback)
978-1-56975-836-6 (ebook)

Season: Summer 2011

Category: Foreign Language Studies

Rights: World



Dirty Spanish Flash Cards

Ulysses Press

This deck will teach you cool slang, funny insults, explicit sex terms and raw swear words. Have fun quizzing your friends with these awesome vocabulary words.

\$10.00 US | \$11.95 CAN
978-1-61243-242-7 (ebook)

Season: Spring 2013

Category: Foreign Language Studies

Rights: World



Dirty Yiddish

Adrienne Gusoff

Learn the Yiddish slang, swear words, funny insults, and modern phrases you could never learn in school.

\$12.00 US | \$16.00 CAN
978-1-61243-056-0 (paperback)
978-1-61243-080-5 (ebook)

Season: Fall 2012

Category: Foreign Language Studies

Rights: World



Dirty Spanish Workbook ND B

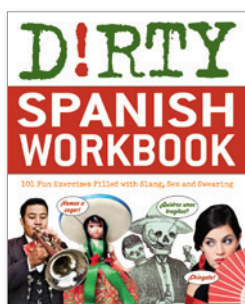
Learn Spanish slang, street words, and fun terms the same way you practice verbs and nouns in Spanish class. Only this isn't your normal, boring Spanish!

\$10.00 US | \$11.95 CAN
978-1-56975-928-8 (paperback)
978-1-56975-954-7 (ebook)

Season: Fall 2012

Category: Foreign Language Studies

Rights: World



Farm to Table French Phrasebook

Victoria Mas

French culinary phrases, foodie terms, and cultural tips come together in the ultimate food-lover's guide pays des délices.

\$26.95 US | \$35.95 CAN
978-1-64604-298-2 (paperback)
978-1-61243-380-6 (ebook)

Season: Spring 2022

Category: Foreign Language Studies

Rights: World



Dirty Spanish: Third Edition

Juan Caballero

Learn the slang words, modern phrases, and curses they definitely never taught you in Spanish class with this super-handly and hilariously improper English-Spanish phrasebook.

\$12.95 US | \$17.95 CAN
978-1-64604-237-1 (paperback)
978-1-64604-279-1 (ebook)

Season: Fall 2021

Category: Foreign Language Studies

Rights: World



Parisienne French

Rhianna Jones

Learn to speak French like a true Parisienne with vocabulary from the chic neighborhoods and vibrant clubs to high-fashion catwalks. This is the French you've always wanted to know but never learned in class.

\$12.95 US | \$15.99 CAN
978-1-64604-167-1 (paperback)
978-1-61243-256-4 (ebook)

Season: Fall 2020

Category: Foreign Language Studies

Rights: World



What They Didn't Teach You in French Class

Adrien Clautrier and Henry Rowe

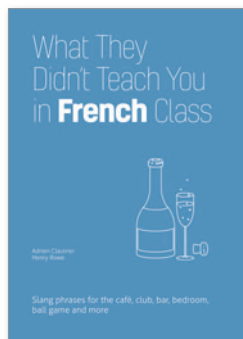
Learn all the French slang and current phrases you never learned in French class with this handy French-English phrasebook for modern travelers.

\$14.95 US | \$19.95 CAN
978-1-64604-393-4 (paperback)
978-1-61243-730-9 (ebook)

Season: Fall 2022

Category: Foreign Language Studies

Rights: World



What They Didn't Teach You in Russian Class

Erin Coyne and Igor Fisun

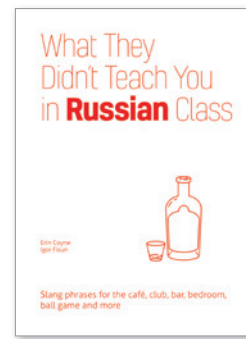
Learn all the Russian slang and current phrases that you never learned in class with this handy Russian-English phrasebook for modern travelers.

\$14.95 US | \$19.95 CAN
978-1-64604-394-1 (paperback)
978-1-61243-737-8 (ebook)

Season: Fall 2022

Category: Foreign Language Studies

Rights: World



What They Didn't Teach You in German Class

Daniel Chaffey

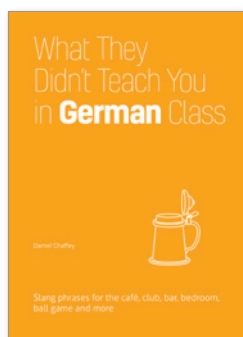
Learn all the German slang and current phrases you never learned in class with this handy German-English phrasebook for modern travelers.

\$14.95 US | \$19.95 CAN
978-1-64604-397-2 (paperback)
978-1-61243-735-4 (ebook)

Season: Fall 2022

Category: Foreign Language Studies

Rights: World



What They Didn't Teach You in Spanish Class

Juan Caballero

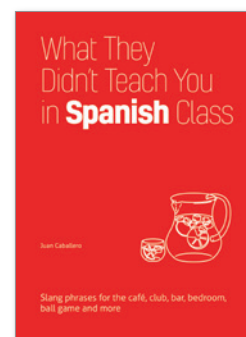
Learn all the Spanish slang and up-to-date phrases you always wanted to know in this handy English-Spanish phrasebook for modern travelers.

\$14.95 US | \$19.95 CAN
978-1-64604-395-8 (paperback)
978-1-61243-738-5 (ebook)

Season: Fall 2022

Category: Foreign Language Studies

Rights: World



What They Didn't Teach You in Italian Class

Gabrielle Euvino

Learn all the Italian slang and up-to-date phrases you always wanted to know in this handy English-Italian phrasebook for modern travelers.

\$14.95 US | \$19.95 CAN
978-1-64604-396-5 (paperback)
978-1-61243-736-1 (ebook)

Season: Fall 2022

Category: Foreign Language Studies

Rights: World



MAGIC & WITCHCRAFT

Herbal Tea Magic for the Modern Witch

Elsie Wild

Dive into the world of green witchery and uncover the destiny at the bottom of your tea cup with spells, rituals, and divination.

\$17.95 US | \$24.95 CAN
978-1-64604-247-0 (hardback)
978-1-64604-277-7 (ebook)

Season: Fall 2021

Category: Body, Mind, & Spirit

Rights: World



The Modern Art of Brujería

Lou Florez

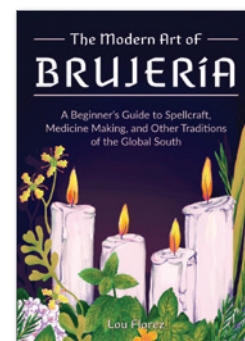
Delve into the world of witchcraft, communicate with your ancestors, and perform spiritual cleansings while celebrating culture and tradition.

\$17.95 US | \$24.95 CAN
978-1-64604-319-4 (hardback)
978-1-64604-325-5 (ebook)

Season: Summer 2022

Category: Body, Mind, & Spirit

Rights: World



The Little Book of Rootwork

Paris Ajana

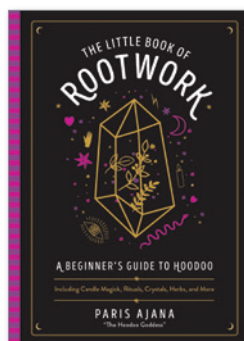
Explore the world of hoodoo with an experienced rootworker in this friendly, accessible guide to rituals, spells, and other traditional folk magic.

\$19.95 US | \$26.95 CAN
978-1-64604-187-9 (hardback)
978-1-64604-221-0 (ebook)

Season: Spring 2022

Category: Body, Mind, & Spirit

Rights: World



Spell Jars for the Modern Witch

Minerva Siegel

Dive into the magickal world of spellcrafting with fifty unique and customizable spell jar recipes, using everything from crystals and candles to tarot cards and herbs to heal, protect, and manifest your desires.

\$16.95 US | \$23.95 CAN
978-1-64604-495-5 (hardback)
978-1-64604-521-1 (ebook)

Season: Summer 2023

Category: Body, Mind, & Spirit

Rights: World



Canine Commandos

Nigel Cawthorne

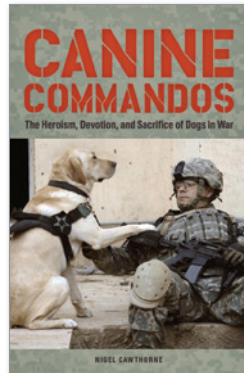
Emotionally powerful stories celebrating the extraordinary military missions and achievements of man's best friend.

\$14.95 US | \$17.50 CAN
978-1-61243-055-3 (paperback)
978-1-61243-077-5 (ebook)

Season: Spring 2012

Category: Pets

Rights: World



Courage After Fire

Keith Armstrong, Dr. Suzanne Best, and Dr. Paula Domenici

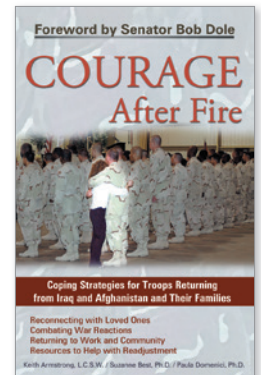
Learn how to come back home after a tour of duty with less anxiety and stress with this comprehensive, best-selling guide for service members and their families that Senator Bob Dole calls “a crucial tool for the men and women who have been serving our country so VALIANTLY.”

\$14.95 US | \$17.50 CAN
978-1-56975-513-6 (paperback)
978-1-56975-277-7 (ebook)

Season: Fall 2005

Category: Psychology

Rights: World



Confirmed Kill

Nigel Cawthorne

Adrenaline-fueled stories of the world's best marksmen, their daring missions, and their most incredible kill shots.

\$16.95 US | \$22.95 CAN
978-1-61243-023-2 (paperback)
978-1-61243-030-0 (ebook)

Season: Fall 2011

Category: History

Rights: World



Gives Me Hope

Emerson Spartz and Gaby Spartz

Discover life-changing stories of pure hope in the collection that the *L.A. Times* says is filled with “uplifting moments” and “people who and shore each other up against the vagaries of life.”

\$12.95 US | \$15.50 CAN
978-1-56975-828-1 (paperback)
978-1-56975-875-5 (ebook)

Season: Spring 2011

Category: Self-Help

Rights: World



Constant Comedy

Art Bell

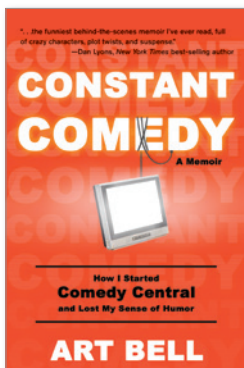
Discover the riveting, hilarious true story of the birth of Comedy Central in what *New York Times* best-selling author Dan Lyons calls the “funniest behind-the-scenes memoir I’ve ever read, full of crazy characters, plot twists, and suspense.”

\$17.95 US | \$24.95 CAN
978-1-64604-441-2 (paperback)
978-1-64604-090-2 (ebook)

Season: Fall 2022

Category: Biography & Autobiography

Rights: World



The Greatest Survival Stories of All Time

Cara Tabachnick

Discover the harrowing true tales of those who have faced certain death...and survived!

\$15.95 US | \$20.95 CAN
978-1-61243-908-2 (paperback)
978-1-61243-922-8 (ebook)

Season: Summer 2019

Category: Sports & Recreation

Rights: World



Robin Elise Weiss

\$14.95 US | \$16.50 CAN
978-1-56975-570-9 (paperback)
978-1-56975-425-2 (ebook)

Category: Health & Fitness

Rights: World



Editors of Ulysses Press

\$12.95 US | \$17.95 CAN
978-1-61243-936-5 (paperback)

Category: Business & Economics

Rights: World

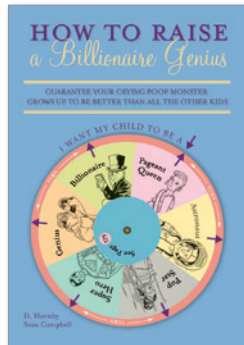


Sean Campbell and D. Hornby

\$14.95 US | \$16.50 CAN
978-1-61243-120-8 (paperback)
978-1-61243-157-4 (ebook)

Category: Humor

Rights: World



Tony Brueski and Jenny Brueski

\$12.95 US | \$17.95 CAN
978-1-61243-715-6 (paperback)
978-1-61243-750-7 (ebook)

Category: Body, Mind, & Spirit

Rights: World

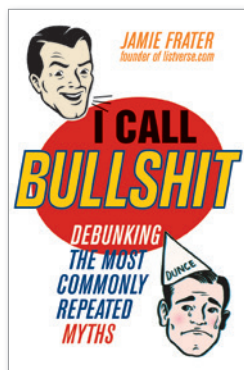


Jamie Frater

\$13.95 US | \$16.50 CAN
978-1-56975-985-1 (paperback)
978-1-61243-010-2 (ebook)

Category: Reference

Rights: World

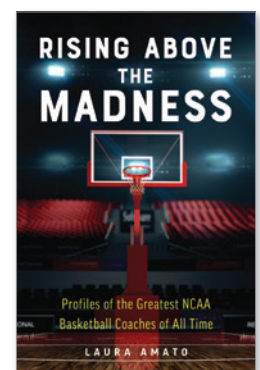


Laura Amato

\$16.95 US | \$21.95 CAN
978-1-61243-893-1 (paperback)
978-1-61243-919-8 (ebook)

Category: Sports & Recreation

Rights: World



The Robots Are Coming

John Pugliano

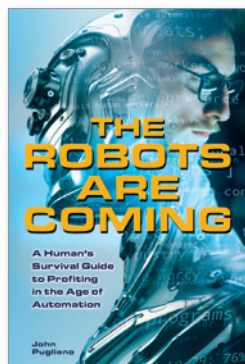
How you can survive (and even thrive) during the artificial intelligence–powered robot takeover of the workplace.

\$14.95 US | \$18.95 CAN
978-1-61243-669-2 (paperback)
978-1-61243-705-7 (ebook)

Season: Summer 2017

Category: Business & Economics

Rights: World



Warrior Elite

Nigel Cawthorne

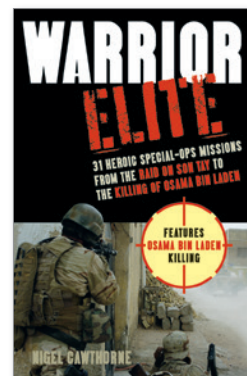
Drop into some of history's most death-defying military missions conducted by elite special forces in the world's most dangerous war zones

\$14.95 US | \$17.50 CAN
978-1-56975-930-1 (paperback)
978-1-56975-969-1 (ebook)

Season: Summer 2011

Category: History

Rights: World



The RV Travel Journal

Sarah Cribari

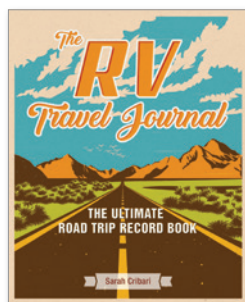
Whether taking a weekend excursion to your favorite state park or embarking on a cross-country journey, this logbook has everything you need to plan your trip, record your memories, and cherish your RV travel adventures!

\$14.95 US | \$19.95 CAN
978-1-64604-197-8 (paperback)

Season: Summer 2021

Category: Travel

Rights: World



William Shakespeare Rewritten by You

Joelle Herr

Create your own William Shakespeare classics with this laugh-out-loud Mad-Libs–style word game for adults.

\$10.00 US | \$11.95 CAN
978-1-61243-353-0 (paperback)
978-1-61243-376-9 (ebook)

Season: Summer 2014

Category: Fiction

Rights: World



Teach Your Dog to Talk

Stephanie Rocha

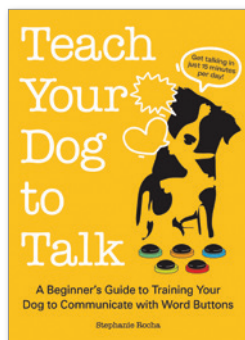
Train your dog or puppy to communicate with you through more than just barks with the first-ever book on pet training with speech buttons and soundboards!

\$15.95 US | \$21.95 CAN
978-1-64604-254-8 (paperback)
978-1-64604-276-0 (ebook)

Season: Fall 2021

Category: Psychology

Rights: World



You're Only Dead Once

Editors of Ulysses Press

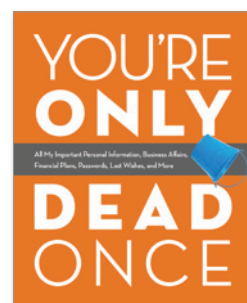
Make your passing easier on your loved ones by compiling and organizing all of your important personal information, from social media passwords to power of attorney, in this simple-to-use planner.

\$14.95 US | \$19.95 CAN
978-1-64604-008-7 (paperback)

Season: Spring 2020

Category: Family & Relationships

Rights: World



POP CULTURE

2Fish

Jhené Aiko Efuru Chilombo

Grammy-nominated singer/songwriter Jhené Aiko Efuru Chilombo has developed and refined a method of emoting through writing.

\$14.95 US | \$19.50 CAN
978-1-61243-763-7 (hardcover)
978-1-61243-826-9 (ebook)

Season: Fall 2017
Category: Music
Rights: World



Believe

Valentin Ramon

Relive your favorite moments of *Ted Lasso* with this unofficial coloring book for fans of Ted and the whole AFC Richmond crew.

\$10.00 US | \$17.95 CAN
978-1-64604-515-0 (paperback)

Season: Fall 2022
Category: Art
Rights: World



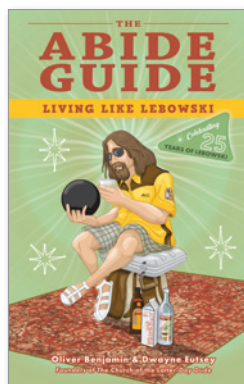
The Abide Guide

Oliver Benjamin and Dwayne Eutsey

Celebrate the 25th anniversary of Ethan and Joel Coen's cinematic triumph *The Big Lebowski* with this ultimate guide to life from the founders of the Church of Latter-Day Dude.

\$15.95 US | \$21.95 CAN
978-1-64604-401-6 (paperback)
978-1-64604-431-3 (ebook)

Season: Fall 2022
Category: Self-Help
Rights: World



Build Your Own Christmas Movie Romance

Riane Konc

Create the Christmas romance of your dreams scene by scene, twist by charmingly predictable twist.

\$24.95 US | \$32.50 CAN
978-1-61243-944-0 (hardcover)
978-1-61243-953-2 (ebook)

Season: Fall 2019
Category: Humor
Rights: World



Beet This

Keith Riegert, Tyanni Niles, and Sam Kaplan

Settle in for a stay at Schrute Farms Bed & Breakfast with this hilarious unofficial cookbook featuring rustic, beet-heavy recipes that *Mental Floss* calls "the perfect treat for any mega fans of *The Office*."

\$17.95 US | \$24.95 CAN
978-1-64604-188-6 (hardback)
978-1-64604-217-3 (ebook)

Season: Summer 2021
Category: Cooking
Rights: World



Build Your Own Romantic Comedy

Lana Schwartz

Live the cheesy rom-com love story of your dreams with this hilarious mix-and-match adventure through adorable meet-cutes, fun montages, and grand romantic gestures that *Entertainment Weekly* calls "brilliantly fun."

\$24.95 US | \$33.95 CAN
978-1-64604-005-6 (hardcover)
978-1-64604-052-0 (ebook)

Season: Spring 2020
Category: Humor
Rights: World



Cross-Stitch Like a Queen

David Hastings

Get stitching with this first-of-its-kind collection of creative and colorful patterns inspired by drag queens, pride, and the LGBTQIA+ community!

\$17.95 US | \$24.95 CAN
978-1-64604-251-7 (paperback)
978-1-64604-270-8 (ebook)

Season: Fall 2021

Category: Humor

Rights: World



Just a Bunch of Hocus Pocus

Valentin Ramon

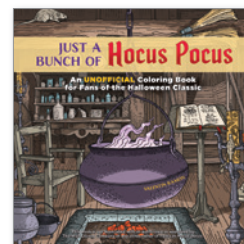
Travel to Salem, Massachusetts, with this unofficial coloring book featuring 20 original hand-drawn illustrations inspired by the sets of the cult-favorite film *Hocus Pocus*.

\$10.00 US | \$13.00 CAN
978-1-64604-359-0 (paperback)

Season: Summer 2022

Category: Art

Rights: World



Cry Baby Coloring Book

Melanie Martinez

Color in each page as Melanie Martinez's fictional character Cry Baby takes you on her journey into becoming more comfortable in her skin.

\$10.00 US | \$13.00 CAN
978-1-61243-686-9 (paperback)

Season: Fall 2016

Category: Biography & Autobiography

Rights: World



K-12 Coloring Book

Melanie Martinez

Color in each page as Melanie Martinez's fictional character Cry Baby and a few magical friends plan their escape from the K-12 Sleepaway School.

\$14.95 US | \$19.95 CAN
978-1-64604-307-1 (paperback)

Season: Fall 2021

Category: Fiction

Rights: World



Don't Lose Your Head

Harriet Marsden

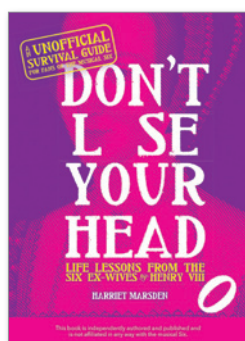
Survive alongside Catherine of Aragon, Anne Boleyn, and the rest of King Henry VIII's ill-fated wives with this witty book of essential life advice, history, and trivia—the perfect handbook for fans of the hit musical *Six*.

\$16.95 US | \$22.95 CAN
978-1-64604-129-9 (hardback)
978-1-64604-128-2 (ebook)

Season: Spring 2021

Category: History

Rights: World



Life Lessons Harry Potter Taught Me

Jill Kolongowski

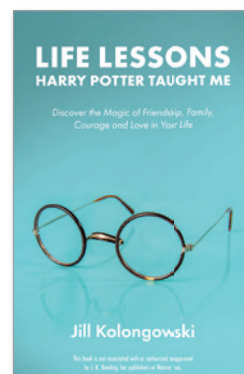
Get inspired by this light-hearted self-help guide that draws lessons from the Harry Potter series for everyday life in the real world.

\$14.95 US | \$19.50 CAN
978-1-61243-724-8 (paperback)
978-1-61243-747-7 (ebook)

Season: Fall 2017

Category: Literary Criticism

Rights: World



Lights Camera Booze

Kourtney Jason and Lauren Metz

Make movie night epically fun with dozens of drinking games tailor made for the best cult-classic movies of all time.

\$14.95 US | \$17.50 CAN

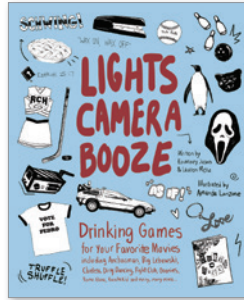
978-1-61243-238-0 (paperback)

978-1-61243-254-0 (ebook)

Season: Fall 2013

Category: Games & Activities

Rights: World



Never Have I Ever

Kourtney Jason and Josh Miller

Break out the booze and get ready to spill some secrets with this mammoth collection of “Never Have I Ever” prompts for everyone’s favorite adult drinking game.

\$14.95 US | \$19.95 CAN

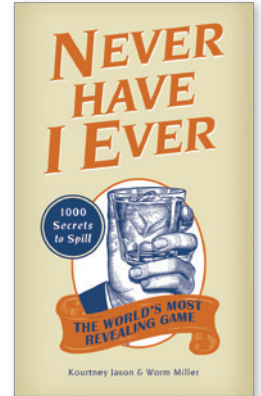
978-1-61243-099-7 (paperback)

978-1-61243-141-3 (ebook)

Season: Fall 2012

Category: Humor

Rights: World



The Little Women Cookbook

Jenne Bergstrom and Miko Osada

Join the March family for joyous Christmas breakfasts, lovely lunches, scrumptious desserts, and more!

\$19.95 US | \$32.50 CAN

978-1-61243-943-3 (hardcover)

978-1-61243-959-4 (ebook)

Season: Fall 2019

Category: Cooking

Rights: World



The Official Britney Spears Coloring Book

Ulysses Press

Celebrate your favorite songs, performances, and music video moments with this official Britney Spears coloring book.

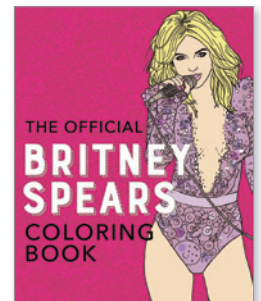
\$14.95 US | \$19.95 CAN

978-1-64604-308-8 (paperback)

Season: Fall 2021

Category: Music

Rights: US, Canada, UK, ANZ



Mr. Bud's Pot Smoking Games

Mr. Bud

Fire a joint and light up the night with ganja-themed games.

\$16.95 US | \$22.95 CAN

978-1-61243-286-1 (paperback)

978-1-61243-338-7 (ebook)

Season: Spring 2014

Category: Games & Activities

Rights: World



Once Upon a Rind in Hollywood

Editors of Ulysses Press

Celebrate your favorite films with delicious cheese boards, creative charcuterie platters, and movie-themed snack recipes in this punny and tasty cookbook.

\$19.95 US | \$26.95 CAN

978-1-64604-409-2 (hardback)

978-1-64604-432-0 (ebook)

Season: Spring 2023

Category: Cooking

Rights: World



The One with All the Coloring

Valentin Ramon

Grab your pens, sit down, relax, and color in dozens of original, hand-drawn sets inspired by 10 amazing seasons of *FRIENDS*.

\$10.00 US | \$13.00 CAN
978-1-64604-164-0 (paperback)

Season: Summer 2020

Category: Art

Rights: World



The One with All the Stickers

Editors of Ulysses Press

Celebrate your love of everything *Friends* with hundreds of custom-crafted stickers inspired by the world's greatest sitcom.

\$12.95 US | \$17.95 CAN
978-1-64604-063-6 (paperback)

Season: Summer 2020

Category: Performing Arts

Rights: World



The One with All the Cross-Stitch

Editors of Ulysses Press

Get stitching with this adorable collection of cross-stitch patterns inspired by the greatest TV show of all time: *FRIENDS*!

\$16.95 US | \$22.95 CAN
978-1-64604-186-2 (paperback)
978-1-64604-218-0 (ebook)

Season: Summer 2021

Category: Crafts & Hobbies

Rights: World



Random Tables: Cities and Towns

Dr. Timm Woods

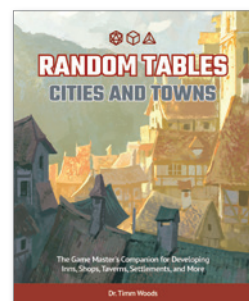
Make your fantasy tabletop role-playing game even more epic with hundreds of creative and unexpected details to keep your story fresh, your settings vivid and alive, and your friends guessing!

\$15.95 US | \$21.95 CAN
978-1-64604-009-4 (paperback)
978-1-64604-054-4 (ebook)

Season: Summer 2020

Category: Reference

Rights: World



The One with All the Recipes

Teresa Finney

Could this BE any more delicious? Celebrate your love of floor cheesecakes, pizzas, and trifles with the cookbook about which Popsugar declares “the ultimate *Friends* fan needs this.”

\$24.95 US | \$32.50 CAN
978-1-61243-864-1 (hardcover)
978-1-61243-880-1 (ebook)

Season: Fall 2018

Category: Cooking

Rights: World



Random Tables: Dungeons and Lairs

Dr. Timm Woods

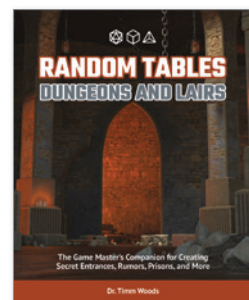
Add even more dark and dangerous detail to your fantasy tabletop role-playing game with hundreds of random tables designed to help you create epic storylines full of mysterious dungeons, secret entrances, and more!

\$15.95 US | \$21.95 CAN
978-1-64604-351-4 (paperback)
978-1-64604-374-3 (ebook)

Season: Fall 2022

Category: Reference

Rights: World



Schitt Happens

Valentin Ramon

Drop into the small but charming town of Schitt's Creek with this unofficial coloring book featuring 20 original hand-drawn illustrations inspired by the cult-favorite sets of the hit comedy TV show.

\$10.00 US | \$17.95 CAN
978-1-64604-256-2 (paperback)

Season: Fall 2021

Category: Art

Rights: World



The Unofficial BTS Fan Book

Becca Wright

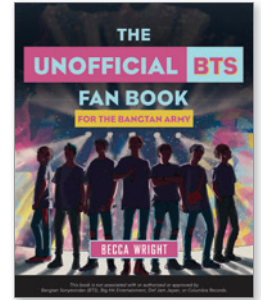
Celebrate your love for V, Jimin, Jungkook, J-Hope, RM, Jin, and Suga with this adorable, full-color, unofficial collectible book dedicated to the most popular Korean boy band on Earth: BTS.

\$16.95 US | \$22.95 CAN
978-1-64604-006-3 (paperback)

Season: Spring 2020

Category: Games & Activities

Rights: US, Canada



Social Season

Valentin Ramon

Drop right into the heart of Grosvenor Square with this unofficial coloring book featuring 20 original hand-drawn illustrations inspired by the cult-favorite sets of the hit Netflix show *Bridgerton* and the *Bridgerton* book series.

\$10.00 US | \$13.95 CAN
978-1-64604-305-7 (paperback)

Season: Summer 2021

Category: Art

Rights: World



The Unofficial Hocus Pocus Cookbook

Bridget Thoreson

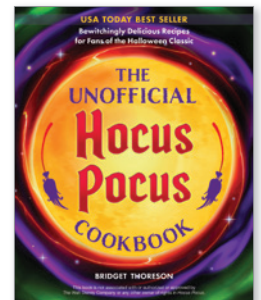
Join the Sanderson sisters just in time for Halloween with this *USA Today* best-selling cookbook that is sure to put a spell on you!

\$19.95 US | \$26.95 CAN
978-1-64604-241-8 (hardback)
978-1-64604-269-2 (ebook)

Season: Fall 2021

Category: Cooking

Rights: World



That's What She Said

Editors of Ulysses Press

Celebrate your love of all things *The Office* with 200 custom-crafted stickers inspired by your favorite Scranton, PA, workplace.

\$12.95 US | \$17.95 CAN
978-1-64604-189-3 (paperback)

Season: Summer 2021

Category: Humor

Rights: World



Unofficial Hocus Pocus Cross-Stitch

Editors of Ulysses Press

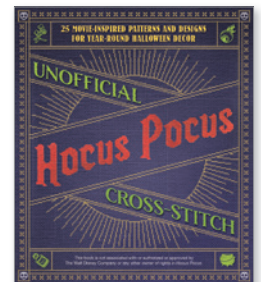
Join the Sanderson sisters in some stitchcraft and brew up some '90s-inspired designs and spooky slogans with this unofficial cross-stitch book for fans of Halloween and *Hocus Pocus*.

\$17.95 US | \$24.95 CAN
978-1-64604-360-6 (paperback)
978-1-64604-372-9 (ebook)

Season: Summer 2022

Category: Crafts & Hobbies

Rights: World



The Unofficial Hogwarts Cocktail Book

Bertha Barmann

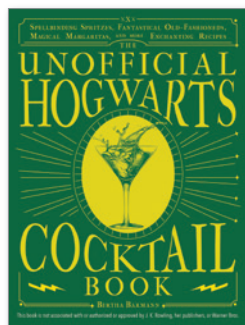
Shake up some magical libations, creative cocktails, and spellbinding drinks inspired by the wonderful world of Harry Potter!

\$19.95 US | \$26.95 CAN
978-1-64604-350-7 (hardback)
978-1-64604-370-5 (ebook)

Season: Fall 2022

Category: Cooking

Rights: World



The Unofficial Witcher Cookbook

Trey Guillory and Dimitrova Nevyana

Join Geralt of Rivia on his adventures throughout the Continent as you learn to cook 50 delicious and totally unofficial recipes inspired by the hit fantasy books, video games, and show *The Witcher*.

\$19.95 US | \$26.95 CAN
978-1-64604-412-2 (hardcover)
978-1-64604-428-3 (ebook)

Season: Fall 2022

Category: Cooking

Rights: World



The Unofficial Hogwarts for the Holidays Cookbook

Rita Mock-Pike

Make every day a spell-tacular celebration with the Harry Potter-inspired cookbook mugglenet.com calls “beautiful, well-laid out, and easy to read” and features “a large variety of recipes—something for every event.”

\$19.95 US | \$26.95 CAN
978-1-64604-072-8 (hardback)
978-1-64604-073-5 (ebook)

Season: Fall 2020

Category: Cooking

Rights: World



Wednesday

Amanda Brack

Celebrate your love of Wednesday Addams with this morbidly charming coloring book inspired by the hit Netflix show.

\$12.95 US | \$17.95 CAN
978-1-64604-587-7 (hardback)

Season: Spring 2023

Category: Art

Rights: World



The Unofficial Studio Ghibli Cookbook

Jessica Yun

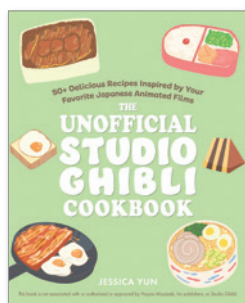
Bring some magic into your kitchen with this unofficial collection of Japanese recipes inspired by Hayao Miyazaki's most beloved films.

\$19.95 US | \$26.95 CAN
978-1-64604-329-3 (hardback)
978-1-64604-330-9 (ebook)

Season: Summer 2022

Category: Cooking

Rights: World



The Van Life Cookbook

Susan Marquie

Get cooking in your sprinter van, camper van, or RV with the creative, flavorful recipes especially crafted for making meals in tight spaces while on the road!

\$19.95 US | \$26.95 CAN
978-1-64604-315-6 (hardback)
978-1-64604-316-3 (ebook)

Season: Spring 2022

Category: Cooking

Rights: World



The Weed Gummies Cookbook

Monica Lo

Create delicious cannabis confections with this user-friendly guide to making THC- and CBD-infused gummies, jellies, soft caramels, hard candies, and more delicious edibles!

\$17.95 US | \$24.95 CAN
978-1-64604-366-8 (paperback)
978-1-64604-385-9 (ebook)

Season: Summer 2022

Category: Cooking

Rights: World



Wiz Khalifa's Weed Farm Coloring Book

Wiz Khalifa

Wiz Khalifa has created his first-ever coloring book. Now he needs you to add some color to his worldwide weed empire, including iconic sites from Los Angeles to Amsterdam, favorite strains like Khalifa Kush, and special events such as Danksgiving and Wiz's Birthday.

\$14.95 US | \$19.50 CAN
978-1-61243-895-5 (paperback)

Season: Spring 2019

Category: Games & Activities

Rights: World



Weed Mom

Danielle Brand

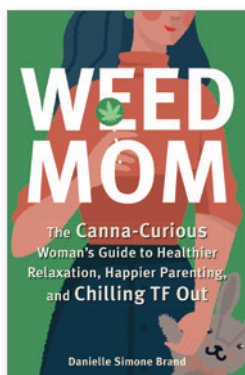
Navigate the worlds of cannabis and parenting with this essential guide for women interested in learning more about THC, dispensaries, micro-dosing, edibles, and how to incorporate it all into a healthy family life.

\$15.95 US | \$21.95 CAN
978-1-64604-121-3 (paperback)
978-1-64604-122-0 (ebook)

Season: Fall 2020

Category: Health & Fitness

Rights: World



XOXO, A Cocktail Book

Bridget Thoreson

Shake up a classy cocktail and have a party worthy of the New York City elite with over 100 tempting recipes and enticing photos—a perfect gift for *Gossip Girl* fans and TV lovers.

\$19.95 US | \$26.95 CAN
978-1-64604-042-1 (hardback)
978-1-64604-104-6 (ebook)

Season: Fall 2020

Category: Cooking

Rights: World



Welcome to Scranton

Valentin Ramon

Color in your favorite Scranton locations with this hand-drawn coloring book inspired by the sets of nine glorious seasons of *The Office*.

\$10.00 US | \$13.95 CAN
978-1-64604-210-4 (paperback)

Season: Fall 2020

Category: Games & Activities

Rights: World



The 369 Manifestation Journal

Berni Johnson

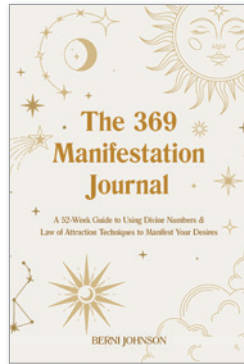
Tap into your inner power every week with this undated guided journal and learn how to use the law of attraction; divine numbers 3, 6, and 9; and mindful writing exercises to create the life you want!

\$16.95 US | \$22.95 CAN
978-1-64604-361-3 (hardback)

Season: Summer 2022

Category: Self-Help

Rights: World



The Angel Workbook

Annie Burdick

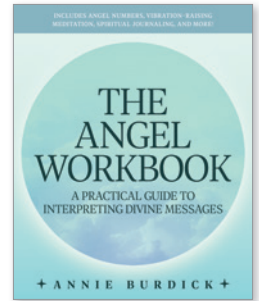
Discover and connect to the wisdom and power of your guardian angels in this one-of-a-kind interactive workbook. Includes angel numbers, vibration-raising meditation, spiritual journaling prompts, and more!

\$15.95 US | \$21.95 CAN
978-1-64604-416-0 (paperback)
978-1-64604-435-1 (ebook)

Season: Fall 2022

Category: Self-Help

Rights: World



The 5 A.M. Miracle

Jeff Sanders

Discover the ultimate guide to supercharging your productivity, demolishing your to-do list, and making time for your passion projects.

\$14.95 US | \$17.50 CAN
978-1-61243-500-8 (paperback)
978-1-61243-533-6 (ebook)

Season: Fall 2015

Category: House & Home

Rights: World



The Anti-Anxiety Diet

Ali Miller

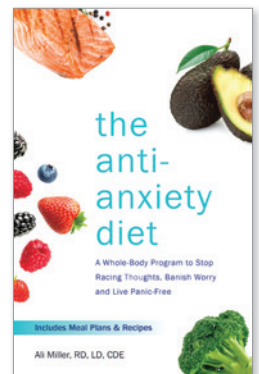
Eat meals that calm your thoughts and stop anxiety for good!

\$15.95 US | \$19.50 CAN
978-1-61243-802-3 (paperback)
978-1-61243-825-2 (ebook)

Season: Summer 2018

Category: Cooking

Rights: World



808 Conversation Starters for Couples

Robin Westen

Open up your ultimate list of casual conversation prompts to spark fun and interesting dialogue, deepen communication, and increase intimacy.

\$12.95 US | \$16.99 CAN
978-1-61243-647-0 (paperback)
978-1-61243-649-4 (ebook)

Season: Fall 2016

Category: Family & Relationships

Rights: World



The Art of War

Sun Tzu

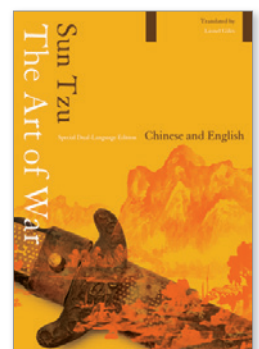
Sun Tzu's classic work presented with Chinese and English on facing pages.

\$12.95 US | \$16.95 CAN
978-1-56975-614-0 (paperback)

Season: Summer 2007

Category: Political Science

Rights: World



Beyond Bullets

Megan Rutell

Fun, colorful, and creative suggestions for the newest productivity phenomenon.

\$16.95 US | \$21.95 CAN

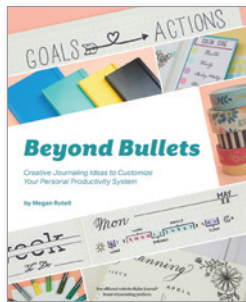
978-1-61243-757-6 (paperback)

978-1-61243-769-9 (ebook)

Season: Fall 2017

Category: Art

Rights: World



Break Free from Narcissistic Mothers

Hannah Alderete

Heal from childhood trauma, overcome the damaging effects of emotionally immature behaviors, and discover your true self through guided activities in this friendly workbook.

\$16.95 US | \$22.95 CAN

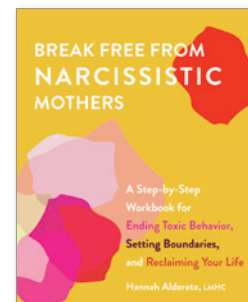
978-1-64604-255-5 (paperback)

978-1-64604-285-2 (ebook)

Season: Spring 2022

Category: Psychology

Rights: World



The Big Book of 30-Day Challenges

Rosanna Casper

Do something for 30 days straight and what started as a challenge will have transformed into a habit. That's the simple genius behind this book.

\$16.95 US | \$21.95 CAN

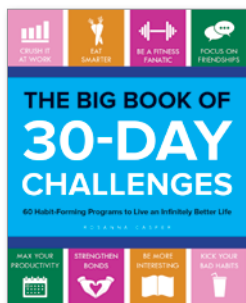
978-1-61243-718-7 (paperback)

978-1-61243-751-4 (ebook)

Season: Fall 2017

Category: Health & Fitness

Rights: World



Clutter Rehab

Laura Wittmann

Take control of your home by learning how to quickly cut out clutter, organize, and tidy up every room with helpful tips from organization guru Laura Wittman.

\$12.95 US | \$15.50 CAN

978-1-56975-863-2 (paperback)

978-1-56975-908-0 (ebook)

Season: Fall 2010

Category: Self-Help

Rights: World



The Big Book of 30-Day Fitness Challenges

Andie Thueson

Sticking to a fitness routine has never been this much fun!

\$16.95 US | \$21.95 CAN

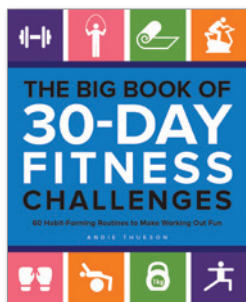
978-1-61243-934-1 (paperback)

978-1-61243-952-5 (ebook)

Season: Fall 2019

Category: Health & Fitness

Rights: World



Designing Healthy Boundaries

Shainna Ali

Take control of your relationships with this all-in-one guide to identifying, setting, and—most of all—maintaining healthy boundaries with your family, coworkers, friends, partner, and self.

\$17.95 US | \$24.95 CAN

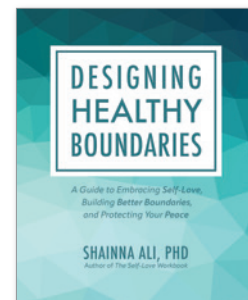
978-1-64604-408-5 (paperback)

978-1-64604-436-8 (ebook)

Season: Fall 2022

Category: Self-Help

Rights: World



Fear of Flying Workbook

David Carbonell

With the proven anti-anxiety techniques taught in this workbook, even those who have avoided airplanes for years can learn to take flight.

\$15.95 US | \$20.95 CAN

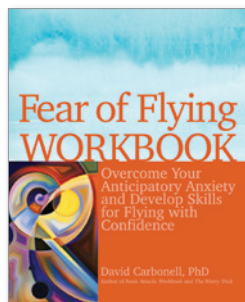
978-1-61243-719-4 (paperback)

978-1-61243-744-6 (ebook)

Season: Fall 2017

Category: Self-Help

Rights: World



Florence Scovel Shinn's Guide to Life

Sarah Billington

Discover how the life-changing wisdom and philosophy of Florence Scovel Shinn can be applied to modern life in this short and sweet collection, perfect for beginners to New Thought!

\$15.95 US | \$21.95 CAN

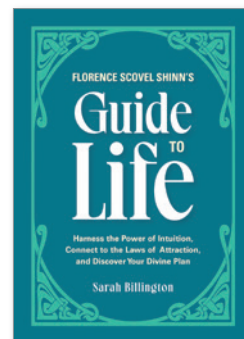
978-1-64604-312-5 (paperback)

978-1-64604-338-5 (ebook)

Season: Spring 2022

Category: Self-Help

Rights: World



The Financial Anxiety Solution

Lindsay Bryan-Podvin

Discover how to overcome money stress, make smarter money moves, and find financial freedom with this life-changing interactive guide!

\$15.95 US | \$21.95 CAN

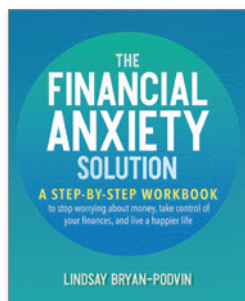
978-1-64604-007-0 (paperback)

978-1-64604-053-7 (ebook)

Season: Spring 2020

Category: Self-Help

Rights: World



Forever in My Heart

Tanya Carroll Richardson

Questions, suggestions, and prompts for immortalizing the memories of a loved one who has passed on.

\$15.95 US | \$21.95 CAN

978-1-61243-602-9 (hardcover)

978-1-61243-623-4 (ebook)

Season: Fall 2016

Category: Self-Help

Rights: World



Flip the Switch

Eric Harrison

Specially designed meditations that fit any situation: idling at a red light, waiting for a computer to restart, standing in line at the grocery store.

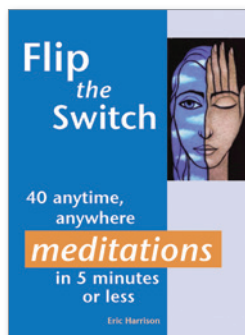
\$14.95 US | \$15.97 CAN

978-1-56975-416-0 (paperback)

Season: Spring 2004

Category: Self-Help

Rights: World



The Growth Mindset Edge

Jackie Beere

Learn how to cultivate a growth mindset and accomplish your goals!

\$15.95 US | \$19.50 CAN

978-1-61243-898-6 (paperback)

978-1-61243-923-5 (ebook)

Season: Spring 2019

Category: Psychology

Rights: World



Growth Mindset for Athletes, Coaches, and Trainers

Jennifer Purdie

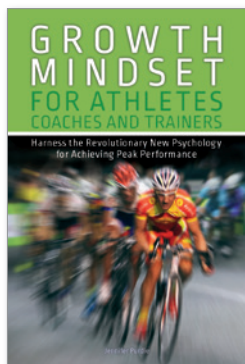
Including strategies for training activities, goal setting, and sample feedback, this helpful book offers a month-by-month guide for building a positive growth mindset training regimen.

\$15.95 US | \$20.95 CAN
978-1-61243-723-1 (paperback)
978-1-61243-746-0 (ebook)

Season: Fall 2017

Category: Sports & Recreation

Rights: World



The Happy Introvert

Elizabeth Wagele

Helps introverts better understand their personal strengths and their unique path to inner fulfillment.

\$14.95 US | \$17.50 CAN
978-1-56975-546-4 (paperback)
978-1-56975-473-3 (ebook)

Season: Summer 2006

Category: Self-Help

Rights: World



The Happy Empath's Little Book of Affirmations

Stephanie Jameson

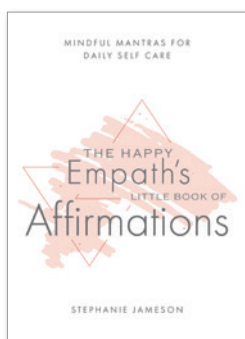
Protect yourself against negative energy, soothe anxious thoughts, and empower your inner empath with this book of thoughtful quotes, positive sayings, and inspiring affirmations.

\$17.95 US | \$24.95 CAN (hardback)
\$15.95 US | \$21.95 CAN (paperback)
978-1-64604-080-3 (hardback)
978-1-64604-458-0 (paperback)
978-1-64604-081-0 (ebook)

Season: Spring 2023

Category: Self-Help

Rights: World



The Healing Power of Smudging

Rodika Tchi

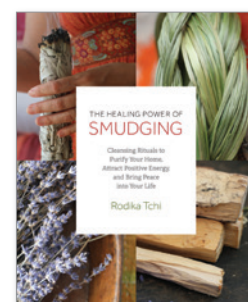
Discover the inspiring full-color, photopacked guide to cleansing your home of negative energy with the power of the ancient art of smudging.

\$17.95 US | \$24.95 CAN
978-1-61243-760-6 (paperback)
978-1-61243-771-2 (ebook)

Season: Fall 2017

Category: Self-Help

Rights: World



The Happy Empath's Workbook

Stephanie Jameson

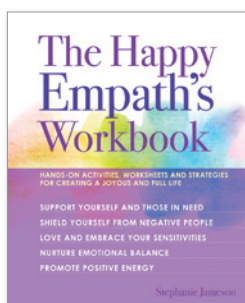
Understand, reflect on, and harness your unique powers as an empath with this interactive workbook written by intuitive psychic empath and certified Reiki master, Stephanie Jameson.

\$15.95 US | \$20.95 CAN
978-1-61243-842-9 (paperback)
978-1-61243-860-3 (ebook)

Season: Fall 2018

Category: Body, Mind, & Spirit

Rights: World



Here to Make Friends

Hope Kelaher

Skip the small talk and learn how to build a supportive community, engage with new people, and cultivate authentic, long-lasting friendships at every stage of life.

\$14.95 US | \$19.95 CAN
978-1-64604-004-9 (paperback)
978-1-64604-051-3 (ebook)

Season: Spring 2020

Category: Self-Help

Rights: World



I Am Autistic: A Workbook

Chanelle Moriah

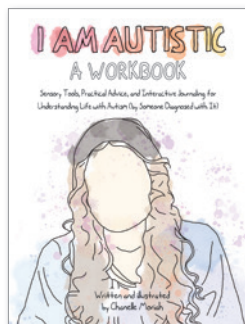
Navigate the world of autism with this friendly full-color guide for those interested in learning more about autism spectrum disorder (ASD), getting an early diagnosis, and recognizing how being autistic can impact a person's life.

\$19.95 US | \$26.95 CAN
978-1-64604-418-4 (paperback)
978-1-64604-424-5 (ebook)

Season: Fall 2022

Category: Self-Help

Rights: Us, Canada



The Little Book of Axolotl Wisdom

Jessica Allen

Get inspired by the axolotl, aka the Mexican Water Monster, and discover what they can teach us about living life to the fullest in this adorably profound book of amphibian affirmations!

\$11.95 US | \$15.95 CAN
978-1-64604-417-7 (paperback)
978-1-64604-433-7 (ebook)

Season: Fall 2022

Category: Humor

Rights: World



I Am Incomplete Without You

Iain Sinclair Thomas

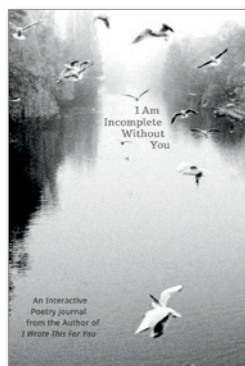
A creativity-sparking collection of thoughtful prompts to spur readers' creative writing and deep reflection.

\$16.95 US | \$19.95 CAN
978-1-61243-532-9 (paperback)

Season: Spring 2016

Category: Poetry

Rights: World



The Little Book of Hermetic Principles

Amber Browne

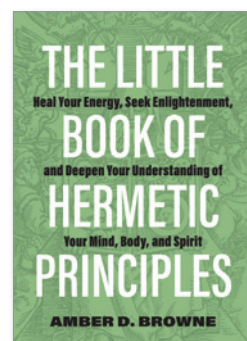
Discover how the wisdom and philosophy of Hermes Trismegistus and Hermeticism can be applied to modern life in this beginner-friendly guide to the Hermetic principles.

\$15.95 US | \$21.95 CAN
978-1-64604-311-8 (paperback)
978-1-64604-337-8 (ebook)

Season: Spring 2022

Category: Self-Help

Rights: World



I Own My Magic: Self-Talk for Black Women

Gennifer Michelle Goodloe

Practice self-love, embrace mindfulness, and build a positive daily ritual with inspiring prompts, meditations, and reflections just for Black women.

\$15.95 US | \$21.95 CAN
978-1-64604-327-9 (hardback)
978-1-64604-343-9 (ebook)

Season: Fall 2021

Category: Self-Help

Rights: World



Live Laugh Lagom

Lola A. Åkerström

What makes Swedes happy? One word: lagom.

\$10.00 US | \$12.95 CAN
978-1-61243-767-5 (paperback)
978-1-61243-778-1 (ebook)

Season: Fall 2017

Category: Body, Mind, & Spirit

Rights: US Only



The Magical Girl's Guide to Life

Jacque Aye

Transform into your most magical self with this one-of-a-kind manga-inspired self-care guide designed to help you discover and harness your inner power—anime style!

\$17.95 US | \$24.95 CAN
978-1-64604-248-7 (hardback)
978-1-64604-278-4 (ebook)

Season: Fall 2021

Category: Humor

Rights: World



Own Your Greatness

Lisa Orbé-Austin and Richard Orbé-Austin

Stop letting impostor syndrome hold you back! This guided workbook of interactive exercises and research-backed activities will help you conquer self-doubt, realize your true worth, and enjoy your success.

\$15.95 US | \$21.95 CAN
978-1-64604-024-7 (paperback)
978-1-64604-062-9 (ebook)

Season: Spring 2020

Category: Self-Help

Rights: World



Overcoming Insecure Attachment

Tracy Crossley

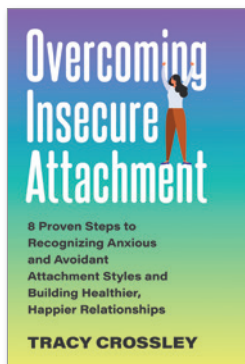
The definitive guide for defeating anxious, anxious-avoidant, and avoidant attachment issues; dealing with the drama triangle; and building stronger, more successful relationships.

\$16.95 US | \$22.95 CAN
978-1-64604-250-0 (paperback)
978-1-64604-268-5 (ebook)

Season: Fall 2021

Category: Self-Help

Rights: World



Panic Attacks Workbook

David Carbonell

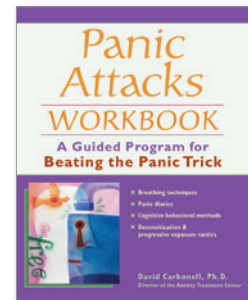
Discover methods to uncover the roots of anxiety with simple techniques and Cognitive Behavioral Therapy (CBT) exercises to stop panic attacks, including before they ever begin.

\$17.95 US | \$24.95 CAN
978-1-56975-415-3 (paperback)

Season: Fall 2004

Category: Self-Help

Rights: World



The Overwhelmed Brain

Paul Colaanni

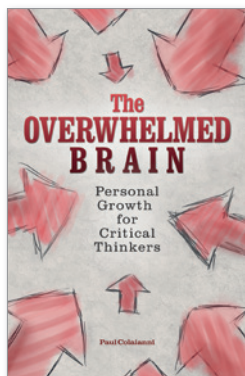
Expert advice on personal growth and decision-making for deeper thinkers who want more than affirmations and clichés.

\$14.95 US | \$19.50 CAN
978-1-61243-639-5 (paperback)
978-1-61243-658-6 (ebook)

Season: Fall 2016

Category: Self-Help

Rights: World



Panic Attacks Workbook: Second Edition

David Carbonell

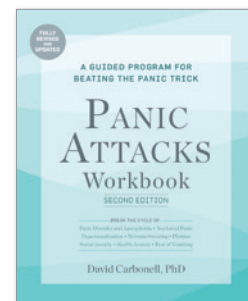
Master your anxiety and regain your freedom to drive, travel, and do everything else that panic has taken from you, with proven techniques and Cognitive Behavioral Therapy (CBT) exercises.

\$24.95 US | \$33.95 CAN
978-1-64604-333-0 (paperback)
978-1-64604-335-4 (ebook)

Season: Spring 2022

Category: Self-Help

Rights: World



A Parent's Guide to Intuitive Eating

Yami Cazorla-Lancaster

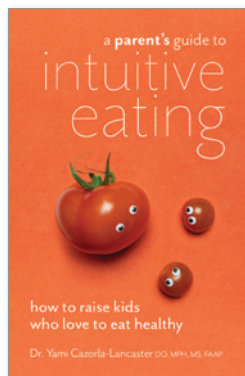
Turn picky eaters into happy, healthy eaters!

\$15.95 US | \$20.95 CAN
978-1-61243-933-4 (paperback)
978-1-61243-949-5 (ebook)

Season: Fall 2019

Category: Self-Help

Rights: World



The Polyamory Workbook

Sara Youngblood Gregory

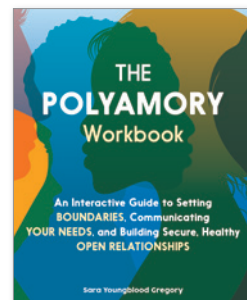
Successfully navigate nonmonogamous relationships with this practical workbook filled with activities, journal prompts, interviews, and more activities designed to make polyamory work for you and your loved ones.

\$16.95 US | \$22.95 CAN
978-1-64604-406-1 (paperback)
978-1-64604-429-0 (ebook)

Season: Fall 2022

Category: Self-Help

Rights: World



Personality Hacker

Joel Mark Witt and Antonia Dodge

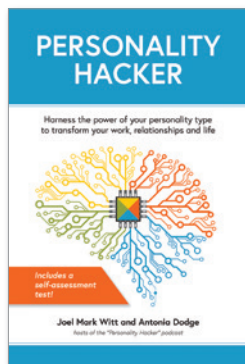
Hack your personality type to overcome obstacles and achieve success.

\$16.95 US | \$20.95 CAN
978-1-61243-766-8 (paperback)
978-1-61243-779-8 (ebook)

Season: Summer 2018

Category: Psychology

Rights: World



Ready-to-Use Habit Trackers

Rachel Watts

Manage your time, build foundational routines, and achieve your health, finance, lifestyle, and business goals with *Ready-to-Use Habit Trackers*.

\$16.95 US | \$21.95 CAN
978-1-61243-892-4 (paperback)
978-1-61243-917-4 (ebook)

Season: Spring 2019

Category: Self-Help

Rights: World



The Phone Addiction Workbook

Hilda Burke

Stop scrolling and start living! Build healthier relationships between you, your smartphone, and all your devices, including tips to reduce social media obsession, notification anxiety, and other unhealthy habits.

\$15.95 US | \$20.95 CAN
978-1-61243-903-7 (paperback)
978-1-61243-926-6 (ebook)

Season: Summer 2019

Category: Social Science

Rights: World



The Reality Shifting Handbook

Mari Sei

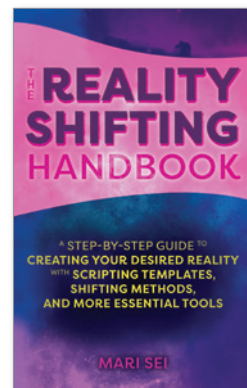
Master the popular internet sensation of reality shifting with this step-by-step manual packed with everything you need to know to get started on journeying to your desired reality.

\$15.95 US | \$21.95 CAN
978-1-64604-318-7 (paperback)
978-1-64604-323-1 (ebook)

Season: Spring 2022

Category: Body, Mind, & Spirit

Rights: World



The Resilience Workbook for Women

Hope Kelaher

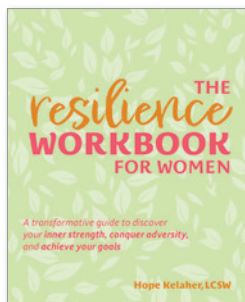
Harness the power of your inner resilience and boost your self-esteem and self-confidence through the activities and journaling prompts in this workbook for women.

\$16.95 US | \$22.95 CAN
978-1-64604-505-1 (paperback)
978-1-64604-526-6 (ebook)

Season: Summer 2023

Category: Self-Help

Rights: World



The Self-Love Planner

Shainna Ali

Infuse a daily dose of self-love into your life and foster genuine happiness with this easy-to-use undated planner from the author of *The Self-Love Workbook*, Dr. Shainna Ali.

\$29.95 US | \$39.95 CAN
978-1-64604-358-3 (paperback)

Season: Fall 2022

Category: Self-Help

Rights: World



Retirement by Design

Ida Abbott

****Named one of the *Wall Street Journal's* Best Books of 2020 for Aging and Retirement****

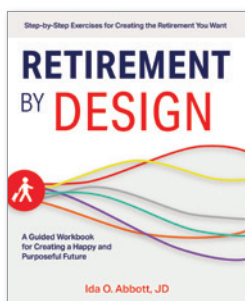
Find out how harnessing the powerful business principles of design thinking can turn ordinary retirement planning into "a revolutionary and healthy way to look at and plan for life's next great adventure." (New York Times best-selling author Chip Conley)

\$19.95 US | \$26.95 CAN
978-1-64604-021-6 (paperback)
978-1-64604-058-2 (ebook)

Season: Spring 2020

Category: Business & Economics

Rights: World



The Self-Love Workbook

Shainna Ali

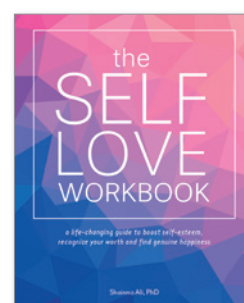
Experience the life-changing magic of self-love!

\$15.95 US | \$21.95 CAN (paperback)
\$24.95 US | \$33.95 CAN (spiral)
978-1-61243-866-5 (paperback)
978-1-64604-442-9 (spiral)
978-1-61243-882-5 (ebook)

Season: Spring 2023

Category: Psychology

Rights: World



The Routine-Building Handbook

Ashley Brown

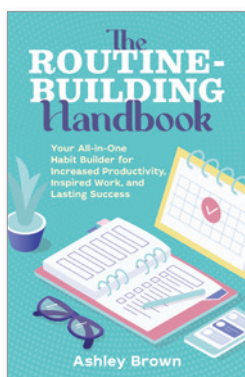
Discover the power of starting, creating, and maintaining daily routines and rituals to help you decrease your stress levels, improve your sleep, and build a productive, joyful life in this easy-to-use practical guide.

\$16.95 US | \$22.95 CAN
978-1-64604-246-3 (paperback)
978-1-64604-286-9 (ebook)

Season: Spring 2022

Category: Self-Help

Rights: World



The Self-Sabotage Behavior Workbook

Candice Seti

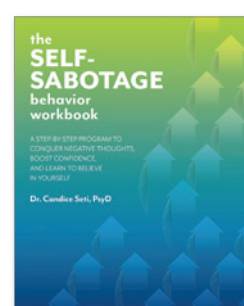
Overcome damaging behavior habits, conquer negative thought patterns, and learn to thrive in life.

\$17.95 US | \$24.95 CAN
978-1-64604-132-9 (paperback)
978-1-64604-147-3 (ebook)

Season: Spring 2021

Category: Self-Help

Rights: World



Shukr

Gabrielle Deonath

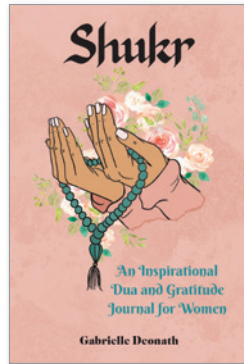
Strengthen your connection to your faith with this Islamic prayer journal designed specifically for Muslim women, featuring inspirational duas, hadith, and verses from the Qur'an.

\$15.95 US | \$21.95 CAN
978-1-64604-328-6 (hardback)

Season: Spring 2022

Category: Religion

Rights: World



Taking Stock

Jordan Grumet

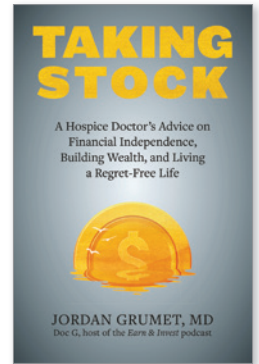
Learn what end of life can teach us about the secret to financial independence and making every moment count with this life-altering collection of tips from Dr. Jordan Grumet, host of the award-winning *Earn & Invest* podcast, featuring a foreword written by Vicki Robin, coauthor of *Your Money or Your Life*.

\$14.95 US | \$19.95 CAN
978-1-64604-354-5 (paperback)
978-1-64604-376-7 (ebook)

Season: Summer 2022

Category: Business & Economics

Rights: World



Small Habits Big Changes

Steven Handel

This book is packed with valuable techniques, tips, and tools to help you utilize little habits to make big changes toward a more successful, happier, healthier future.

\$14.95 US | \$19.50 CAN
978-1-61243-831-3 (paperback)
978-1-61243-857-3 (ebook)

Season: Fall 2018

Category: Self-Help

Rights: World



Teach Yourself to Meditate in 10 Simple Lessons

Eric Harrison

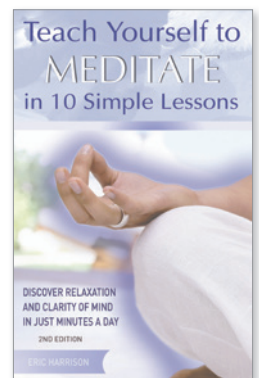
Shows how to learn meditation skills by following 10 easy-to-understand steps.

\$14.95 US | \$18.00 CAN
978-1-56975-601-0 (paperback)

Season: Spring 2007

Category: Self-Help

Rights: World



The Somatic Therapy Workbook

Livia Shapiro

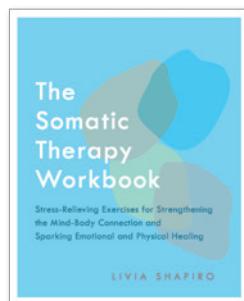
Release tension, boost your mood, and heal from traumatic experiences with therapist-approved activities in this easy-to-use guide to somatic therapy.

\$17.95 US | \$24.95 CAN
978-1-64604-095-7 (paperback)
978-1-64604-096-4 (ebook)

Season: Fall 2020

Category: Psychology

Rights: World



The Ultimate Retirement Bucket List

Sarah Billington

Make the most of retirement with this guided, interactive bucket list packed with ideas and prompts to help you fill your days with meaningful, budget-friendly memory-making activities—the perfect retirement gift book for new retirees!

\$14.95 US | \$19.95 CAN
978-1-64604-003-2 (paperback)
978-1-64604-050-6 (ebook)

Season: Spring 2020

Category: Self-Help

Rights: World



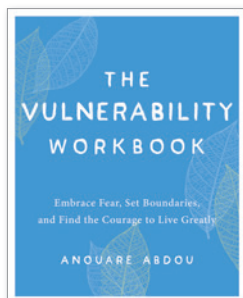
The Vulnerability Workbook

Anouare Abdou

Discover the courage to embrace vulnerability with this friendly research-backed workbook designed to help you nourish relationships, learn to trust yourself, and transform your life.

\$16.95 US | \$22.95 CAN
978-1-64604-403-0 (paperback)
978-1-64604-427-6 (ebook)

Season: Fall 2022
Category: Self-Help
Rights: World



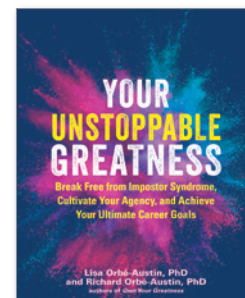
Your Unstoppable Greatness

Lisa and Richard Orbé-Austin

Discover how to overcome fear, build confidence in who you are, and celebrate your accomplishments through the interactive activities and life-changing advice in this easy-to-use guided workbook.

\$17.95 US | \$24.95 CAN
978-1-64604-407-8 (paperback)
978-1-64604-426-9 (ebook)

Season: Fall 2022
Category: Self-Help
Rights: World



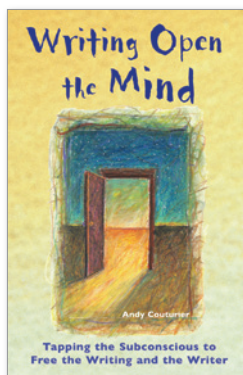
Writing Open the Mind

Andy Couturier

Learn incredibly powerful techniques for tapping into your subconscious while composing prose to transform and enhance your creative writing abilities.

\$14.95 US | \$18.50 CAN
978-1-56975-476-4 (paperback)

Season: Fall 2005
Category: Language Arts
Rights: World



Atheist Universe

David Mills

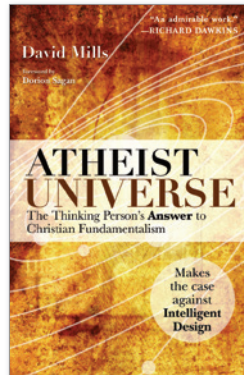
Evidence scorned by the Christian right and unknown to the mainstream.

\$16.95 US | \$18.95 CAN
978-1-56975-567-9 (paperback)
978-1-56975-263-0 (ebook)

Season: Summer 2006

Category: Spirituality

Rights: World



Deciphering the Lost Symbol

Christopher Hodapp

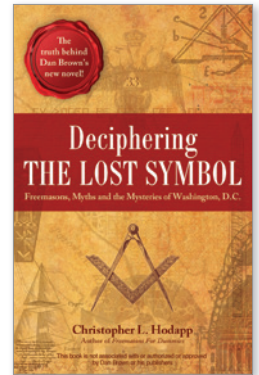
Discover the secretive brotherhood behind Dan Brown's *The Lost Symbol*.

\$12.95 US | \$15.50 CAN
978-1-56975-773-4 (paperback)
978-1-56975-818-2 (ebook)

Season: Spring 2010

Category: Spirituality

Rights: World



Buddha in Your Backpack

Franz Metcalf

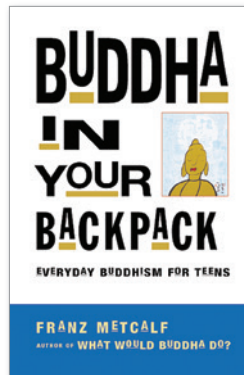
Learn to navigate those trying teen years with greater ease using simple, effective teachings, meditations, and mindfulness exercises from Buddhism.

\$14.95 US | \$17.50 CAN
978-1-56975-321-7 (paperback)
978-1-56975-853-3 (ebook)

Season: Fall 2002

Category: Self-Help

Rights: World



Einstein and Buddha

Thomas J. McFarlane

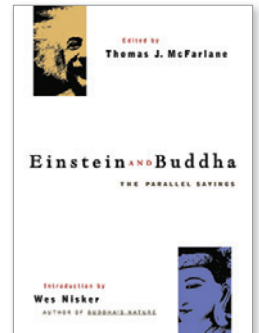
Discover the similarities and striking beauty in the writings and sayings from science and the teachings of Buddhism.

\$14.00 US | \$18.95 CAN
978-1-56975-337-8 (paperback)

Season: Fall 2002

Category: Philosophy

Rights: World



Buddha U

Victor M. Parachin

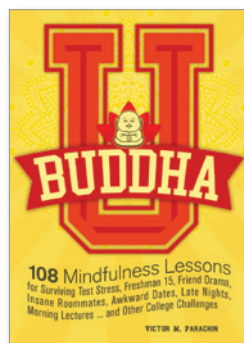
A go-to guide for conquering the obstacles of modern college life using timeless Buddhist principles.

\$14.95 US | \$17.50 CAN
978-1-61243-594-7 (paperback)
978-1-61243-616-6 (ebook)

Season: Summer 2016

Category: Self-Help

Rights: World



Godless

Dan Barker

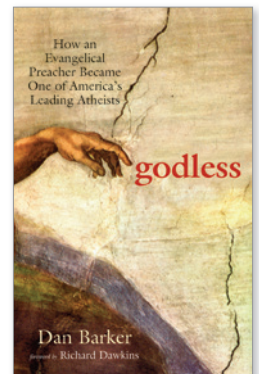
Rational, simple realizations that transformed an evangelical preacher into the atheist of America's airwaves.

\$17.95 US | \$22.95 CAN
978-1-56975-677-5 (paperback)
978-1-56975-148-0 (ebook)

Season: Fall 2008

Category: Spirituality

Rights: World



The Good Atheist

Dan Barker

A positive guide to leading a happy, fulfilling, and morally focused life through the principles of freethought.

\$15.95 US | \$21.95 CAN

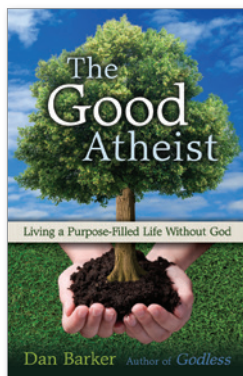
978-1-56975-846-5 (paperback)

978-1-56975-882-3 (ebook)

Season: Spring 2011

Category: Spirituality

Rights: World



The Homemade Atheist

Betty Brogaard

One woman's thought-provoking story that tears down the stereotypes of who becomes an atheist—and why

\$14.95 US | \$17.50 CAN

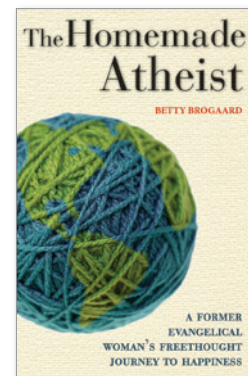
978-1-56975-784-0 (paperback)

978-1-56975-834-2 (ebook)

Season: Spring 2010

Category: Spirituality

Rights: World



Good Loving

Melissa Jones

Discover the quintessential guide that every Christian couple needs to achieve intimacy and a connected relationship that reflects your love and values.

\$17.95 US | \$24.95 CAN

978-1-61243-396-7 (paperback)

978-1-61243-419-3 (ebook)

Season: Fall 2014

Category: Self-Help

Rights: World



Jesus and Buddha

Jack Kornfield and Marcus Borg

Side-by-side examples that let you discover the teachings of Jesus and Buddha—and the striking similarities between them.

\$15.95 US | \$21.95 CAN

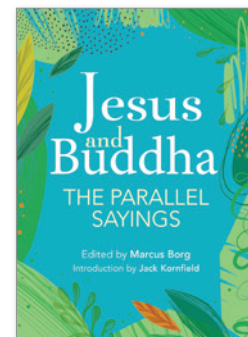
978-1-64604-459-7 (paperback)

978-1-64604-118-3 (ebook)

Season: Spring 2023

Category: Religion

Rights: World



The Gospel of Thomas

John Dart and Ray Riegert

Lost for 1600 years, this text presents a strikingly different figure of Jesus from the one in the New Testament.

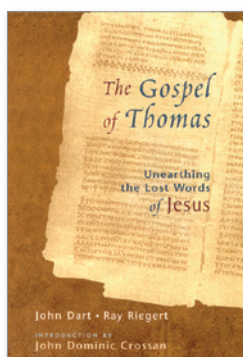
\$14.95 US | \$17.50 CAN

978-1-56975-231-9 (paperback)

Season: Fall 2000

Category: Spirituality

Rights: World



Jesus and Lao Tzu

Martin Aronson

Reveals an astonishing series of examples in which these two spiritual masters lead their followers down the same path.

\$14.00 US | \$16.50 CAN

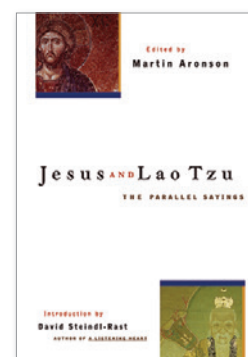
978-1-56975-319-4 (paperback)

978-1-56975-855-7 (ebook)

Season: Fall 2002

Category: Spirituality

Rights: World



Just Add Buddha!

Franz Metcalf

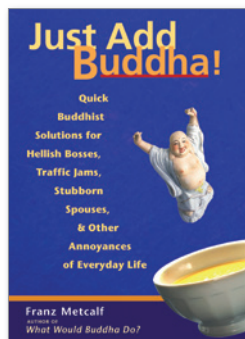
Start your path toward happiness and inner peace with the essential guide to Buddhism from best-selling author Franz Metcalf.

\$14.95 US | \$19.95 CAN
978-1-56975-409-2 (paperback)
978-1-56975-764-2 (ebook)

Season: Spring 2004

Category: Philosophy

Rights: World



The Mother and Son Prayer Journal

Christie Thomas

Deepen your faith and strengthen your parent-child relationship with this interactive journal and devotional for mothers and sons.

\$15.95 US | \$21.95 CAN
978-1-64604-170-1 (hardback)

Season: Spring 2021

Category: Religion

Rights: World



The Little Book of Satanism

La Carmina

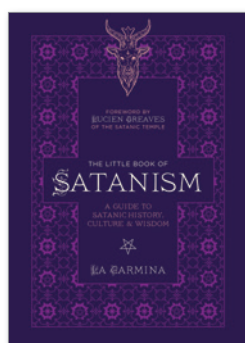
Discover the fascinating history and culture of Satanism through the ages and learn why many Satanists today stand up for free inquiry and personal liberty.

\$14.95 US | \$19.95 CAN
978-1-64604-422-1 (paperback)
978-1-64604-439-9 (ebook)

Season: Fall 2022

Category: Body, Mind, & Spirit

Rights: World



Music of Silence

Brother David Steindl-Rast and Sharon Lebell

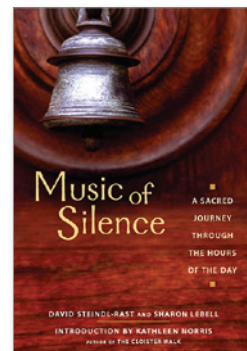
Shows how to incorporate the sacred meaning of monastic living into our crowded everyday lives.

\$12.00 US | \$15.50 CAN
978-1-56975-297-5 (paperback)
978-1-56975-120-6 (ebook)

Season: Fall 2001

Category: Spirituality

Rights: World



The Lost Gospel Q

Marcus Borg

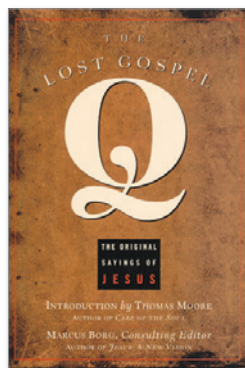
Discover the remarkable teachings of one of the most profound lost Gospels of the Bible, the Lost Gospel Q, with renowned authors Marcus Borg and Thomas Moore.

\$15.95 US | \$21.95 CAN
978-1-56975-189-3 (paperback)

Season: Spring 1999

Category: Religion

Rights: World



One Soul, Many Lives

Roy Stemman

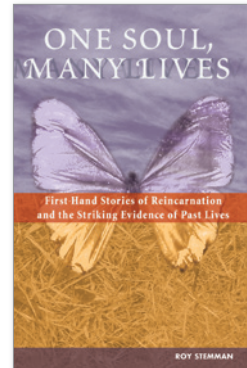
This remarkable collection of true stories brings together an impressive body of physical evidence and fascinating accounts of reincarnation.

\$15.95 US | \$18.95 CAN
978-1-56975-469-6 (paperback)

Season: Summer 2005

Category: Spirituality

Rights: World



Solomon's Builders

Christopher Hodapp

Unearth the fascinating history of how the Freemasons and Founding Fathers sowed the seeds of a new nation amid the tumultuous collapse of the British colonies

\$14.95 US | \$17.50 CAN

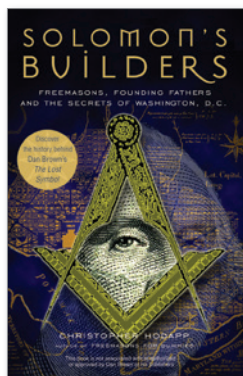
978-1-56975-579-2 (paperback)

978-1-56975-408-5 (ebook)

Season: Fall 2006

Category: History

Rights: World



What Would Buddha Do?

Franz Metcalf

Discover the healing power of mindfulness, Buddhist teachings, and Zen meditation with this super-approachable guide to Buddhism for beginners.

\$12.95 US | \$13.95 CAN

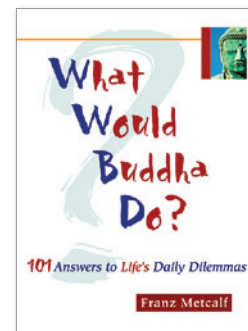
978-1-56975-298-2 (paperback)

978-1-56975-762-8 (ebook)

Season: Spring 2002

Category: Self-Help

Rights: US Only



The Uddhava Gita

Swami Ambikananda Saraswati

Offers philosophy, poetry, guidance, and the hope for more complete consciousness based on the final teaching of Krishna.

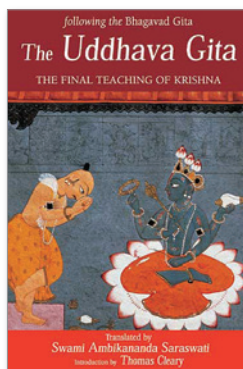
\$15.95 US | \$21.50 CAN

978-1-56975-320-0 (paperback)

Season: Fall 2002

Category: Spirituality

Rights: World



Bug Out

Scott B. Williams

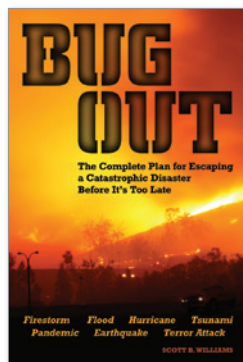
Learn how to prepare a bug out bag and how to prep your home and family in case a catastrophic calamity strikes and you have only minutes or hours to escape.

\$16.95 US | \$22.95 CAN
978-1-56975-781-9 (paperback)
978-1-56975-831-1 (ebook)

Season: Summer 2010

Category: Reference

Rights: World



Countdown to Preparedness

Jim Cobb

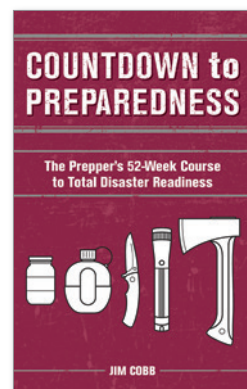
A comprehensive step-by-step guide to fully prepare one's family for any cataclysmic event.

\$16.95 US | \$22.95 CAN
978-1-61243-304-2 (paperback)
978-1-61243-327-1 (ebook)

Season: Summer 2014

Category: Reference

Rights: World



Bug Out Vehicles and Shelters

Scott B. Williams

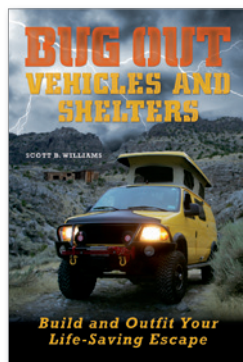
Learn how to customize the perfect bug out vehicles, prepper retreats and emergency shelters with best-selling survival preparedness author Scott B. Williams.

\$15.95 US | \$18.95 CAN
978-1-56975-979-0 (paperback)
978-1-56975-997-4 (ebook)

Season: Fall 2011

Category: House & Home

Rights: World



Getting Out Alive

Scott B. Williams

Captivating stories of people stranded and fighting for their lives against harsh, unmerciful conditions.

\$14.95 US | \$17.50 CAN
978-1-56975-873-1 (paperback)
978-1-56975-918-9 (ebook)

Season: Spring 2011

Category: Reference

Rights: World



The Complete Survival Shelters Handbook

Antonio Akkermans

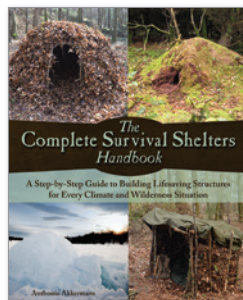
The ultimate guide to building protection from the elements for beginners and experienced outdoor enthusiasts alike.

\$16.95 US | \$22.95 CAN
978-1-61243-493-3 (paperback)
978-1-61243-512-1 (ebook)

Season: Fall 2015

Category: Sports & Recreation

Rights: World



The Nautical Prepper

Captain William E. Simpson II

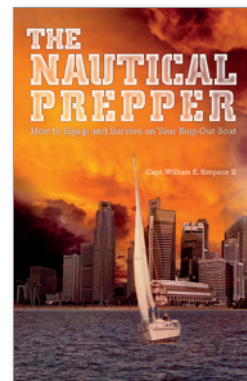
The ultimate plan for outfitting your boat and sailing away to safety during a disaster.

\$15.95 US | \$18.95 CAN
978-1-61243-220-5 (paperback)
978-1-61243-255-7 (ebook)

Season: Fall 2013

Category: Reference

Rights: World



The Neighborhood Emergency Response Handbook

Scott Finazzo

A complete step-by-step guide to preparing oneself and one's community to aid first responders during a disaster situation.

\$16.95 US | \$22.95 CAN
978-1-61243-453-7 (paperback)
978-1-61243-460-5 (ebook)

Season: Summer 2015

Category: Reference

Rights: World



The Prepper's Canning Guide

Daisy Luther

A practical and approachable guide to amassing an emergency food supply filled with your own natural dishes.

\$15.95 US | \$19.95 CAN
978-1-61243-664-7 (paperback)
978-1-61243-703-3 (ebook)

Season: Spring 2017

Category: Self-Help

Rights: World



The Penny-Pinching Prepper

Bernie Carr

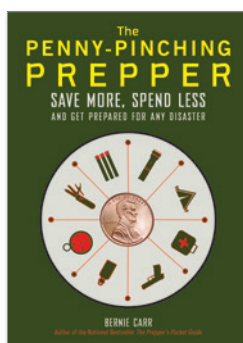
Learn easy, cost-saving strategies for stockpiling emergency supplies and becoming fully prepared—without breaking the bank!

\$12.95 US | \$15.99 CAN
978-1-61243-487-2 (paperback)
978-1-61243-514-5 (ebook)

Season: Fall 2015

Category: Crafts & Hobbies

Rights: World



Prepper's Communication Handbook

Jim Cobb

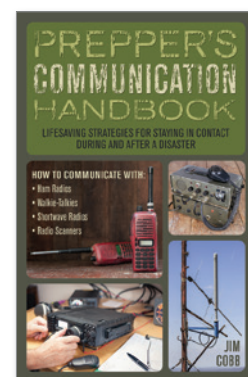
The ultimate guide to acquiring, assembling, and utilizing lifesaving emergency communication systems, including HAM radios, walkie talkies, shortwave radios, and CB radios.

\$16.95 US | \$22.95 CAN
978-1-61243-531-2 (paperback)
978-1-61243-539-8 (ebook)

Season: Spring 2016

Category: Reference

Rights: World



Prepper's Armed Defense

Jim Cobb

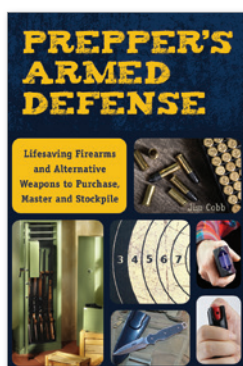
The comprehensive guide to firearms as well as non-lethal and homemade alternatives needed for neutralizing attackers after a catastrophic collapse.

\$16.95 US | \$22.95 CAN
978-1-61243-561-9 (paperback)
978-1-61243-585-5 (ebook)

Season: Summer 2016

Category: Antiques & Collectibles

Rights: World



The Prepper's Complete Book of Disaster Readiness

Jim Cobb

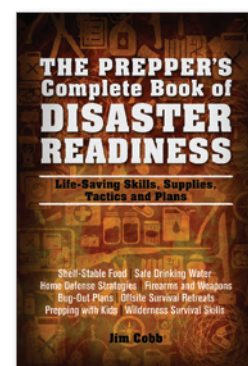
A complete step-by-step plan for the entire family to prepare for, survive, and thrive after a catastrophic collapse

\$17.95 US | \$24.95 CAN
978-1-61243-219-9 (paperback)
978-1-61243-259-5 (ebook)

Season: Fall 2013

Category: Reference

Rights: World



The Prepper's Cookbook

Tess Pennington

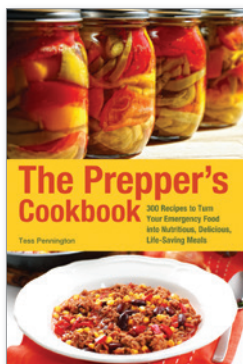
Learn how to carefully and efficiently stock your pantry to create delicious, nutritious meals for your whole family, even during turbulent periods and disasters, with the cookbook that *Real Food Living* says has “great ideas for even the seasoned prepper.”

\$16.95 US | \$19.95 CAN
978-1-61243-129-1 (paperback)
978-1-61243-158-1 (ebook)

Season: Spring 2013

Category: Cooking

Rights: World



Prepper's Food Storage

Julie Languille

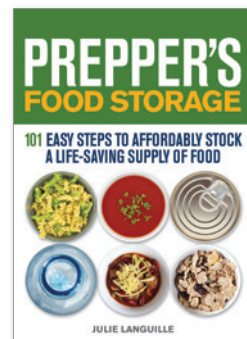
Learn how easy it is to plan for and put together a lifesaving supply of nutritious, long-lasting food to protect yourself and your entire family in the event of any potential disaster.

\$12.95 US | \$14.50 CAN
978-1-61243-266-3 (paperback)
978-1-61243-317-2 (ebook)

Season: Fall 2013

Category: House & Home

Rights: World



Prepper's Dehydrator Handbook

Shelle Wells

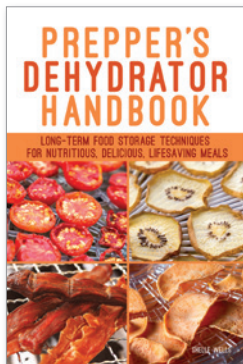
Tips, tricks, and techniques for preparing shelf-stable foods in your dehydrator.

\$15.95 US | \$20.95 CAN
978-1-61243-786-6 (paperback)
978-1-61243-809-2 (ebook)

Season: Spring 2018

Category: Self-Help

Rights: World



Prepper's Guide to Knots

Scott Finazzo

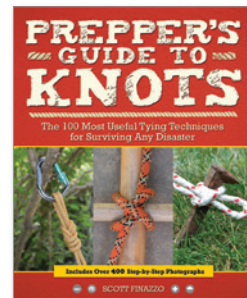
Learn how to effectively survive catastrophic situations with the use of lifesaving knots and ropework from one of the most influential authors on prepping and survivalism, Scott Finazzo.

\$15.95 US | \$21.95 CAN
978-1-61243-598-5 (paperback)
978-1-61243-630-2 (ebook)

Season: Fall 2016

Category: House & Home

Rights: World



Prepper's Financial Guide

Jim Cobb

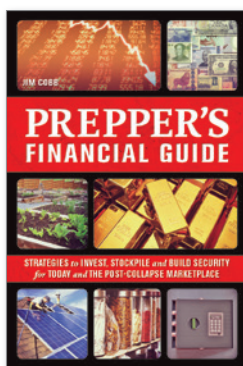
A disaster-proof investment strategy to ensure stability and security before, during, and beyond a marketplace meltdown.

\$16.95 US | \$22.95 CAN
978-1-61243-403-2 (paperback)
978-1-61243-425-4 (ebook)

Season: Spring 2015

Category: Reference

Rights: World



Prepper's Home Defense

Jim Cobb

A complete step-by-step plan for neutralizing threats from intruders and attackers after a catastrophic collapse.

\$15.95 US | \$18.95 CAN
978-1-61243-115-4 (paperback)
978-1-61243-143-7 (ebook)

Season: Fall 2012

Category: House & Home

Rights: World



Prepper's Livestock Handbook

Leigh Tate

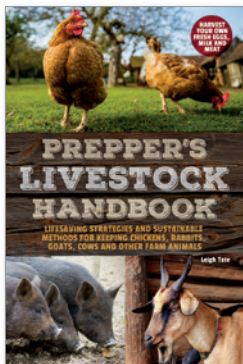
Whether you're looking for a farm-to-table solution that provides fresh meat and dairy products today, or a long-term plan that will feed you and your family after the collapse of civilization—or both!—this all-in-one preparedness guide is for you.

\$15.95 US | \$20.95 CAN
978-1-61243-795-8 (paperback)
978-1-61243-818-4 (ebook)

Season: Summer 2018

Category: House & Home

Rights: World



The Prepper's Pocket Guide

Bernie Carr

Prep your home and family for any disaster situation with this best-selling comprehensive handbook on emergency preparedness and survival.

\$12.95 US | \$15.50 CAN
978-1-56975-929-5 (paperback)
978-1-56975-964-6 (ebook)

Season: Summer 2011

Category: House & Home

Rights: World



Prepper's Long-Term Survival Guide: 2nd Edition

Jim Cobb

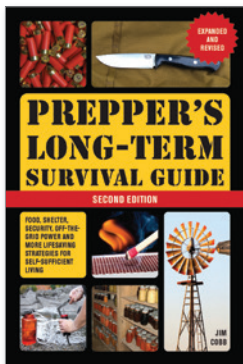
Prepare your home and family for any life-threatening pandemic or natural disaster with this step-by-step survivalist guide filled with techniques, strategies, and DIY projects from best-selling prepping author Jim Cobb.

\$19.95 US | \$26.95 CAN (paperback)
\$26.95 US | \$35.95 CAN (hardback)
978-1-64604-444-3 (paperback)
978-1-64604-208-1 (hardback)
978-1-64604-465-8 (ebook)

Season: Spring 2023

Category: House & Home

Rights: World



Prepper's Survival Hacks

Jim Cobb

Discover ingenious tips, tricks, and techniques for turning ordinary objects into survival gear, from best-selling prepping and survival author Jim Cobb.

\$15.95 US | \$19.99 CAN
978-1-61243-496-4 (paperback)
978-1-61243-519-0 (ebook)

Season: Fall 2015

Category: House & Home

Rights: World



Prepper's Natural Medicine

Cat Ellis

Learn how to treat any ailment with holistic techniques to keep yourself and your loved ones safe when disaster cuts you off from doctors, hospitals, and medicine.

\$15.95 US | \$21.95 CAN
978-1-61243-438-4 (paperback)
978-1-61243-463-6 (ebook)

Season: Summer 2015

Category: Medical

Rights: World



Prepper's Survival Medicine Handbook

Scott Finazzo

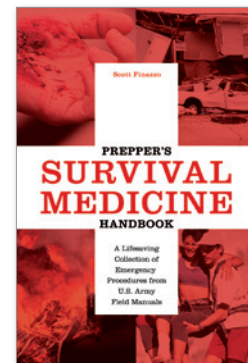
Equip your emergency survival kit and bug-out bag with the lifesaving guide to field-tested medical procedures specifically designed for critical times when no doctor is available.

\$16.95 US | \$22.95 CAN
978-1-61243-565-7 (paperback)
978-1-61243-586-2 (ebook)

Season: Fall 2016

Category: Health & Fitness

Rights: World



Prepper's Survival Navigation

Walter Glen Martin

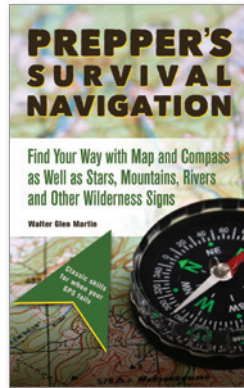
Learn how to survive in the wilderness with this easy-to-understand primer on time-tested navigation techniques that work when your GPS fails.

\$15.95 US | \$21.95 CAN
978-1-61243-672-2 (paperback)
978-1-61243-704-0 (ebook)

Season: Summer 2017

Category: Sports & Recreation

Rights: World



The Prepper's Ultimate Food-Storage Guide

Tess Pennington, Julie Languille, Daisy Luther, and Shelle Wells

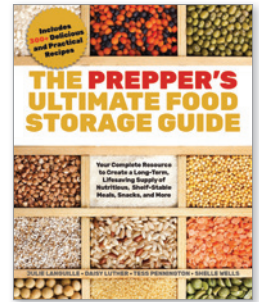
Be prepared for any disaster with this comprehensive food-storage bible, packed with advice from the top experts in canning, dehydrating, stockpile maintenance, and shelf-stable cooking.

\$29.95 US | \$39.95 CAN
978-1-64604-154-1 (paperback)
978-1-64604-153-4 (ebook)

Season: Spring 2021

Category: House & Home

Rights: World



Prepper's Survival Retreats

Charley Hogwood

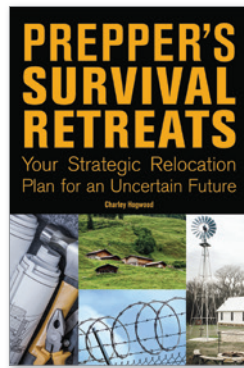
Learn how to fully prepare for long-term survival situations by building, prepping, and outfitting survival retreats of any size.

\$15.95 US | \$20.95 CAN
978-1-61243-726-2 (paperback)
978-1-61243-749-1 (ebook)

Season: Spring 2018

Category: Reference

Rights: World



The Prepper's Water Survival Guide

Daisy Luther

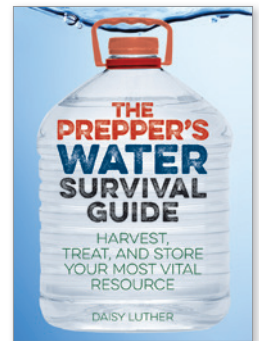
No source is left untapped in this all-encompassing guide to supplying lifesaving water after a disaster.

\$14.95 US | \$18.50 CAN
978-1-61243-448-3 (paperback)
978-1-61243-464-3 (ebook)

Season: Summer 2015

Category: Reference

Rights: World



Prepper's Total Grid Failure Handbook

Alan Fiebig and Arlene Fiebig

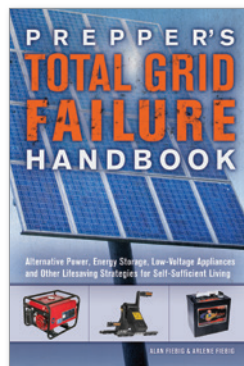
The ultimate survivalist guide to creating, storing, and utilizing lifesaving power in the most critical circumstances when the grid goes down.

\$15.95 US | \$19.95 CAN
978-1-61243-637-1 (paperback)
978-1-61243-659-3 (ebook)

Season: Spring 2017

Category: Reference

Rights: World



The Prepper's Workbook

Scott B. Williams and Scott Finazzo

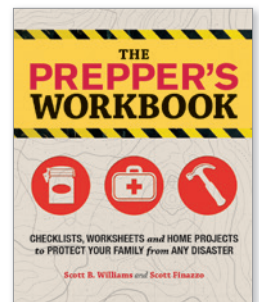
A comprehensive step-by-step workbook of DIY projects that prepare home and family for any life-threatening catastrophe.

\$15.95 US | \$17.50 CAN
978-1-61243-226-7 (paperback)
978-1-61243-260-1 (ebook)

Season: Spring 2014

Category: Reference

Rights: World



Prepping for a Pandemic

Cat Ellis

An in-depth guide to prepare your family for the widespread outbreak of any deadly disease like COVID-19 or H1N1.

\$16.95 US | \$22.95 CAN

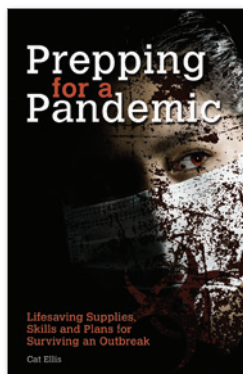
978-1-61243-451-3 (paperback)

978-1-61243-504-6 (ebook)

Season: Fall 2015

Category: Medical

Rights: World



Ultimate Guide to Wilderness Living

John McPherson and Geri McPherson

The most comprehensive and far-reaching guide to surviving in the woods.

\$15.95 US | \$18.95 CAN

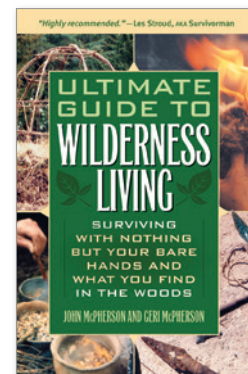
978-1-56975-650-8 (paperback)

978-1-56975-358-3 (ebook)

Season: Summer 2008

Category: Reference

Rights: World



Angel Oracle Cards: Create and Color

Anne-Sophie Casper

Tarot lovers can add a personal touch to their divination practice with this one-of-a-kind DIY oracle deck and guidebook designed to be colored in and customized to fit your spiritual needs.

\$14.95 US | \$19.95 CAN
978-1-64604-410-8 (cards)

Season: Fall 2022

Category: Art

Rights: World



Houseplant Tarot

Minerva Siegel

Calling all plant parents! Celebrate your favorite houseplants, from cute cacti to fiddle leaf figs, with this indoor plant-themed twist on the classic 78-card tarot card deck and guidebook.

\$25.95 US | \$34.95 CAN
978-1-64604-332-3 (cards)

Season: Spring 2022

Category: Body, Mind, & Spirit

Rights: World



Chibi Tarot

Editors of Ulysses Press

Celebrate your love of all things kawaii and fortune-telling with this charming take on the classic 78-card tarot card deck and guidebook.

\$24.95 US | \$33.95 CAN
978-1-64604-363-7 (cards)

Season: Fall 2022

Category: Body, Mind, & Spirit

Rights: World



The Intuitive Night Goddess Tarot

Linzi Silverman

Let the Divine Feminine guide your tarot practice with this non-gilded special edition deck and companion guide designed to help you connect with goddess magic without and within.

\$29.95 US | \$39.95 CAN
978-1-64604-304-0 (cards)

Season: Fall 2021

Category: Body, Mind, & Spirit

Rights: US, CAN, Mexico, and UK



The Herbal Tea Magic for the Modern Witch Oracle Deck

Elsie Wild

Harness the power of green witchcraft and divination with this combination guidebook and fully illustrated 40-card oracle deck of herbs, florals, and more.

\$29.95 US | \$39.95 CAN
978-1-64604-456-6 (cards)

Season: Spring 2023

Category: Body, Mind, & Spirit

Rights: World



Sacred Feminine Oracle Cards: Create and Color

Anne-Sophie Casper

This one-of-a-kind DIY oracle deck and guidebook designed to be colored in and customized to fit your spiritual needs is perfect for any tarot lover interested in harnessing their inner goddess power.

\$14.95 US | \$19.95 CAN
978-1-64604-411-5 (cards)

Season: Fall 2022

Category: Art

Rights: World



TRIVIA & ACTIVITIES

Area Maze Madness

Graham Jones

Put your math and logic skills to the test with this new brain-teaser trend.

\$10.95 US | \$13.95 CAN
978-1-61243-942-6 (paperback)

Season: Fall 2019

Category: Games & Activities

Rights: World



The Big Book of Cryptid Trivia

Bernadette Johnson

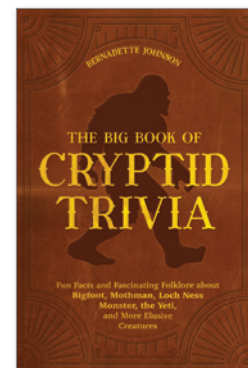
Explore the world of cryptozoology in this first-ever trivia book all about the folklore, study, and eye-witness testimonies of cryptids like the Jersey Devil, Yeti, and more!

\$16.95 US | \$22.95 CAN
978-1-64604-494-8 (paperback)
978-1-64604-508-2 (ebook)

Season: Summer 2023

Category: Games & Activities

Rights: World



Back in the Day Trivia for Seniors

Andrew Thompson

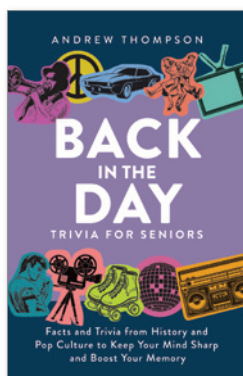
Exercise your mind and promote brain health with the ultimate collection of fascinating trivia facts for seniors.

\$15.95 US | \$21.95 CAN
978-1-64604-446-7 (paperback)
978-1-64604-467-2 (ebook)

Season: Spring 2023

Category: Games & Activities

Rights: World



The Big Book of Infectious Disease Trivia

Kristina Wright

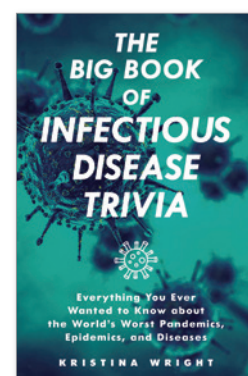
Explore the facts, myths, science, history, and more behind infectious diseases from around the world with this ultimate trivia collection that will have you equally freaked out and fascinated.

\$14.95 US | \$19.95 CAN
978-1-64604-138-1 (paperback)
978-1-64604-139-8 (ebook)

Season: Spring 2021

Category: Medical

Rights: World



The Best F*cking Activity Book Ever

Nicole Narvaez

Give boredom the middle finger with this fun, hilarious, and slightly profane activity book for adults.

\$12.95 US | \$16.95 CAN
978-1-61243-905-1 (paperback)
978-1-61243-921-1 (ebook)

Season: Summer 2019

Category: Games & Activities

Rights: World



The Big Book of Spy Trivia

Bernadette Johnson

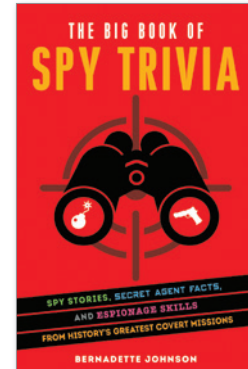
Discover the fascinating true stories of spies and secret agents throughout history in this ultimate collection of espionage trivia.

\$14.95 US | \$19.95 CAN
978-1-64604-130-5 (paperback)
978-1-64604-131-2 (ebook)

Season: Spring 2021

Category: Games & Activities

Rights: World



The Bowery Boys: Adventures in Old New York

Greg Young and Tom Meyers

The Bowery Boys' official companion to their wildly popular award-winning podcast.

\$26.95 US | \$35.95 CAN
978-1-61243-557-2 (paperback)
978-1-61243-576-3 (ebook)

Season: Summer 2016

Category: History

Rights: World



Everybody Poops 10 Million Pounds

Deuce Flanagan

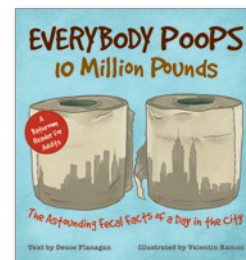
A bathroom reader for adults that presents funny trivia, gross stories, and fascinating facts in an illustrated children's book style.

\$10.00 US | \$13.00 CAN
978-1-61243-515-2 (ebook)

Season: Fall 2015

Category: Reference

Rights: World



Brain Training the Japanese Way

Gareth Moore

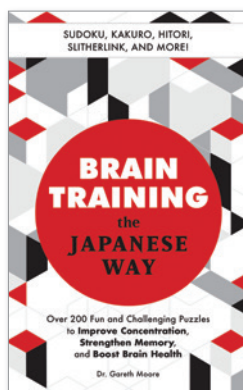
Keep your mind sharp, healthy, and young with classic Japanese square box puzzles from Sudoku and Kakuro to Numberlink and Hanjie... and more!

\$12.95 US | \$17.95 CAN
978-1-64604-037-7 (paperback)

Season: Summer 2020

Category: Games & Activities

Rights: US, Canada



Everybody Poops 410 Pounds a Year

Deuce Flanagan

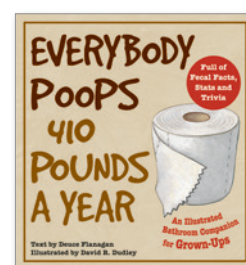
Discover fascinating facts about the human digestive system (and poop!) in this illustrated bathroom gift book for adults parodying the world-famous children's book.

\$10.00 US | \$13.00 CAN
978-1-56975-777-2 (paperback)
978-1-56975-827-4 (ebook)

Season: Summer 2010

Category: Humor

Rights: World



Can Holding in a Fart Kill You?

Andrew Thompson

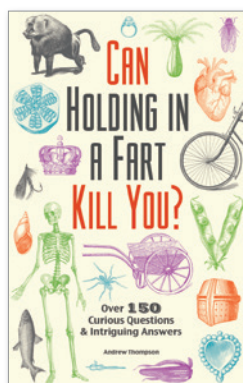
Uncover more than 200 fun facts—from baffling and bizarre to entertaining and enlightening—in this insanely enjoyable book of trivia.

\$12.95 US | \$15.99 CAN
978-1-61243-475-9 (paperback)
978-1-61243-507-7 (ebook)

Season: Summer 2015

Category: Reference

Rights: World



Good Job, Brain!

Karen Chu, Colin Felton, and
Dana Nelson

Mind-effing factoids and quirky commentary that give the traditional trivia book a fun reboot.

\$22.95 US | \$32.50 CAN
978-1-61243-600-5 (paperback)
978-1-61243-625-8 (ebook)

Season: Fall 2016

Category: Games & Activities

Rights: World



Hair of the Dog to Paint the Town Red

Andrew Thompson

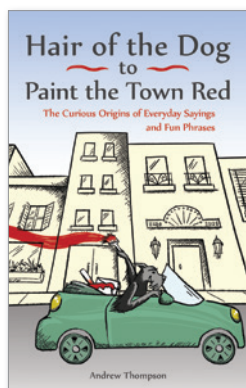
Discover hundreds of intriguing, entertaining, and often hilarious origins to the English language's most curious phrases in this fascinating trivia book from best-selling author Andrew Thompson.

\$12.95 US | \$17.95 CAN
978-1-61243-668-5 (paperback)
978-1-61243-695-1 (ebook)

Season: Spring 2017

Category: Humor

Rights: World



Jawsome Shark Quizzes

Karen Chu

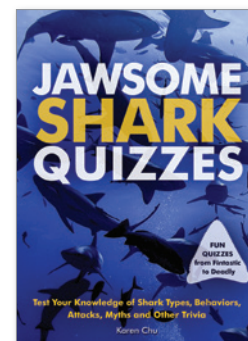
You call yourself a shark a-fish-ionado, but how well do you really know the ocean's ultimate predator? Test your intelligence with these interactive quizzes packed to the gills with fun facts.

\$12.95 US | \$15.95 CAN
978-1-61243-684-5 (paperback)
978-1-61243-698-2 (ebook)

Season: Summer 2017

Category: Games & Activities

Rights: World



How Pi Can Save Your Life

Chris Waring

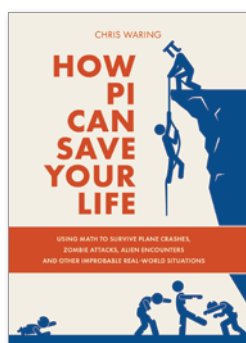
Discover how you can guard a priceless painting in the Louvre, pilot a space shuttle back to Earth, and survive other ridiculous-yet-possible scenarios using the all-encompassing power of mathematical equations.

\$14.95 US | \$19.95 CAN
978-1-64604-193-0 (paperback)
978-1-64604-223-4 (ebook)

Season: Summer 2021

Category: Mathematics

Rights: US, Canada



Listverse.com's Epic Book of Mind-Boggling Top 10 Lists

Jamie Frater

Crazy-but-true facts, peculiar occurrences, despicable crimes, bizarre records, unbelievable creatures, and many more shocking oddities.

\$15.95 US | \$18.95 CAN
978-1-61243-297-7 (paperback)
978-1-61243-335-6 (ebook)

Season: Summer 2014

Category: Games & Activities

Rights: World



How to Drink Snake Blood in Vietnam

Gareth May

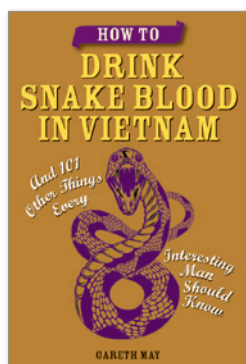
Be that guy who amazes everyone with his knowledge of curious, strange, and fascinating facts from around the world.

\$14.95 US | \$17.50 CAN
978-1-61243-284-7 (paperback)
978-1-61243-333-2 (ebook)

Season: Spring 2014

Category: Games & Activities

Rights: US Only



Listverse.com's Ultimate Book of Bizarre Lists

Jamie Frater

Discover a bathroom reader tome, packed with bizarre trivia that will knock you clean off the bowl and into a world of otherworldly creatures, outer space mysteries, and disturbingly scary clowns.

\$15.95 US | \$18.95 CAN
978-1-56975-817-5 (paperback)
978-1-56975-885-4 (ebook)

Season: Fall 2010

Category: Humor

Rights: World



Royal Trivia

Roberta Fiorito and Rachel Bowie

Test your knowledge of Kate, William, Meghan, Harry, Diana, Charles, and Elizabeth II!

\$19.95 US | \$26.95 CAN
978-1-64604-260-9 (hardback)
978-1-64604-274-6 (ebook)

Season: Fall 2021

Category: Reference

Rights: World



The United States of Awesome

Josh Miller

Discover the most astounding facts about the United States of America in this fun, funny, and fascinating trivia book for teens and adults.

\$17.95 US | \$24.95 CAN
978-1-61243-113-0 (paperback)
978-1-61243-148-2 (ebook)

Season: Fall 2012

Category: History

Rights: World



Spiders, Clowns, and Great Mole Rats

Andrew Thompson

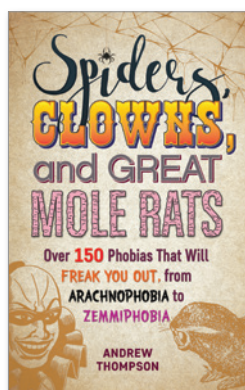
This book will tell you everything you ever wanted to know about fears and phobias like blennophobia (fear of slime), globophobia (fear of balloons), phasmophobia (fear of ghosts), taphophobia (fear of being buried alive), and over 150 more!

\$12.95 US | \$16.95 CAN
978-1-61243-932-7 (paperback)

Season: Summer 2019

Category: Games & Activities

Rights: World



What Did We Use Before Toilet Paper?

Andrew Thompson

Discover the baffling, bizarre, and utterly entertaining answers to all the questions you never thought to ask.

\$14.95 US | \$15.50 CAN
978-1-56975-814-4 (paperback)
978-1-56975-892-2 (ebook)

Season: Summer 2010

Category: Humor

Rights: US, Canada



The Ultimate Book of Top Ten Lists

Jamie Frater

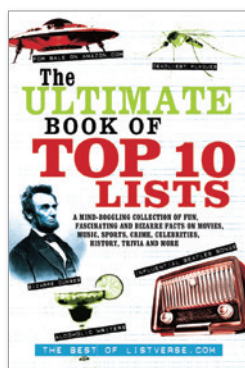
Discover bizarre facts, amazing trivia, astonishing mysteries, natural wonders, little-known people, useful tips, and much more in this mammoth bathroom reader for adults from the authors of the popular website Listverse.com.

\$15.95 US | \$18.95 CAN
978-1-56975-715-4 (paperback)
978-1-56975-800-7 (ebook)

Season: Fall 2009

Category: History

Rights: World



Who Invented Underpants?

Stewart Ross

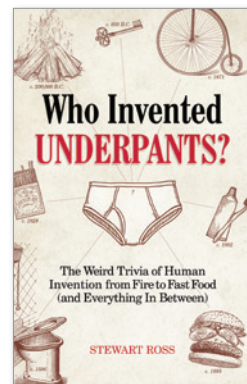
The ultimate collection of curious and inventive trivia for all you need to know about the origin of just about everything on the planet.

\$12.95 US | \$17.95 CAN
978-1-64604-097-1 (paperback)
978-1-64604-098-8 (ebook)

Season: Fall 2020

Category: Games & Activities

Rights: US, Canada



Why Do Roller Coasters Make You Puke?

Andrew Thompson

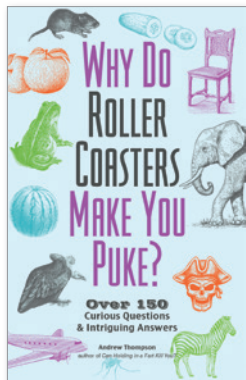
Perfect for trivia junkies everywhere, this new collection answers age-old curiosities that will surprise readers with fascinating answers.

\$12.95 US | \$16.95 CAN
978-1-61243-714-9 (paperback)
978-1-61243-739-2 (ebook)

Season: Summer 2017

Category: Games & Activities

Rights: World



The World Reduced to Infographics

Patrick Casey and Josh Miller

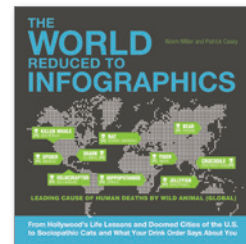
Discover the laugh-out-loud infographics that explain away the mysteries of the world with flow charts and graphic brilliance.

\$14.95 US | \$17.50 CAN
978-1-56975-989-9 (paperback)
978-1-61243-011-9 (ebook)

Season: Fall 2011

Category: Humor

Rights: World



Why Does Asparagus Make Your Pee Smell?

Andy Brunning

Food questions answered with colorful graphics and fun, easy-to-understand scientific explanations.

\$15.95 US | \$20.95 CAN
978-1-61243-551-0 (paperback)
978-1-61243-591-6 (ebook)

Season: Summer 2016

Category: Science

Rights: US Only



Why Does Bright Light Make You Sneeze?

Andrew Thompson

More than 150 new fun facts to delight, befuddle, and amaze!

\$12.95 US | \$16.95 CAN
978-1-61243-799-6 (paperback)
978-1-61243-822-1 (ebook)

Season: Spring 2018

Category: Games & Activities

Rights: World



Against Their Will

Nigel Cawthorne

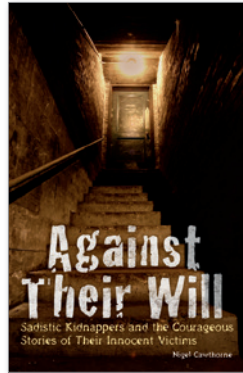
True stories of horrific kidnappings, torturous ordeals, and extraordinary courage.

\$19.95 US | \$26.95 CAN
978-1-61243-066-9 (paperback)
978-1-61243-075-1 (ebook)

Season: Summer 2012

Category: True Crime

Rights: World



Death Row, Texas: Inside the Execution Chamber

Michelle Lyons

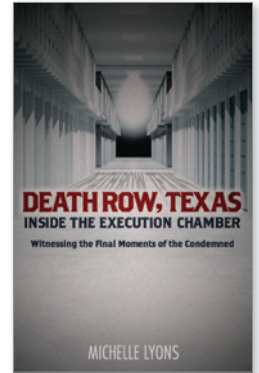
What really happens inside America's most active death row chamber?

\$15.95 US | \$20.95 CAN
978-1-61243-876-4 (paperback)
978-1-61243-890-0 (ebook)

Season: Fall 2018

Category: Social Science

Rights: World



Cold Cases: A True Crime Collection

Cheyne Roth

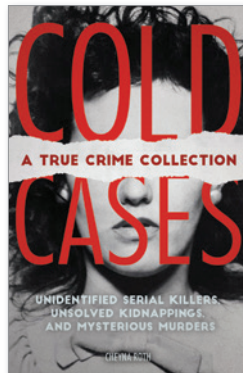
Discover the fascinating true crime stories of JonBenét Ramsey, the Black Dahlia, the Isabella Stewart Gardner Museum theft, the Amber Alert case, the Cleveland Torso Murders, and more—a must-read for murderinos, armchair detectives, and online sleuths!

\$15.95 US | \$21.95 CAN
978-1-64604-034-6 (paperback)
978-1-64604-114-5 (ebook)

Season: Summer 2020

Category: True Crime

Rights: World



Female Serial Killers: Up Close and Personal

Christopher Berry-Dee

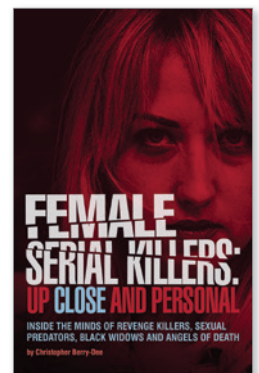
Discover the true stories of the most disturbing female murderers of all time.

\$15.95 US | \$20.95 CAN
978-1-61243-897-9 (paperback)

Season: Spring 2019

Category: True Crime

Rights: World



Cults That Kill

Wendy Joan Biddlecombe Agsar

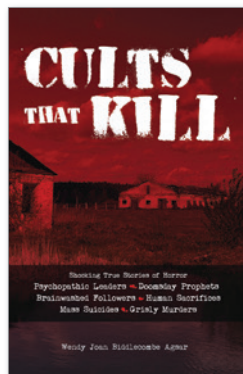
An investigative look into the world's deadliest cults and their pathological leaders, including the Manson Family, Peoples Temple, Ant Hill Kids, Heaven's Gate, Branch Davidians, Order of the Solar Temple, Aum Shrinrikyo, Santa Muerte Cult, and more.

\$15.95 US | \$20.95 CAN
978-1-61243-865-8 (paperback)
978-1-61243-881-8 (ebook)

Season: Fall 2018

Category: True Crime

Rights: World



Hunt A Killer: The Detective's Puzzle Book

Hunt a Killer

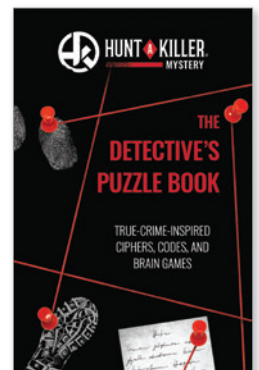
Put your crime-solving wits to the test with codes, ciphers, and more mind-bending puzzles from the groundbreaking creators of Hunt A Killer.

\$14.95 US | \$19.95 CAN
978-1-64604-399-6 (paperback)
978-1-64604-400-9 (ebook)

Season: Summer 2022

Category: True Crime

Rights: US, Canada



Mixology and Murder

Kierra Sondereker

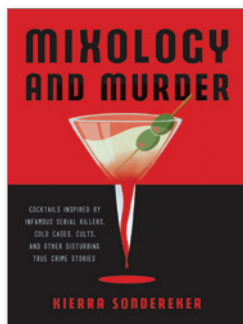
Pour yourself a drink and discover your latest true crime obsession with this guidebook that pairs 75 deliciously chilling cocktails with the infamous true-crime stories that inspired them.

\$19.95 US | \$26.95 CAN
978-1-64604-240-1 (hardback)
978-1-64604-267-8 (ebook)

Season: Fall 2021

Category: Cooking

Rights: World



The Serial Killer Cookbook

Ashley Lecker

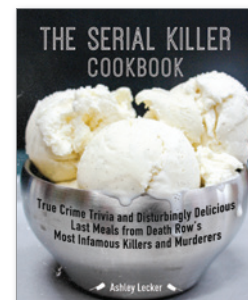
Bring your love of true crime into the kitchen with meals ranging from the bizarre (a single unpitted black olive) to the gluttonous (a dozen deep-fried shrimp, a bucket of fried chicken, French fries, and a pound of strawberries), inspired by Ted Bundy, John Wayne Gacy, and other notorious death row inmates.

\$17.95 US | \$24.95 CAN
978-1-64604-023-0 (paperback)
978-1-64604-060-5 (ebook)

Season: Spring 2020

Category: True Crime

Rights: World



Psychopaths: Up Close and Personal

Christopher Berry-Dee

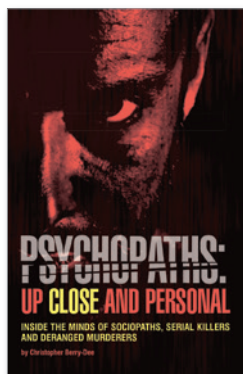
Dive inside the minds of some of the planet's most notorious serial killers, murderers, and criminals in this mammoth true crime collection from acclaimed author Christopher Berry-Dee.

\$25.95 US | \$34.95 CAN
978-1-61243-762-0 (paperback)

Season: Fall 2017

Category: True Crime

Rights: US, Canada



Serial Killer Trivia

Michelle Kaminsky

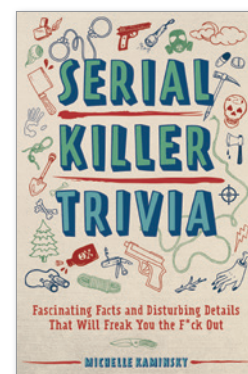
Discover chilling and mind-blowing facts in this ultimate collection of serial killer trivia for true crime fanatics.

\$14.95 US | \$19.50 CAN
978-1-61243-867-2 (paperback)
978-1-61243-920-4 (ebook)

Season: Summer 2019

Category: Games & Activities

Rights: World



Scams and Cons: A True Crime Collection

Madison Salters

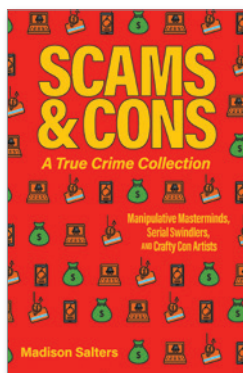
Take a deep dive into the manipulative, messy world of con artists, embezzlers, fraudsters, swindlers, and grifters in this collection of true crime stories about scams and cons.

\$15.95 US | \$21.95 CAN
978-1-64604-462-7 (paperback)
978-1-64604-479-5 (ebook)

Season: Summer 2023

Category: True Crime

Rights: World



Serial Killer Trivia: Cold Cases

Michelle Kaminsky

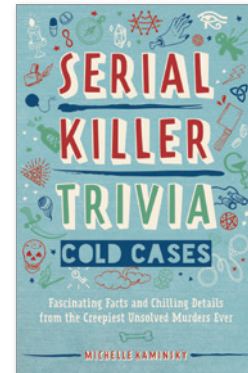
The ultimate collection of fascinating facts, stories, and trivia from the most infamous cold cases from around the world.

\$15.95 US | \$21.95 CAN
978-1-64604-126-8 (paperback)
978-1-64604-127-5 (ebook)

Season: Summer 2021

Category: True Crime

Rights: World



Serial Killers and Mass Murderers

Nigel Cawthorne

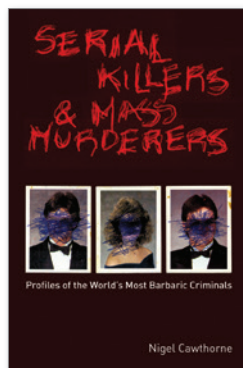
Discover the shocking true stories of the world's most barbaric criminals, from Charles Manson and Jeffrey Dahmer to The Night Stalker and more.

\$15.95 US | \$21.95 CAN
978-1-56975-578-5 (paperback)
978-1-56975-939-4 (ebook)

Season: Spring 2007

Category: True Crime

Rights: US, Canada



The True Crime Dictionary: From Alibi to Zodiac

Amanda Lees

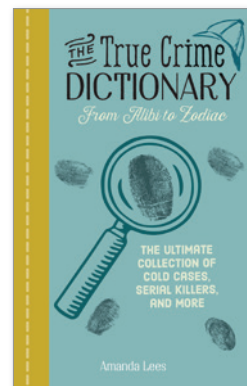
Become the ultimate armchair detective with this complete encyclopedia of famous crimes, cold cases, serial killers, and more from best-selling author Amanda Lees.

\$15.95 US | \$21.95 CAN
978-1-64604-200-5 (paperback)
978-1-64604-222-7 (ebook)

Season: Summer 2021

Category: True Crime

Rights: US, Canada



WELLNESS

The 7 Healing Chakras

Brenda Davies

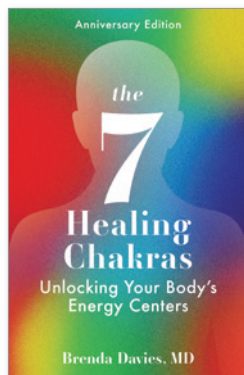
Discover the transformative power of balancing your chakras in the original, complete guide to creating harmony between your physical body, mind, and spirit.

\$16.95 US | \$22.95 CAN
978-1-64604-146-6 (paperback)

Season: Spring 2021

Category: Body, Mind, & Spirit

Rights: US Only



Amazing Essential Oils Make and Takes

Donna Raskin

With 150 projects, this is the ultimate guide for hosting fun and engaging essential oil classes.

\$14.95 US | \$19.50 CAN
978-1-61243-837-5 (paperback)
978-1-61243-846-7 (ebook)

Season: Fall 2018

Category: Health & Fitness

Rights: World



Activate Your Vagus Nerve

Navaz Habib

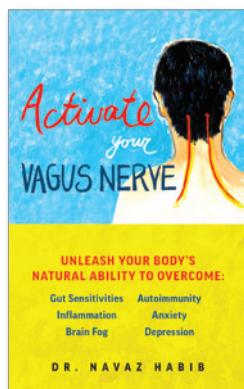
Repair your vagus nerve and experience amazing health and wellness benefits.

\$15.95 US | \$21.95 CAN
978-1-61243-874-0 (paperback)
978-1-61243-910-5 (ebook)

Season: Spring 2019

Category: Health & Fitness

Rights: World



Animal Reiki

Elizabeth Fulton and Kathleen Prasad

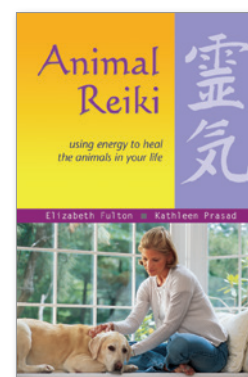
Learn how to treat animals with the healing power of Reiki, using energy to calm, heal, and improve the well being of dogs, cats, horses, and more.

\$15.95 US | \$18.95 CAN
978-1-56975-528-0 (paperback)
978-1-56975-280-7 (ebook)

Season: Spring 2006

Category: Pets

Rights: World



African American Herbalism

Lucretia VanDyke

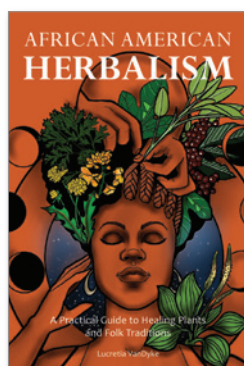
Discover the roots of modern-day herbal remedies, plant medicine, holistic rituals, natural recipes, and more that were created by African American herbal healers throughout history.

\$16.95 US | \$22.95 CAN
978-1-64604-352-1 (paperback)
978-1-64604-375-0 (ebook)

Season: Fall 2022

Category: Body, Mind, & Spirit

Rights: World



The Anti-Anxiety Diet Cookbook

Ali Miller

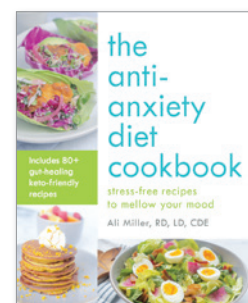
Conquer anxiety by nourishing and protecting your gut microbiome with the proper nutrition to help balance your mood and emotions.

\$16.95 US | \$21.95 CAN
978-1-61243-935-8 (paperback)
978-1-61243-948-8 (ebook)

Season: Fall 2019

Category: Self-Help

Rights: World



Break Free from Eczema

Rachel Zohn

Find relief from itchy, red skin with this complete guide to healing eczema, including alternative treatments, DIY remedies, dietary suggestions, patient testimonials, and so much more.

\$15.95 US | \$21.95 CAN

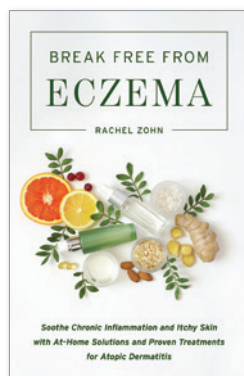
978-1-64604-041-4 (paperback)

978-1-64604-113-8 (ebook)

Season: Summer 2020

Category: Body, Mind, & Spirit

Rights: World



Heal Your Oral Microbiome

Cass Nelson-Dooley

In these pages, you'll learn how your mouth paves the way for full-body health, as well as how to identify common habits and practices that could be negatively impacting your unique microbiome.

\$14.95 US | \$19.50 CAN

978-1-61243-900-6 (paperback)

978-1-61243-914-3 (ebook)

Season: Summer 2019

Category: Health & Fitness

Rights: World



Cupping Therapy for Muscles and Joints

Kenneth Choi

The ultimate step-by-step guide to understanding and using the traditional Chinese medicinal art of cupping to reduce pain and heal injuries.

\$14.95 US | \$19.95 CAN

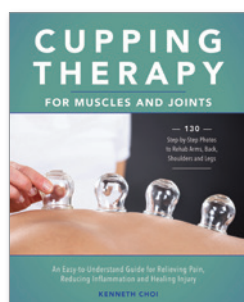
978-1-64604-229-6 (paperback)

978-1-61243-820-7 (ebook)

Season: Spring 2021

Category: Body, Mind, & Spirit

Rights: World



The Healing Power of the Pineal Gland

Crystal Fenton

Activate the untapped potential of your inner eye with this guide to understanding pineal gland function and how it can improve your sleep, boost your mood, promote peak performance, and, ultimately, expand your consciousness.

\$15.95 US | \$21.95 CAN

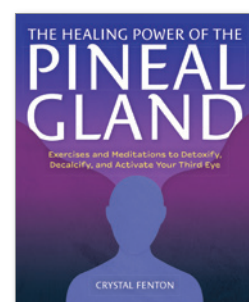
978-1-64604-340-8 (paperback)

978-1-64604-344-6 (ebook)

Season: Spring 2022

Category: Body, Mind, & Spirit

Rights: World



Good Bacteria for Healthy Skin

Paula Simpson

Nourish your skin's ecosystem using this book's friendly, comprehensive science-backed exploration of what this complex system is, what it does, and how to nourish it.

\$15.95 US | \$20.95 CAN

978-1-61243-930-3 (paperback)

978-1-61243-955-6 (ebook)

Season: Summer 2019

Category: Body, Mind, & Spirit

Rights: World



Healing with CBD

Eileen Konieczny and Lauren Wilson

Providing straightforward, need-to-know information while dispelling convoluted rumors, this book explains how CBD oil can be used to safely and positively help a variety of common ailments.

\$14.95 US | \$19.50 CAN

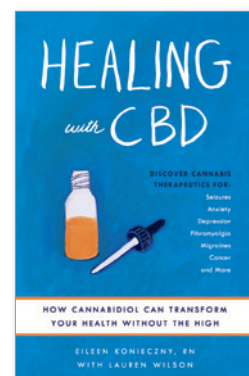
978-1-61243-829-0 (paperback)

978-1-61243-851-1 (ebook)

Season: Fall 2018

Category: Body, Mind, & Spirit

Rights: World



Healing with DMSO

Amandha Vollmer

Discover the benefits that DMSO can bring to your first-aid kit, from safely soothing headaches to easing arthritis pain, in this easy-to-use, fact-filled handbook.

\$15.95 US | \$21.95 CAN

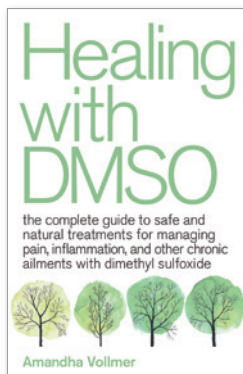
978-1-64604-002-5 (paperback)

978-1-64604-049-0 (ebook)

Season: Spring 2020

Category: Body, Mind, & Spirit

Rights: World



How Meditation Heals

Eric Harrison

Combines Eastern wisdom with scientific evidence to explain how and why meditation improves the functioning of all systems of the body.

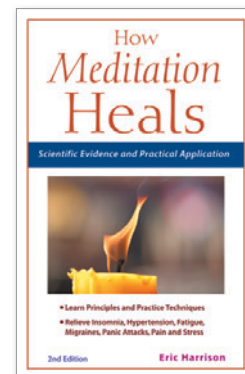
\$14.95 US | \$19.50 CAN

978-1-56975-517-4 (paperback)

Season: Spring 2006

Category: Body, Mind, & Spirit

Rights: World



Healing with Red Light Therapy

Stephanie Hallett

Discover the revolutionary power of low-level laser therapy (aka photobiomodulation) for the pain-free treatment of arthritis, psoriasis, hair loss, acne, cold sores, joint pain, scarring, and more.

\$15.95 US | \$21.95 CAN

978-1-64604-029-2 (paperback)

978-1-64604-112-1 (ebook)

Season: Spring 2020

Category: Body, Mind, & Spirit

Rights: World



Jump Start Autophagy

Melissa Mayer

Harness your body's natural cell-rejuvenating process for amazing health benefits.

\$15.95 US | \$20.95 CAN

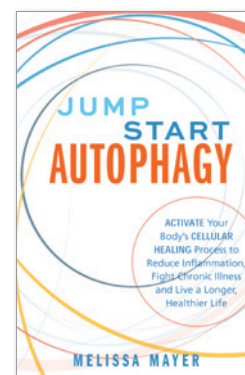
978-1-61243-938-9 (paperback)

978-1-61243-956-3 (ebook)

Season: Fall 2019

Category: Health & Fitness

Rights: World



Healing with Shungite

Jessica Mahler

Harness the restorative power of the shungite stone with this easy-to-read manual for cleansing energy at work or home, guarding yourself from EMFs, soothing anxiety and stress, and many more practical therapeutic solutions for healing with this incredible crystal.

\$15.95 US | \$21.95 CAN

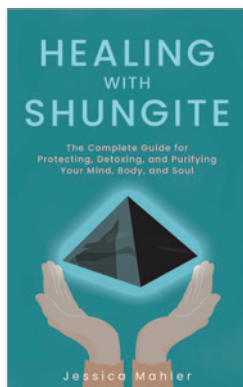
978-1-64604-091-9 (paperback)

978-1-64604-092-6 (ebook)

Season: Fall 2020

Category: Body, Mind, & Spirit

Rights: World



The Ketamine Handbook

Janelle Lassalle

Understand the science and powerful therapeutic effects of psychedelic medicine and ketamine-assisted psychotherapy (KAP) with this first-of-its-kind primer.

\$16.95 US | \$19.95 CAN

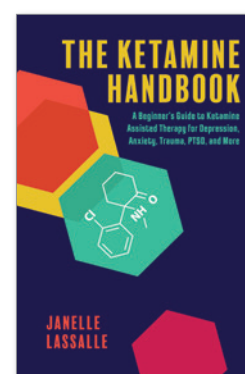
978-1-64604-502-0 (paperback)

978-1-64604-525-9 (ebook)

Season: Summer 2023

Category: Self-Help

Rights: World



The Little Book of Tibetan Rites and Rituals

Judy Tsuei

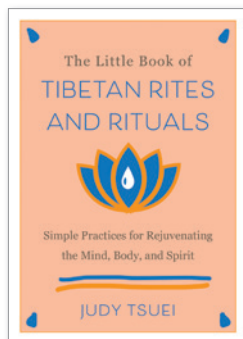
Discover the mind and body benefits of yantra yoga exercises, Buddhist wisdom, and Tibetan philosophy for a happier and healthier life.

\$17.95 US | \$24.95 CAN
978-1-64604-252-4 (hardback)
978-1-64604-271-5 (ebook)

Season: Spring 2022

Category: Religion

Rights: World



The Most Important 60 Days of Your Pregnancy

Pierre Dukan

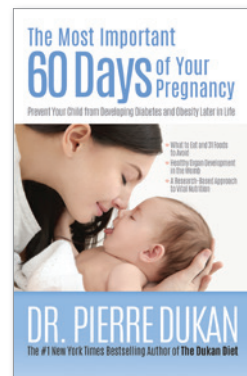
Based on groundbreaking research, best-selling author Dr. Pierre Dukan pinpoints the vital 60 days during which a pregnant mother's nutrition intake has the most impact.

\$15.95 US | \$20.95 CAN
978-1-61243-729-3 (paperback)
978-1-61243-732-3 (ebook)

Season: Fall 2017

Category: Health & Fitness

Rights: US, Canada



The Microdosing Guidebook

C. J. Spotswood

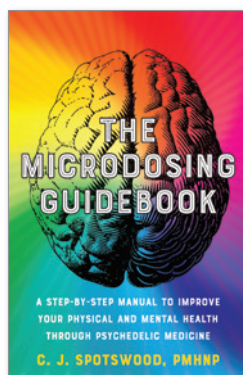
Learn about the history, research, and helpful effects of microdosing psychedelic medicines like psilocybin, LSD, ecstasy, and more with this combination manual and workbook.

\$19.95 US | \$26.95 CAN
978-1-64604-310-1 (paperback)
978-1-64604-336-1 (ebook)

Season: Spring 2022

Category: Health & Fitness

Rights: World



Oil-Pulling Revolution

Dr. Michelle Coleman

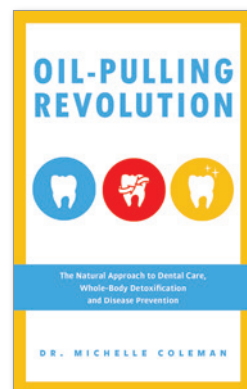
Discover the centuries-old power of oil pulling therapy to detoxify and heal your mouth.

\$15.95 US | \$21.95 CAN
978-1-61243-442-1 (paperback)
978-1-61243-461-2 (ebook)

Season: Spring 2015

Category: Health & Fitness

Rights: World



Mom's Guide to Diastasis Recti

Pamela Ellgen

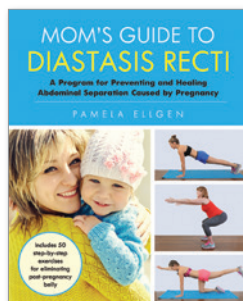
Eliminate that post-delivery bulge with this complete guide to strengthening your core with the diastasis recti workout book from acclaimed fitness and health author Pamela Ellgen.

\$15.95 US | \$19.95 CAN
978-1-61243-661-6 (paperback)
978-1-61243-701-9 (ebook)

Season: Spring 2017

Category: Health & Fitness

Rights: World



The Power of Pooping

Nurse Wong

Get comfortable talking about your poop problems with this one-of-a-kind diet book packed with butt-friendly lifestyle changes that not only get your bowels moving but also help tackle anxiety, inflammation, indigestion, weight management, and more!

\$19.95 US | \$26.95 CAN
978-1-64604-265-4 (hardback)
978-1-64604-284-5 (ebook)

Season: Spring 2022

Category: Health & Fitness

Rights: World



Prediabetes Wake-Up Call

Beth Ann Petro Roybal

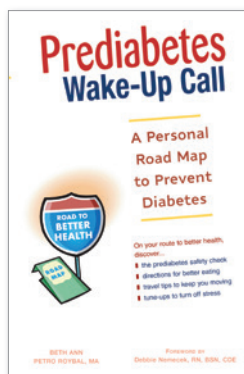
Includes assessment checklists and charts to identify areas of relative risk, and details specific strategies to address each risk factor.

\$15.95 US | \$18.95 CAN
978-1-56975-512-9 (paperback)
978-1-56975-766-6 (ebook)

Season: Spring 2006

Category: Body, Mind, & Spirit

Rights: World



Psychic Shield

Caitlin Matthews

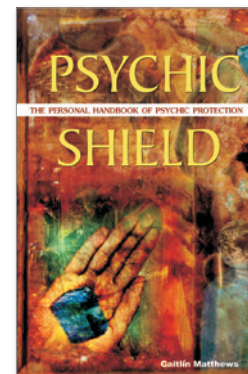
Protect your own mental and psychic health with this guide for empaths and individuals with psychic abilities contending with harmful negative energies.

\$17.95 US | \$24.95 CAN
978-1-56975-535-8 (paperback)

Season: Summer 2006

Category: Body, Mind, & Spirit

Rights: US, Canada



The Psilocybin Handbook for Women

Jennifer Chesak

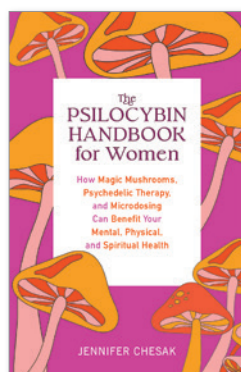
Check out the premier resource for women interested in harnessing the power of psilocybin, AKA magic mushrooms—from how to microdose and trip sit (yes, that's a thing) to understanding the latest psychedelic research—all in a decidedly bro-free format.

\$16.95 US | \$22.95 CAN
978-1-64604-498-6 (paperback)
978-1-64604-522-8 (ebook)

Season: Summer 2023

Category: Self-Help

Rights: World



Reiki for Dogs

Kathleen Prasad

Learn how to heal, comfort, calm and create a deeper bond with your canine companion using the Japanese spiritual healing practice of Reiki.

\$14.95 US | \$17.50 CAN
978-1-61243-048-5 (paperback)
978-1-61243-092-8 (ebook)

Season: Spring 2012

Category: Pets

Rights: World



The Psychedelic Handbook

Rick Strassman

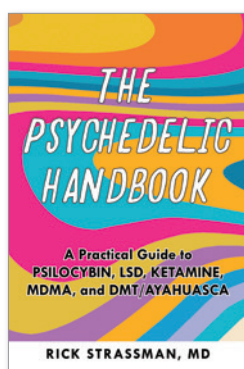
Learn everything you need to know about psychedelics with this ultimate guide packed with information on popular psychedelic drugs like psilocybin, ketamine, MDMA, DMT, and LSD—plus practical tips for microdosing and how to safely “trip”—from best-selling author Dr. Rick Strassman.

\$16.95 US | \$22.95 CAN
978-1-64604-381-1 (paperback)
978-1-64604-383-5 (ebook)

Season: Summer 2022

Category: Self-Help

Rights: World



Should I Eat the Yolk?

Jamie Hale

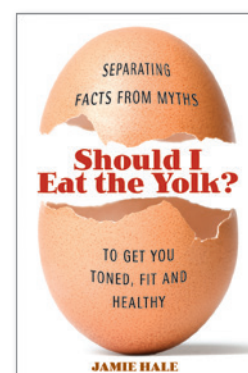
This handy guide gives you real answers to many more common health and fitness claims.

\$14.95 US | \$17.50 CAN
978-1-56975-790-1 (paperback)
978-1-56975-840-3 (ebook)

Season: Spring 2010

Category: Body, Mind, & Spirit

Rights: World



Smart Mom's Guide to Essential Oils

Mariza Snyder

Discover Dr. Mariza Snyder's in-depth guide to essential oils with over 50 of the most useful essential oil recipes for tackling every mom's daily needs.

\$15.95 US | \$19.95 CAN
978-1-61243-646-3 (paperback)
978-1-61243-660-9 (ebook)

Season: Spring 2017

Category: House & Home

Rights: World



Your Psilocybin Mushroom Companion

Michelle Janikian

Learn. Prepare. Trip. Transform!
Discover the transformational power of psilocybin mushroom with this all-encompassing guide to harnessing magic mushrooms safely and effectively.

\$14.95 US | \$19.95 CAN
978-1-61243-947-1 (paperback)
978-1-61243-962-4 (ebook)

Season: Fall 2019

Category: Nature

Rights: World

